

## 5. Wittener Abendlauf - 31. Oktober 2018

## Gesamtergebnisliste - 10 km

| SNR | PL. | W.  | M.  | Nachname, Vorname         | Verein                         | JG   | AK      | Zeit  |
|-----|-----|-----|-----|---------------------------|--------------------------------|------|---------|-------|
| 402 | 1.  |     | 1.  | Estifanos, Fnan           | LC Westfalia Herne e.V.        | 1995 | 1. M20  | 34:19 |
| 449 | 2.  |     | 2.  | Nguyen, Hoai Tim          | TuS Breckerfeld                | 1998 | 2. M20  | 35:03 |
| 456 | 3.  |     | 3.  | Waschkau, Jan             | TuS Weene                      | 1977 | 1. M40  | 35:49 |
| 429 | 4.  |     | 4.  | Hirsch, Dennis            | Familie Hirsch                 | 1980 | 1. M30  | 36:29 |
| 812 | 5.  |     | 5.  | Haas, Peter               | LG Olympia Dortmund            | 1970 | 2. M40  | 36:36 |
| 791 | 6.  |     | 6.  | Thomas, Simon             | LAZ Iserlohn                   | 1984 | 2. M30  | 37:26 |
| 369 | 7.  |     | 7.  | Pawellek, Karsten         | LGO Bochum                     | 1981 | 3. M30  | 37:37 |
| 363 | 8.  |     | 8.  | Jandt, Detlef             |                                | 1967 | 1. M50  | 37:41 |
| 452 | 9.  |     | 9.  | de Jonge, Stefan          | TuS Weene                      | 1976 | 3. M40  | 37:47 |
| 462 | 10. |     | 10. | Dembski, Nikolai          | Team Erdinger Alkoholfrei      | 1979 | 4. M30  | 38:02 |
| 842 | 11. |     | 11. | Bierey, Dietmar           | TTW                            | 1965 | 2. M50  | 38:07 |
| 362 | 12. |     | 12. | Wienken, Maximilian       | Anger Running Team             | 1985 | 5. M30  | 38:42 |
| 829 | 13. |     | 13. | Jung, David               | TTW                            | 1980 | 6. M30  | 38:49 |
| 385 | 14. |     | 14. | Smietana, Sören           | Triathlon TEAM TG Witten       | 1987 | 7. M30  | 39:01 |
| 436 | 15. |     | 15. | Hanke, Ingo               | Lauffreunde Bönen              | 1974 | 4. M40  | 39:11 |
| 441 | 16. |     | 16. | Leite, Marcel             | WOLF-GANG                      | 1995 | 3. M20  | 39:18 |
| 760 | 17. |     | 17. | Tisborn, Julian           | Triathlon Team TG Witten       | 1993 | 4. M20  | 39:26 |
| 415 | 18. |     | 18. | Thamm, Hilmar             | Thammis 05                     | 1973 | 5. M40  | 39:29 |
| 850 | 19. |     | 19. | Prill, Manuel             | USC Bochum                     | 1989 | 5. M20  | 39:45 |
| 797 | 20. | 1.  |     | Gomell, Annika            |                                | 1991 | 1. W20  | 39:46 |
| 828 | 21. | 2.  |     | Vairavanathan, Sinthuya   | USC Bochum                     | 1988 | 1. W30  | 39:46 |
| 858 | 22. |     | 20. | Wienandts, Martin         |                                | 1997 | 6. M20  | 39:46 |
| 837 | 23. |     | 21. | Moch, Andreas             | SG Welper                      | 1967 | 3. M50  | 39:56 |
| 444 | 24. | 3.  |     | Schauerte, Anna Catharina | TuS Breckerfeld                | 1986 | 2. W30  | 40:13 |
| 437 | 25. | 4.  |     | Haarmann, Kerstin         | PACE PACK RUNNERS              | 1992 | 2. W20  | 40:28 |
| 814 | 26. |     | 22. | Haag, Stephan             | PVT Witten                     | 1973 | 6. M40  | 40:34 |
| 376 | 27. |     | 23. | Mause, Thomas             | SUA Witten                     | 1968 | 4. M50  | 40:42 |
| 346 | 28. |     | 24. | Szych, Sebastian          | Szyllinge                      | 1979 | 8. M30  | 40:54 |
| 364 | 29. |     | 25. | Ozan, Mahmut              |                                | 1992 | 7. M20  | 41:16 |
| 848 | 30. |     | 26. | Kunstmann, Malte          |                                | 1986 | 9. M30  | 41:19 |
| 857 | 31. |     | 27. | Spengler, Alexander       |                                | 1985 | 10. M30 | 41:28 |
| 853 | 32. |     | 28. | Mazur, Michael            |                                | 1984 | 11. M30 | 41:47 |
| 434 | 33. |     | 29. | Mieskes, Kurt             |                                | 1961 | 5. M50  | 41:48 |
| 427 | 34. |     | 30. | Hockamp, Gregor           | bunert Running Team Dortmund   | 1983 | 12. M30 | 42:01 |
| 388 | 35. |     | 31. | Steinhauer, Kevin         | Herr                           | 1992 | 8. M20  | 42:01 |
| 465 | 36. |     | 32. | Stolte, Marcel            | TC Axelander                   | 1997 | 9. M20  | 42:38 |
| 403 | 37. |     | 33. | Bröckelmann, Carsten      | PV Triathlon Witten            | 1968 | 6. M50  | 42:41 |
| 379 | 38. |     | 34. | Ragu, Bastian             |                                | 1981 | 13. M30 | 43:00 |
| 448 | 39. |     | 35. | Gehrke, Klaus             | Team Walburga                  | 1966 | 7. M50  | 43:14 |
| 426 | 40. |     | 36. | Röttchen, Dirk            | PACE PACK RUNNERS              | 1971 | 7. M40  | 43:37 |
| 464 | 41. |     | 37. | Albrecht, Oliver          |                                | 1972 | 8. M40  | 43:55 |
| 457 | 42. |     | 38. | Weis, Bernhard            | Lauf Team Unna                 | 1963 | 8. M50  | 44:03 |
| 855 | 43. |     | 39. | Willingmann, Todt G.      | Lauffreunde Bönen 1985 e.V.    | 1965 | 9. M50  | 44:03 |
| 838 | 44. |     | 40. | Lösing, Martin            | Team Walburga                  | 1958 | 1. M60  | 44:05 |
| 438 | 45. |     | 41. | Meckel, Christian         | PV Triathlon Witten            | 1970 | 9. M40  | 44:09 |
| 443 | 46. |     | 42. | Lange, Gerrit             | RC Westfalen Herdecke          | 1988 | 14. M30 | 44:23 |
| 824 | 47. |     | 43. | Heymann, Jan              | Tri-Geckos Dortmund            | 1979 | 15. M30 | 44:29 |
| 442 | 48. | 5.  |     | Wirtz, Vanessa            | Triathlon TEAM TG Witten       | 1989 | 3. W20  | 44:31 |
| 334 | 49. | 6.  |     | Tappe, Kathrin            | LGO Bochum                     | 1992 | 4. W20  | 44:40 |
| 433 | 50. |     | 44. | Winkelhake, Heiner        | LDT Bochum                     | 1956 | 2. M60  | 44:42 |
| 811 | 51. |     | 45. | Kemper, Thomas            | PSV Ruhr                       | 1967 | 10. M50 | 44:48 |
| 390 | 52. | 7.  |     | Augustin, Steffi          | Frosch Sportreisen Racing Team | 1978 | 1. W40  | 44:50 |
| 830 | 53. | 8.  |     | Bieling, Mandy            |                                | 1989 | 5. W20  | 44:51 |
| 343 | 54. |     | 46. | Sudhoff, Michael          |                                | 1965 | 11. M50 | 44:55 |
| 323 | 55. |     | 47. | Hartmann, Lucas           | Rohde & Schwarz Cybersecurity  | 1990 | 10. M20 | 44:56 |
| 460 | 56. |     | 48. | Ulrich, Markus            |                                | 1968 | 12. M50 | 45:13 |
| 852 | 57. |     | 49. | Nar, Sucha Singh          | Triathlon Team TG Witten       | 1958 | 3. M60  | 45:19 |
| 389 | 58. | 9.  |     | Sander, Ingrid            | LGO Bochum                     | 1962 | 1. W50  | 45:37 |
| 851 | 59. |     | 50. | Satalik, Christian        | Tri Team Sprockhövel           | 1989 | 11. M20 | 46:00 |
| 327 | 60. |     | 51. | Schröder, Matthias        | TuS Borkum                     | 1961 | 13. M50 | 46:07 |
| 446 | 61. |     | 52. | Link, Ingolf              | Team Walburga                  | 1957 | 4. M60  | 46:17 |
| 355 | 62. |     | 53. | Rexin, Marcel             | Stadt Witten                   | 1978 | 10. M40 | 46:29 |
| 845 | 63. | 10. |     | Molitor, Mira Kim         | SV Herbede                     | 1992 | 6. W20  | 46:42 |
| 817 | 64. |     | 54. | Rehberg, Thorsten         | Triathlon Team TG Witten       | 1969 | 11. M40 | 46:46 |
| 463 | 65. |     | 55. | Vielhaber, Ralf           | Lauftreff Ruhrtalrunners       | 1961 | 14. M50 | 46:56 |

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## Gesamtergebnisliste - 10 km

| SNR | PL.  | W.  | M.  | Nachname, Vorname        | Verein                           | JG   | AK       | Zeit  |
|-----|------|-----|-----|--------------------------|----------------------------------|------|----------|-------|
| 827 | 66.  |     | 56. | Wozny, Simon             | SuS Bertlich                     | 2003 | 1. MJU20 | 47:11 |
| 826 | 67.  |     | 57. | Klick, Michael           | SuS Bertlich                     | 1969 | 12. M40  | 47:13 |
| 348 | 68.  |     | 58. | Nübel, Patrick           | SV Blau-Weiß Bochum Triathlon    | 1975 | 13. M40  | 47:21 |
| 430 | 69.  | 11. |     | Hirsch, Dr. Jessica      | Familie Hirsch                   | 1986 | 3. W30   | 47:26 |
| 414 | 70.  |     | 59. | Sendes, Christian        |                                  | 1978 | 14. M40  | 47:27 |
| 412 | 71.  |     | 60. | Warnke, Armin            |                                  | 1972 | 15. M40  | 47:31 |
| 317 | 72.  |     | 61. | Grieser, Jens            | Mühlhause GmbH                   | 1976 | 16. M40  | 47:32 |
| 339 | 73.  | 12. |     | Van Hecke, Ria           | WOLF-GANG RUB                    | 1988 | 4. W30   | 47:33 |
| 834 | 74.  |     | 62. | Hartje, Linus            |                                  | 2000 | 2. MJU20 | 47:36 |
| 325 | 75.  |     | 63. | Tran, Andy               | Rohde & Schwarz Cybersecurity    | 1996 | 12. M20  | 47:37 |
| 786 | 76.  |     | 64. | Budde, Christian         | PVT Witten                       | 1967 | 15. M50  | 47:42 |
| 356 | 77.  | 13. |     | Wegner, Sabrina          | PACE PACK RUNNERS                | 1990 | 7. W20   | 47:47 |
| 844 | 78.  |     | 65. | Lindemann, Christian     | Pace Pack Runners                | 1983 | 16. M30  | 47:48 |
| 413 | 79.  |     | 66. | Kürten, Dennis           |                                  | 1982 | 17. M30  | 48:06 |
| 471 | 80.  |     | 67. | Eller, Thomas            | LAZ Iserlohn                     | 1969 | 17. M40  | 48:06 |
| 447 | 81.  |     | 68. | Oberlein, Gerriet        | Team Walburga                    | 1962 | 16. M50  | 48:13 |
| 836 | 82.  |     | 69. | Chudy, Michael           | TTW                              | 1970 | 18. M40  | 48:19 |
| 352 | 83.  |     | 70. | Teuber, Christian        |                                  | 1990 | 13. M20  | 48:44 |
| 467 | 84.  |     | 71. | Laszewski, Przemyslaw    | Triathlon Team TG Witten         | 1982 | 18. M30  | 48:46 |
| 860 | 85.  |     | 72. | Voigt, Andreas           |                                  | 1969 | 19. M40  | 48:47 |
| 816 | 86.  |     | 73. | Milbradt, Stephan        | Team extreme                     | 1990 | 14. M20  | 48:53 |
| 768 | 87.  | 14. |     | Tsiokas, Corina          | Realschule Grünstraße            | 1983 | 5. W30   | 48:56 |
| 383 | 88.  |     | 74. | Neumann, Christoph       |                                  | 1993 | 15. M20  | 49:08 |
| 319 | 89.  |     | 75. | Guß, Tim                 | Mühlhause GmbH                   | 1992 | 16. M20  | 49:08 |
| 354 | 90.  | 15. |     | Liebers, Verena          | SV Blau-Weiß Bochum              | 1961 | 2. W50   | 49:24 |
| 458 | 91.  |     | 76. | Hilgers, Michael         |                                  | 1976 | 20. M40  | 49:30 |
| 373 | 92.  |     | 77. | Lischnewski, Rodion      |                                  | 1987 | 19. M30  | 49:34 |
| 833 | 93.  | 16. |     | Hanke, Andrea            | Triathlon Team TG Witten         | 1973 | 2. W40   | 49:56 |
| 371 | 94.  |     | 78. | Marcelino, Jorge         |                                  | 1972 | 21. M40  | 49:57 |
| 377 | 95.  |     | 79. | Moreira, Fernando        |                                  | 1970 | 22. M40  | 49:57 |
| 821 | 96.  |     | 80. | Schwarz, Frank           | PVT-Witten                       | 1962 | 17. M50  | 49:58 |
| 832 | 97.  | 17. |     | Groth, Julia             |                                  | 1990 | 8. W20   | 50:03 |
| 423 | 98.  |     | 81. | Spreng, Sören            | Team extreme                     | 1986 | 20. M30  | 50:05 |
| 422 | 99.  | 18. |     | Höppe, Johanna           |                                  | 1991 | 9. W20   | 50:05 |
| 424 | 100. |     | 82. | Hoose, Jörn              |                                  | 1973 | 23. M40  | 50:11 |
| 349 | 101. |     | 83. | Nübel, Jonas             | SV Blau-Weiß Bochum Triathlon    | 1998 | 17. M20  | 50:15 |
| 808 | 102. |     | 84. | Gerbig, Sven             | Lauf dich glücklich              | 1974 | 24. M40  | 50:18 |
| 806 | 103. | 19. |     | Kim, Julia               | Lauf dich glücklich              | 1986 | 6. W30   | 50:18 |
| 350 | 104. |     | 85. | Pfalz, Ulrich            | PV Triathlon Witten              | 1956 | 5. M60   | 50:33 |
| 419 | 105. | 20. |     | Orthbandt-Jalava, Julia  |                                  | 1973 | 3. W40   | 50:49 |
| 861 | 106. | 21. |     | Wermers, Anna Cathrin    |                                  | 1991 | 10. W20  | 50:50 |
| 345 | 107. |     | 86. | Koke, Sebastian          | Team Erdinger Alkoholfrei        | 1985 | 21. M30  | 50:52 |
| 353 | 108. | 22. |     | Held, Kerstin            | BC Langendreer                   | 1987 | 7. W30   | 50:52 |
| 758 | 109. |     | 87. | Janikowski, Waczlaw      | TTW                              | 1948 | 1. M70   | 51:01 |
| 799 | 110. | 23. |     | Wozny, Kerstin           | SuS Bertlich                     | 1967 | 3. W50   | 51:02 |
| 425 | 111. |     | 88. | Ingargiola, Fabrizio     | Triathlon TEAM TG Witten         | 1980 | 22. M30  | 51:44 |
| 366 | 112. |     | 89. | Westerveld, Holger       |                                  | 1967 | 18. M50  | 51:44 |
| 835 | 113. |     | 90. | Nicolay, Julius          |                                  | 2001 | 3. MJU20 | 51:48 |
| 360 | 114. | 24. |     | Mann, Lisa               | Triathlon TEAM TG Witten         | 2000 | 1. WJU20 | 51:49 |
| 381 | 115. |     | 91. | Salewsky, Stephan        | SUA                              | 1970 | 25. M40  | 52:33 |
| 859 | 116. |     | 92. | Mangold, Julian          |                                  | 1987 | 23. M30  | 52:41 |
| 322 | 117. |     | 93. | Decker, Steffen          | Mühlhause GmbH                   | 1996 | 18. M20  | 52:42 |
| 395 | 118. | 25. |     | Fei, Wenwen              |                                  | 1985 | 8. W30   | 52:45 |
| 394 | 119. | 26. |     | Betke, Daniela           | FC Bayern München                | 1979 | 9. W30   | 52:47 |
| 461 | 120. | 27. |     | Caimi, Sara              |                                  | 1974 | 4. W40   | 52:50 |
| 825 | 121. |     | 94. | Reiche, Jörg             | Ponymobile Reiche                | 1962 | 19. M50  | 53:04 |
| 849 | 122. | 28. |     | Gösmann, Franziska       |                                  | 1988 | 10. W30  | 53:08 |
| 318 | 123. |     | 95. | Endt, Frank              | Mühlhause GmbH                   | 1965 | 20. M50  | 53:19 |
| 404 | 124. |     | 96. | Braun, Sebastian         | SV Langendreer 04 Leichtathletik | 1994 | 19. M20  | 53:31 |
| 409 | 125. | 29. |     | Lehmann-Goos, Ulrike     | Lauffieber Dortmund              | 1969 | 5. W40   | 53:33 |
| 841 | 126. | 30. |     | Pohl, Jana Dorothee      | Pace Pack Runners                | 1989 | 11. W20  | 53:49 |
| 406 | 127. | 31. |     | Wiesel, Anika            | SV Langendreer 04                | 1997 | 12. W20  | 53:51 |
| 405 | 128. |     | 97. | Hemrich, Florian         | SV Langendreer 04                | 1996 | 20. M20  | 53:51 |
| 331 | 129. | 32. |     | Hoffmann-Kadler, Bettina | LT-Wischlingen Dortmund          | 1968 | 4. W50   | 53:55 |
| 333 | 130. | 33. |     | Fitzek, Nicola           | LT-Wischlingen Dortmund          | 1968 | 5. W50   | 53:55 |

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## Gesamtergebnisliste - 10 km

| SNR | PL.  | W.  | M.   | Nachname, Vorname             | Verein                   | JG   | AK      | Zeit    |
|-----|------|-----|------|-------------------------------|--------------------------|------|---------|---------|
| 370 | 131. |     | 98.  | Woßmann, Stefan               |                          | 1964 | 21. M50 | 53:55   |
| 335 | 132. | 34. |      | Zimmermann, Anja              | LT-Wischlingen Dortmund  | 1969 | 6. W40  | 53:59   |
| 391 | 133. | 35. |      | Hoffmann, Babett              |                          | 1990 | 13. W20 | 53:59   |
| 372 | 134. |     | 99.  | Crämer, Andre                 |                          | 1976 | 26. M40 | 54:06   |
| 435 | 135. |     | 100. | Schürk, Karsten               | PV Triathlon Witten      | 1972 | 27. M40 | 54:17   |
| 831 | 136. |     | 101. | Köpenick, Björn               |                          | 1969 | 28. M40 | 54:20   |
| 431 | 137. |     | 102. | Wegner, Olaf                  | PACE PACK RUNNERS        | 1958 | 6. M60  | 54:37   |
| 397 | 138. |     | 103. | Keßner, Andreas               |                          | 1969 | 29. M40 | 54:38   |
| 856 | 139. |     | 104. | Obst, Christian               | LG Hagen-Emst            | 1961 | 22. M50 | 55:13   |
| 445 | 140. | 36. |      | Heitmann, Neele               |                          | 1993 | 14. W20 | 55:45   |
| 840 | 141. | 37. |      | Bangert, Marseta              |                          | 1978 | 7. W40  | 56:19   |
| 337 | 142. | 38. |      | Lüngen, Iris                  | PV Triathlon Witten      | 1964 | 6. W50  | 56:20   |
| 815 | 143. |     | 105. | Krüger, Olaf                  | Fungo Sports             | 1965 | 23. M50 | 56:20   |
| 387 | 144. |     | 106. | Diehl, Winfried               | PV Triathlon Witten      | 1962 | 24. M50 | 56:21   |
| 384 | 145. |     | 107. | Andres, Matthias              | Aktion Canchanabury      | 1972 | 30. M40 | 56:40   |
| 839 | 146. |     | 108. | Firly, Christoph              | LDT Bochum               | 1963 | 25. M50 | 56:40   |
| 432 | 147. |     | 109. | Juchner, Nils                 |                          | 1972 | 31. M40 | 56:48   |
| 420 | 148. | 39. |      | Münzer, Stefanie              | Lauftreff Hagen-Emst     | 1989 | 15. W20 | 56:50   |
| 846 | 149. | 40. |      | Nordmeier, Heidi              | Lauftreff Hagen-Emst     | 1963 | 7. W50  | 56:51   |
| 822 | 150. |     | 110. | Krawczyk, Peter               | PV Triathlon Witten      | 1958 | 7. M60  | 56:52   |
| 336 | 151. | 41. |      | Niemeyer, Angela              | PV Triathlon Witten      | 1969 | 8. W40  | 56:52   |
| 330 | 152. |     | 111. | Habbes, Wago                  | PV Triathlon Witten      | 1973 | 32. M40 | 56:53   |
| 807 | 153. | 42. |      | Czerwinski, Nicole            | Lauf dich glücklich      | 1972 | 9. W40  | 57:29   |
| 854 | 154. | 43. |      | Fei, Wenven                   |                          | 1985 | 11. W30 | 57:32   |
| 321 | 155. |     | 112. | Schmidt, Julian               | Mühlhause GmbH           | 1996 | 21. M20 | 57:38   |
| 357 | 156. |     | 113. | Held, Sebastian               | TVE Dortmund Barop       | 1984 | 24. M30 | 57:38   |
| 392 | 157. | 44. |      | König, Kathrin                |                          | 1994 | 16. W20 | 57:42   |
| 805 | 158. | 45. |      | Giesselmann, Ute              | Lauf dich glücklich      | 1976 | 10. W40 | 57:59   |
| 440 | 159. |     | 114. | weiss, hans-jörg              |                          | 1962 | 26. M50 | 58:00   |
| 338 | 160. | 46. |      | Rüger, Claudia                | PV Triathlon Witten      | 1968 | 8. W50  | 58:07   |
| 367 | 161. |     | 115. | Schmidt, Stefan               |                          | 1965 | 27. M50 | 58:12   |
| 368 | 162. | 47. |      | Hederich, Sabine              |                          | 1970 | 11. W40 | 58:12   |
| 468 | 163. | 48. |      | Fieweger, Luisa               | Hochschulsport RUB       | 1998 | 17. W20 | 58:29   |
| 686 | 164. |     | 116. | Striedelmeier, Peter          |                          | 1972 | 33. M40 | 59:08   |
| 847 | 165. |     | 117. | Konarzewski, Andrzej          | Lauftreff Hagen Emst     | 1951 | 8. M60  | 59:26   |
| 757 | 166. |     | 118. | Schürmann, Dirk               |                          | 1969 | 34. M40 | 1:00:01 |
| 843 | 167. | 49. |      | Brüggemann, Ronja             | Tri-Geckos Dortmund      | 1992 | 18. W20 | 1:00:25 |
| 459 | 168. | 50. |      | Sommerstange-Ulrich, Stefanie |                          | 1969 | 12. W40 | 1:00:44 |
| 454 | 169. | 51. |      | Smak, Ewelina                 |                          | 1973 | 13. W40 | 1:01:21 |
| 450 | 170. | 52. |      | Göke, Sandra                  |                          | 1975 | 14. W40 | 1:01:59 |
| 439 | 171. | 53. |      | Kremer, Sandra                |                          | 1979 | 12. W30 | 1:02:00 |
| 453 | 172. |     | 119. | Drewe, Olaf                   |                          | 1968 | 28. M50 | 1:02:00 |
| 375 | 173. | 54. |      | Quasdorf, Lisa                | SUA Witten               | 1980 | 13. W30 | 1:02:07 |
| 411 | 174. |     | 120. | Sümmernann, Thorsten          | Lohmann                  | 1961 | 29. M50 | 1:02:07 |
| 410 | 175. |     | 121. | Unger, Norbert                | Lohmann                  | 1958 | 9. M60  | 1:02:10 |
| 421 | 176. |     | 122. | Bachtler, Manfred             | Lauftreff Hagen-Emst     | 1947 | 2. M70  | 1:02:43 |
| 455 | 177. | 55. |      | Hermann, Nina                 | Triathlon TEAM TG Witten | 1974 | 15. W40 | 1:02:51 |
| 342 | 178. |     | 123. | Kim, Seung Won                |                          | 1995 | 22. M20 | 1:03:05 |
| 382 | 179. |     | 124. | Zimmermann, Axel              | LT Wischlingen Dortmund  | 1966 | 30. M50 | 1:03:14 |
| 380 | 180. |     | 125. | Schröder, Henning             |                          | 1990 | 23. M20 | 1:03:43 |
| 823 | 181. | 56. |      | Waßermann, Undine             | Tri-Gekos Dortmund       | 1985 | 14. W30 | 1:05:04 |
| 341 | 182. | 57. |      | Ludwig, Christina             |                          | 1992 | 19. W20 | 1:05:13 |
| 813 | 183. | 58. |      | Gräber, Claudia               | TTW                      | 1952 | 1. W60  | 1:06:36 |

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## Gesamtergebnisliste - 5 km

| SNR | PL. | W.  | M.  | Nachname, Vorname         | Verein                        | JG   | AK      | (Netto)     | Brutto |
|-----|-----|-----|-----|---------------------------|-------------------------------|------|---------|-------------|--------|
| 632 | 1.  |     | 1.  | Zachow, Julius            | USC Bochum                    | 1992 | 1.M20   | 15:58 (1.)  | 15:58  |
| 754 | 2.  |     | 2.  | Rinne, Yannick            | LSF Münster                   | 1988 | 1.M30   | 16:04 (2.)  | 16:04  |
| 470 | 3.  |     | 3.  | Wettlaufer, Till          | Triathlon Witten              | 2000 | 1.MJU20 | 16:53 (3.)  | 16:53  |
| 693 | 4.  |     | 4.  | Lemos, Pedro              |                               | 1996 | 2.M20   | 17:06 (4.)  | 17:07  |
| 747 | 5.  |     | 5.  | Groll, Matthias           | Triathlon TEAM TG Witten      | 2001 | 2.MJU20 | 17:21 (5.)  | 17:22  |
| 669 | 6.  |     | 6.  | Lehmbach, Benjamin        | LG Wuppertal                  | 1980 | 2.M30   | 17:28 (6.)  | 17:29  |
| 697 | 7.  |     | 7.  | Geller, Georg             | USC Bochum                    | 1988 | 3.M30   | 17:36 (7.)  | 17:38  |
| 559 | 8.  |     | 8.  | Freiling, Ingo            | USC Bochum                    | 1994 | 3.M20   | 17:41 (8.)  | 17:42  |
| 568 | 9.  |     | 9.  | Wintermayr, Jens          | TVK 1877 Essen Kupferdreh     | 1986 | 4.M30   | 17:54 (9.)  | 17:55  |
| 636 | 10. | 1.  |     | Rosenberg, Sophia         | USC Bochum                    | 1996 | 1.W20   | 18:05 (1.)  | 18:06  |
| 766 | 11. |     | 10. | Werth, Christian          | Remscheider SV                | 1985 | 5.M30   | 18:08 (10.) | 18:08  |
| 743 | 12. | 2.  |     | Faber, Annika             | TV Hasslinghausen             | 2002 | 1.WJU20 | 18:18 (2.)  | 18:19  |
| 620 | 13. |     | 11. | Bornemann, Dominic        | TV Hasslinghausen             | 1977 | 1.M40   | 18:19 (12.) | 18:19  |
| 483 | 14. |     | 12. | Hermes, Joel              | PV Triathlon Witten           | 2002 | 3.MJU20 | 18:18 (11.) | 18:20  |
| 482 | 15. |     | 13. | Schierbaum, Matthias      | TTW                           | 1976 | 2.M40   | 18:19 (13.) | 18:21  |
| 673 | 16. |     | 14. | Göress, Jörg              |                               | 1984 | 6.M30   | 18:23 (14.) | 18:24  |
| 795 | 17. |     | 15. | Damnitz, Dennis           | Team Laufflust                | 1986 | 7.M30   | 18:24 (15.) | 18:26  |
| 567 | 18. |     | 16. | Krüger, Mirko             | Ayyo Team Essen e.V.          | 1981 | 8.M30   | 18:28 (16.) | 18:28  |
| 485 | 19. |     | 17. | Krüger, Olaf              | Ergste                        | 1969 | 3.M40   | 18:29 (17.) | 18:30  |
| 767 | 20. |     | 18. | Neuhausen, Jürgen         | Recklinghäuser LC             | 1963 | 1.M50   | 18:35 (18.) | 18:36  |
| 680 | 21. |     | 19. | Lincke, Fabian            | Grimberg                      | 1989 | 4.M20   | 18:43 (19.) | 18:47  |
| 755 | 22. |     | 20. | Sefai, Cam                | Zonguldakrspor Herne          | 1973 | 4.M40   | 18:50 (20.) | 18:50  |
| 499 | 23. |     | 21. | Königschulte, Alexander   | PV Triathlon Witten           | 1969 | 5.M40   | 18:53 (21.) | 18:55  |
| 683 | 24. |     | 22. | Ludwig, Michael           | Spiridon Haltern              | 1964 | 2.M50   | 18:54 (22.) | 18:55  |
| 497 | 25. |     | 23. | Kirchhof, Jürgen          | Recklinghäuser LC             | 1966 | 3.M50   | 19:05 (23.) | 19:05  |
| 486 | 26. | 3.  |     | Krüger, Kati              | Ergste                        | 1999 | 2.WJU20 | 19:26 (3.)  | 19:26  |
| 790 | 27. |     | 24. | Wünsche, Magnus           |                               | 2001 | 4.MJU20 | 19:34 (24.) | 19:36  |
| 631 | 28. |     | 25. | Chu, Bin                  | USC Bochum                    | 1990 | 5.M20   | 19:41 (26.) | 19:41  |
| 617 | 29. |     | 26. | Seiler, Sebastian         |                               | 1982 | 9.M30   | 19:40 (25.) | 19:44  |
| 647 | 30. |     | 27. | Biermann, Philipp         | TSV 1863 Herdecke e.V.        | 1991 | 6.M20   | 19:49 (27.) | 19:52  |
| 619 | 31. |     | 28. | Zeppa, Daniel             | TSV 1863 Herdecke             | 1966 | 4.M50   | 19:55 (28.) | 19:57  |
| 764 | 32. |     | 29. | Krakow, Thomas            | Pace Pack Runners             | 1983 | 10.M30  | 20:01 (29.) | 20:02  |
| 752 | 33. |     | 30. | Wenzel, Lars              | Triathlon Team TG Witten      | 1991 | 7.M20   | 20:07 (30.) | 20:10  |
| 622 | 34. |     | 31. | Gabriel, Jakob            | SV Blau Weiß Bochum           | 1986 | 11.M30  | 20:17 (32.) | 20:20  |
| 741 | 35. |     | 32. | Schmidt-Wilcke, Friedrich |                               | 2008 | 5.MJU20 | 20:16 (31.) | 20:21  |
| 751 | 36. |     | 33. | Heldt, Janosch            | Triathlon Team TG Witten      | 1998 | 8.M20   | 20:21 (33.) | 20:24  |
| 566 | 37. | 4.  |     | Bannert, Birte            |                               | 1973 | 1.W40   | 20:21 (4.)  | 20:25  |
| 646 | 38. |     | 34. | Späker, Andy              | SV Blau Weiß Bochum           | 1986 | 12.M30  | 20:23 (34.) | 20:28  |
| 635 | 39. |     | 35. | Block, Sven               | LGO Bochum                    | 1974 | 6.M40   | 20:24 (35.) | 20:28  |
| 674 | 40. |     | 36. | Kalender, Lars            | SV Blau-Weiß Bochum von 1896  | 1983 | 13.M30  | 20:35 (37.) | 20:37  |
| 678 | 41. | 5.  |     | Nahen, Alina              | LC Paderborn                  | 2000 | 3.WJU20 | 20:33 (5.)  | 20:38  |
| 665 | 42. |     | 37. | Fritz, Marius             |                               | 1991 | 9.M20   | 20:35 (36.) | 20:39  |
| 658 | 43. |     | 38. | Beermann, David           | GV Waltrop                    | 1989 | 10.M20  | 20:37 (38.) | 20:41  |
| 618 | 44. | 6.  |     | Dreßler, Frida            | TG triZack Rostock            | 1991 | 2.W20   | 20:38 (6.)  | 20:42  |
| 660 | 45. |     | 39. | Kruza, Marius             | MSM Gesamtschule Wattenscheid | 1976 | 7.M40   | 20:39 (39.) | 20:43  |
| 496 | 46. |     | 40. | Nelle, Leonhard           |                               | 1990 | 11.M20  | 20:42 (41.) | 20:44  |
| 789 | 47. |     | 41. | Wünsche, Wolfgang         | TuRa Rüdighausen              | 1964 | 5.M50   | 20:42 (40.) | 20:45  |
| 616 | 48. |     | 42. | Kural, Ayhan              | TSV 1863 Herdecke             | 1974 | 8.M40   | 20:50 (43.) | 20:53  |
| 489 | 49. |     | 43. | Schüssler, Arne           |                               | 1985 | 14.M30  | 20:50 (42.) | 20:54  |
| 525 | 50. |     | 44. | Richter, Udo              | SuS Schalke 1896              | 1975 | 9.M40   | 20:52 (44.) | 20:58  |
| 476 | 51. | 7.  |     | Ernst, Kathrin            | Triathlon Team Witten         | 1969 | 2.W40   | 21:00 (7.)  | 21:01  |
| 498 | 52. |     | 45. | Walker, Christian         | Universität Witten/Herdecke   | 1988 | 15.M30  | 20:58 (46.) | 21:03  |
| 711 | 53. |     | 46. | Gödecke, Philipp          |                               | 2000 | 6.MJU20 | 20:56 (45.) | 21:03  |
| 684 | 54. | 8.  |     | Ludwig, Sabine            | Spiridon Haltern              | 1967 | 1.W50   | 21:03 (8.)  | 21:04  |
| 698 | 55. | 9.  |     | Bartsch, Vanessa          | USC Bochum                    | 1978 | 3.W40   | 21:06 (9.)  | 21:08  |
| 495 | 56. | 10. |     | Franczyk, Lina            | PV Triathlon Witten           | 2003 | 4.WJU20 | 21:07 (10.) | 21:09  |
| 687 | 57. |     | 47. | Chrobok, Reiner           | TGH Wetter                    | 1958 | 1.M60   | 21:17 (48.) | 21:19  |
| 625 | 58. |     | 48. | Drilling, Norbert         | TSV 1863 Herdecke             | 1962 | 6.M50   | 21:17 (47.) | 21:20  |
| 574 | 59. |     | 49. | Maczkowiak, Thomas        | TV Hasslinghausen             | 1972 | 10.M40  | 21:23 (49.) | 21:27  |
| 472 | 60. | 11. |     | Lehmann, Tabea            | LAZ Iserlohn                  | 2003 | 5.WJU20 | 21:27 (12.) | 21:28  |
| 780 | 61. |     | 50. | Kubas, Thorsten           | TSV 1863 Herdecke             | 1962 | 7.M50   | 21:24 (50.) | 21:28  |
| 621 | 62. | 12. |     | Kachholz, Lena            | USC Bochum                    | 1985 | 1.W30   | 21:26 (11.) | 21:30  |
| 776 | 63. |     | 51. | Beckers, Rainer           | LC Wiedenbrück                | 1963 | 8.M50   | 21:27 (51.) | 21:34  |
| 597 | 64. | 13. |     | Villwock, Meike           | Goethe läuft                  | 1978 | 4.W40   | 21:31 (13.) | 21:35  |
| 634 | 65. | 14. |     | Tüselmann, Anke           | USC Bochum                    | 1989 | 3.W20   | 21:33 (14.) | 21:36  |

## 5. Wittener Abendlauf - 31. Oktober 2018

## Gesamtergebnisliste - 5 km

| SNR | PL.  | W.  | M.   | Nachname, Vorname      | Verein                        | JG   | AK       | (Netto)      | Brutto |
|-----|------|-----|------|------------------------|-------------------------------|------|----------|--------------|--------|
| 585 | 66.  |     | 52.  | Mettner, Henry         | Heinrich-Böll-Gesamtschule    | 1954 | 2.M60    | 21:35 (52.)  | 21:38  |
| 582 | 67.  |     | 53.  | Reinhold, Erich        | EVG Schwellenläufer           | 1956 | 3.M60    | 21:44 (55.)  | 21:46  |
| 676 | 68.  |     | 54.  | Ramezani, Marco        |                               | 1988 | 16.M30   | 21:44 (54.)  | 21:49  |
| 707 | 69.  |     | 55.  | Grunau, Jonas          |                               | 1997 | 12.M20   | 21:40 (53.)  | 21:53  |
| 491 | 70.  | 15. |      | Störbrock, Petra       | HTT 11                        | 1971 | 5.W40    | 21:52 (15.)  | 21:53  |
| 492 | 71.  |     | 56.  | Leopold, Andre         | HTT 11                        | 1984 | 17.M30   | 21:53 (56.)  | 21:54  |
| 494 | 72.  |     | 57.  | Rugorac, Fuad          | HTT 11                        | 1973 | 11.M40   | 21:54 (58.)  | 21:56  |
| 526 | 73.  |     | 58.  | Niemeyer, Thomas       | Triathlon TEAM TG Witten      | 1967 | 9.M50    | 21:54 (59.)  | 22:01  |
| 771 | 74.  |     | 59.  | Kurth, Jonathan        |                               | 1997 | 13.M20   | 21:54 (57.)  | 22:07  |
| 703 | 75.  | 16. |      | Kott, Anna             | PACE PACK RUNNERS             | 1995 | 4.W20    | 22:03 (16.)  | 22:07  |
| 819 | 76.  |     | 60.  | Kott, David            | Pace Pack Runners             | 1999 | 7.MJU20  | 22:04 (61.)  | 22:08  |
| 573 | 77.  |     | 61.  | Kandula, Stefan        | Cross Joggers                 | 1980 | 18.M30   | 21:58 (60.)  | 22:08  |
| 783 | 78.  |     | 62.  | Teufel, Gunnar         | TTW                           | 1982 | 19.M30   | 22:05 (62.)  | 22:10  |
| 794 | 79.  |     | 63.  | Schmidt, Stephan       | LGO Bochum                    | 1986 | 20.M30   | 22:09 (63.)  | 22:13  |
| 479 | 80.  |     | 64.  | Hebestreit, Erich      | HAgen                         | 1953 | 4.M60    | 22:13 (64.)  | 22:15  |
| 473 | 81.  |     | 65.  | Eller, Malte           | LAZ Iserlohn                  | 2005 | 8.MJU20  | 22:24 (66.)  | 22:26  |
| 792 | 82.  |     | 66.  | Thomas, Björn          | Dormagen Backpackers          | 1982 | 21.M30   | 22:15 (65.)  | 22:31  |
| 702 | 83.  |     | 67.  | Vollandt, Jörg         | SV Blau Weiß Bochum           | 1969 | 12.M40   | 22:27 (67.)  | 22:33  |
| 599 | 84.  |     | 68.  | Pohl, Manuel           |                               | 1988 | 22.M30   | 22:36 (68.)  | 22:49  |
| 692 | 85.  |     | 69.  | Zinn, Andreas          | PV Triathlon Witten           | 1969 | 13.M40   | 22:44 (71.)  | 22:50  |
| 712 | 86.  |     | 70.  | Förster, Lukas         |                               | 1998 | 14.M20   | 22:40 (69.)  | 22:53  |
| 608 | 87.  |     | 71.  | Prange, Christian      | Kanufreunde Sparkasse Ennepet | 1985 | 23.M30   | 22:41 (70.)  | 22:55  |
| 748 | 88.  | 17. |      | Prinz, Sina            | TuS Breckerfeld 1877          | 2001 | 6.WJU20  | 22:55 (17.)  | 22:57  |
| 740 | 89.  |     | 72.  | Prünzte, Thilo         | Triathlon TEAM TG Witten      | 2002 | 9.MJU20  | 22:45 (72.)  | 22:57  |
| 756 | 90.  |     | 73.  | Buschmann, Bernd       | Würz                          | 1960 | 10.M50   | 22:55 (73.)  | 23:07  |
| 484 | 91.  | 18. |      | Göhlich, Nina          |                               | 1977 | 6.W40    | 23:03 (18.)  | 23:07  |
| 656 | 92.  |     | 74.  | Kirfel, Johannes       | Justiz Bochum                 | 1956 | 5.M60    | 23:11 (74.)  | 23:13  |
| 742 | 93.  |     | 75.  | Nübel, Felix           | SV Blau-Weiß Bochum Triathlon | 2005 | 7.MJU20  | 23:15 (75.)  | 23:17  |
| 738 | 94.  | 19. |      | Jahn, Leni             | Triathlon TEAM TG Witten      | 2005 | 8.WJU20  | 23:18 (19.)  | 23:24  |
| 587 | 95.  | 20. |      | Mancini, Angela        | Triathlon TEAM TG Witten      | 1991 | 5.W20    | 23:19 (20.)  | 23:25  |
| 515 | 96.  |     | 76.  | Mankiewicz, Thomas     | ARDEX GmbH                    | 1975 | 14.M40   | 23:22 (76.)  | 23:32  |
| 650 | 97.  |     | 77.  | Finke, Jan             | Justiz Bochum                 | 1984 | 24.M30   | 23:30 (77.)  | 23:38  |
| 659 | 98.  | 21. |      | Biermann, Katharina    | TSV 1863 Herdecke             | 1993 | 6.W20    | 23:34 (21.)  | 23:39  |
| 602 | 99.  |     | 78.  | Hoffstiepel, Thimo     | Järnfjord                     | 1978 | 15.M40   | 23:38 (78.)  | 23:45  |
| 512 | 100. |     | 79.  | Westerdorf, Christian  | ARDEX GmbH                    | 1977 | 16.M40   | 23:39 (79.)  | 23:47  |
| 600 | 101. |     | 80.  | Krokowski, Philipp     | TSV 1863 Herdecke e.V.        | 1989 | 15.M20   | 23:45 (80.)  | 23:50  |
| 514 | 102. |     | 81.  | Trost, Christian       | ARDEX GmbH                    | 1976 | 17.M40   | 23:47 (81.)  | 23:54  |
| 601 | 103. |     | 82.  | Schmidt-Wilcke, Tobias |                               | 1971 | 18.M40   | 23:53 (82.)  | 23:59  |
| 655 | 104. | 22. |      | Ronzon, Leonie         | Frau                          | 1983 | 2.W30    | 23:55 (22.)  | 24:00  |
| 591 | 105. |     | 83.  | Herschel, Michael      | T V Hasslinghausen            | 1958 | 6.M60    | 23:58 (83.)  | 24:03  |
| 679 | 106. | 23. |      | Falke, Marie           |                               | 1999 | 9.WJU20  | 24:00 (23.)  | 24:05  |
| 654 | 107. | 24. |      | Rayer, Katharina       | Justiz Bochum                 | 1981 | 3.W30    | 24:09 (24.)  | 24:16  |
| 611 | 108. | 25. |      | Sachs, Karoline        |                               | 1983 | 4.W30    | 24:19 (25.)  | 24:23  |
| 509 | 109. |     | 84.  | Cherkavskiy, Sergii    | Rohde & Schwarz Cybersecurity | 1987 | 25.M30   | 24:07 (84.)  | 24:30  |
| 575 | 110. |     | 85.  | ThiBen, Thomas         | Triathlon TEAM TG Witten      | 1966 | 11.M50   | 24:19 (85.)  | 24:32  |
| 639 | 111. | 26. |      | Lügger, Jennifer       | USC Bochum                    | 1992 | 7.W20    | 24:32 (27.)  | 24:35  |
| 474 | 112. | 27. |      | Hoffmann, Julia        | LAZ Iserlohn                  | 2002 | 10.WJU20 | 24:29 (26.)  | 24:35  |
| 630 | 113. |     | 86.  | Rehaag, Michael        | Justiz Bochum                 | 1969 | 19.M40   | 24:29 (88.)  | 24:38  |
| 685 | 114. |     | 87.  | LyBy, Jonas            |                               | 2000 | 10.MJU20 | 24:22 (86.)  | 24:38  |
| 694 | 115. |     | 88.  | Villwock, Daniel       |                               | 1976 | 20.M40   | 24:26 (87.)  | 24:41  |
| 623 | 116. |     | 89.  | Kalweit, Siegfried     | TSV Viktoria Mülheim          | 1942 | 1.M70    | 24:44 (91.)  | 24:48  |
| 517 | 117. |     | 90.  | Kupka, Martin          | ARDEX GmbH                    | 1976 | 21.M40   | 24:43 (89.)  | 24:52  |
| 586 | 118. |     | 91.  | Kaufmann, Torben       | Cross Joggers                 | 1980 | 26.M30   | 24:44 (92.)  | 24:54  |
| 777 | 119. |     | 92.  | Goedecke, Falk         |                               | 1969 | 22.M40   | 24:44 (90.)  | 24:57  |
| 706 | 120. |     | 93.  | Hauschild, Moritz      |                               | 1997 | 16.M20   | 24:46 (93.)  | 24:59  |
| 713 | 121. |     | 94.  | Münter, Uwe            | LGO Bochum                    | 1965 | 12.M50   | 24:57 (96.)  | 25:03  |
| 801 | 122. |     | 95.  | Hanzlick, Thomas       | TV Hasslinghausen             | 1961 | 13.M50   | 24:53 (94.)  | 25:04  |
| 560 | 123. |     | 96.  | Ester, Heinrich        | PV Triathlon Witten           | 1954 | 7.M60    | 24:53 (95.)  | 25:11  |
| 641 | 124. |     | 97.  | Koß, Peter             | GeisslerWista                 | 1965 | 14.M50   | 25:04 (97.)  | 25:16  |
| 770 | 125. |     | 98.  | Bäumen, Marc           | Realschule Grünstraße         | 2002 | 11.MJU20 | 25:21 (99.)  | 25:26  |
| 633 | 126. |     | 99.  | Dehmel, Alexander      | Justiz Bochum                 | 1983 | 27.M30   | 25:27 (102.) | 25:30  |
| 666 | 127. |     | 100. | Haasler, Detlef        | Auf Kohle geboren             | 1957 | 8.M60    | 25:20 (98.)  | 25:31  |
| 593 | 128. |     | 101. | Gläser, Michael        | Lauftreff Hobeuken - in Geden | 1961 | 15.M50   | 25:21 (100.) | 25:32  |
| 648 | 129. |     | 102. | Möllmann, Tim          | Netgo GmbH                    | 1991 | 17.M20   | 25:24 (101.) | 25:35  |
| 490 | 130. |     | 103. | Jackow, Zenon          |                               | 1969 | 23.M40   | 25:28 (103.) | 25:36  |

## 5. Wittener Abendlauf - 31. Oktober 2018

## Gesamtergebnisliste - 5 km

| SNR | PL.  | W.  | M.   | Nachname, Vorname       | Verein                        | JG   | AK       | (Netto)      | Brutto |
|-----|------|-----|------|-------------------------|-------------------------------|------|----------|--------------|--------|
| 577 | 131. | 28. |      | Wienforth, Silke        | PV Triathlon Witten           | 1970 | 7.W40    | 25:25 (28.)  | 25:40  |
| 695 | 132. |     | 104. | Finkensiep, Dirk        | LT Ümminger See               | 1959 | 16.M50   | 25:38 (106.) | 25:44  |
| 511 | 133. |     | 105. | Motzet, Dr. Hubertus    | ARDEX GmbH                    | 1965 | 17.M50   | 25:35 (104.) | 25:45  |
| 775 | 134. | 29. |      | Spahn, Ina              |                               | 1990 | 8.W20    | 25:32 (29.)  | 25:46  |
| 667 | 135. |     | 106. | Schauer, Gerd           | Auf Kohle geboren             | 1964 | 18.M50   | 25:38 (105.) | 25:50  |
| 696 | 136. |     | 107. | LyBy, Tobias            |                               | 1997 | 18.M20   | 25:38 (107.) | 25:53  |
| 701 | 137. |     | 108. | Prinz, Jens             |                               | 1969 | 24.M40   | 26:00 (110.) | 26:06  |
| 493 | 138. |     | 109. | Störbrock, Uli          | HTT 11                        | 1968 | 19.M50   | 25:54 (108.) | 26:08  |
| 652 | 139. | 30. |      | Claßen, Sandra          | Lohmann Team                  | 1969 | 8.W40    | 25:55 (30.)  | 26:13  |
| 478 | 140. | 31. |      | Petrasch, Monika        | Ozeflott Witten e.V.          | 1967 | 2.W50    | 25:57 (31.)  | 26:13  |
| 529 | 141. |     | 110. | Koning, Christopher     | Team Nolan 2017               | 1979 | 28.M30   | 25:58 (109.) | 26:13  |
| 769 | 142. | 32. |      | Hähnel, Nicole          | LGO Bochum                    | 1970 | 9.W40    | 26:24 (32.)  | 26:31  |
| 508 | 143. |     | 111. | Borsetti, Ivo           | Rohde & Schwarz Cybersecurity | 1982 | 29.M30   | 26:13 (111.) | 26:36  |
| 651 | 144. |     | 112. | Nolde, Norbert          | Justiz Bochum                 | 1966 | 20.M50   | 26:35 (113.) | 26:44  |
| 762 | 145. | 33. |      | Soboll, Susanne         | BW Bochum                     | 1967 | 3.W50    | 26:39 (34.)  | 26:46  |
| 704 | 146. |     | 113. | Reeker, Holger          | LGO Bochum                    | 1979 | 30.M30   | 26:35 (112.) | 26:49  |
| 773 | 147. |     | 114. | Kreuger, Carsten        |                               | 1971 | 25.M40   | 26:47 (114.) | 26:54  |
| 774 | 148. | 34. |      | Kreuger, Tanja          |                               | 1979 | 5.W30    | 26:47 (35.)  | 26:54  |
| 505 | 149. | 35. |      | Ackermann, Rika         | Rohde & Schwarz Cybersecurity | 1991 | 9.W20    | 26:36 (33.)  | 26:59  |
| 624 | 150. |     | 115. | Filler, Guido           | run4sheldrake                 | 1968 | 21.M50   | 26:51 (115.) | 27:00  |
| 584 | 151. | 36. |      | Schnuer, Henriette      | SC TRI BOZEN                  | 1969 | 10.W40   | 26:56 (36.)  | 27:05  |
| 583 | 152. |     | 116. | Bartel, Peter           | SC TRI BOZEN                  | 1963 | 22.M50   | 26:56 (116.) | 27:05  |
| 513 | 153. |     | 117. | Heinrich, Ludgar        | ARDEX GmbH                    | 1965 | 23.M50   | 26:59 (117.) | 27:08  |
| 672 | 154. | 37. |      | Bornemann, Andrea       | TV Hasslinghausen             | 1977 | 11.W40   | 26:58 (37.)  | 27:08  |
| 640 | 155. |     | 118. | Schremb, Günter         | LGO Bochum                    | 1948 | 2.M70    | 27:07 (118.) | 27:14  |
| 749 | 156. | 38. |      | Müller, Michelle        | DJK BW Annen                  | 2000 | 11.WJU20 | 27:10 (38.)  | 27:16  |
| 750 | 157. | 39. |      | Niemeyer, Sophia        | Triathlon TEAM TG Witten      | 2000 | 12.WJU20 | 27:10 (39.)  | 27:17  |
| 563 | 158. |     | 119. | Peiffert, Guy           | Herner Triathlon Team 11      | 1966 | 24.M50   | 27:11 (119.) | 27:26  |
| 469 | 159. | 40. |      | Ritz, Leonie            | TTW                           | 2005 | 13.WJU20 | 27:26 (40.)  | 27:28  |
| 682 | 160. |     | 120. | Schlüter, Markus        | Herner Triathlon Team 11      | 1966 | 25.M50   | 27:15 (120.) | 27:31  |
| 788 | 161. |     | 121. | Wendt, Leon             |                               | 1996 | 19.M20   | 27:22 (121.) | 27:36  |
| 820 | 162. |     | 122. | Voß, Nebi               |                               | 1976 | 26.M40   | 27:28 (122.) | 27:37  |
| 689 | 163. |     | 123. | Klaumansmüller, Andreas |                               | 1969 | 27.M40   | 27:28 (123.) | 27:37  |
| 607 | 164. | 41. |      | Prange, Katrin          | Kaufreunde Sparkasse Ennepet  | 1980 | 6.W30    | 27:27 (41.)  | 27:41  |
| 763 | 165. |     | 124. | ?, ?                    | ?                             | ?    | 1.M      | 27:29 (124.) | 27:41  |
| 615 | 166. | 42. |      | Neuhaus, Monika         |                               | 1965 | 4.W50    | 27:41 (42.)  | 27:44  |
| 481 | 167. |     | 125. | Strauß, Andreas         | LGO Bochum                    | 1961 | 26.M50   | 27:51 (127.) | 27:58  |
| 643 | 168. |     | 126. | Pahlke, Matthias        |                               | 1980 | 31.M30   | 27:37 (125.) | 28:04  |
| 551 | 169. |     | 127. | Schönefeld, Marco       | PV Triathlon Witten           | 1968 | 27.M50   | 27:50 (126.) | 28:07  |
| 550 | 170. | 43. |      | Schönefeld, Silke       | PV Triathlon Witten           | 1972 | 12.W40   | 27:50 (43.)  | 28:08  |
| 772 | 171. |     | 128. | Kluba, Thomas           |                               | 1977 | 28.M40   | 28:16 (128.) | 28:28  |
| 688 | 172. |     | 129. | Baer, Jörg              | PV Triathlon Witten           | 1966 | 28.M50   | 28:24 (129.) | 28:33  |
| 565 | 173. | 44. |      | Sudhoff, Heike          |                               | 1967 | 5.W50    | 28:26 (46.)  | 28:36  |
| 784 | 174. | 45. |      | Putz, Claudia           |                               | 1961 | 6.W50    | 28:19 (44.)  | 28:39  |
| 793 | 175. | 46. |      | Hayen, Laura            | Stadtsportbund Bochum e.V.    | 1984 | 7.W30    | 28:32 (47.)  | 28:41  |
| 796 | 176. | 47. |      | Molitor, Regina         |                               | 1970 | 13.W40   | 28:23 (45.)  | 28:43  |
| 644 | 177. | 48. |      | Hauck, Ulrike           | PV Triathlon Witten           | 1974 | 14.W40   | 28:39 (48.)  | 28:48  |
| 554 | 178. |     | 130. | Sauerland, Dirk         | PV Triathlon Witten           | 1964 | 29.M50   | 28:39 (130.) | 28:49  |
| 653 | 179. |     | 131. | Otto, Alexander         | Justiz Bochum                 | 1982 | 32.M30   | 28:49 (131.) | 28:57  |
| 710 | 180. | 49. |      | Niemeyer, Sabine        | Triathlon TEAM TG Witten      | 1968 | 7.W50    | 28:46 (49.)  | 29:00  |
| 578 | 181. | 50. |      | Winkler-Ulex, Sarah     |                               | 1982 | 8.W30    | 28:56 (50.)  | 29:02  |
| 475 | 182. | 51. |      | Adler, Jule             | LAZ Iserlohn                  | 2003 | 14.WJU20 | 29:03 (52.)  | 29:09  |
| 596 | 183. | 52. |      | Zenerino, Sabine        | PV Triathlon Witten           | 1961 | 8.W50    | 29:12 (53.)  | 29:20  |
| 502 | 184. |     | 132. | Korthaus, René          | Rohde & Schwarz Cybersecurity | 1983 | 33.M30   | 28:59 (133.) | 29:23  |
| 506 | 185. |     | 133. | Kolelis, Kosta          | Rohde & Schwarz Cybersecurity | 1979 | 34.M30   | 28:59 (132.) | 29:23  |
| 501 | 186. | 53. |      | Fischer, Anna           | Rohde & Schwarz Cybersecurity | 1983 | 9.W30    | 29:01 (51.)  | 29:24  |
| 668 | 187. |     | 134. | Mrotzek, Klaus-Peter    | Auf Kohle geboren             | 1950 | 9.M60    | 29:15 (134.) | 29:28  |
| 744 | 188. | 54. |      | Rhönisch, Inga          | Blau - Weiß Bochum            | 2002 | 15.WJU20 | 29:25 (54.)  | 29:35  |
| 778 | 189. | 55. |      | Strauß, Merit           | Realschule Grünstraße         | 2003 | 16.WJU20 | 29:38 (56.)  | 29:44  |
| 606 | 190. | 56. |      | Prange, Gabriele        | Kaufreunde Sparkasse Ennepet  | 1958 | 1.W60    | 29:31 (55.)  | 29:45  |
| 765 | 191. |     | 135. | Schlüter, Andreas       | SuS Oberaden                  | 1961 | 30.M50   | 29:41 (135.) | 29:58  |
| 540 | 192. |     | 136. | Cohaupt, Stefan         | PV Triathlon Witten           | 1984 | 35.M30   | 29:59 (136.) | 30:09  |
| 700 | 193. | 57. |      | Meckel, Steffi          | PV Triathlon Witten           | 1971 | 15.W40   | 30:22 (58.)  | 30:31  |
| 531 | 194. | 58. |      | Poell, Eva              | PV Triathlon Witten           | 1976 | 16.W40   | 30:21 (57.)  | 30:31  |
| 579 | 195. | 59. |      | Ohrem, Karin            | Frau                          | 1977 | 17.W40   | 30:31 (59.)  | 30:50  |

## 5. Wittener Abendlauf - 31. Oktober 2018

## Gesamtergebnisliste - 5 km

| SNR | PL.  | W.   | M.   | Nachname, Vorname        | Verein                        | JG   | AK       | (Netto)      | Brutto |
|-----|------|------|------|--------------------------|-------------------------------|------|----------|--------------|--------|
| 527 | 196. |      | 137. | Meier, Uli               | Nordtriathleten Oberhausen No | 1960 | 31.M50   | 30:34 (137.) | 30:50  |
| 809 | 197. | 60.  |      | Voigt, Jana              |                               | 2006 | 17.WJU20 | 30:33 (60.)  | 31:02  |
| 810 | 198. |      | 138. | Voigt, Andreas           |                               | 1969 | 29.M40   | 30:35 (138.) | 31:03  |
| 681 | 199. |      | 139. | Klimt, Wolfgang          | Team Erdinger Alkoholfrei     | 1952 | 10.M60   | 30:43 (139.) | 31:05  |
| 657 | 200. | 61.  |      | Wolff, Sandra            |                               | 1985 | 10.W30   | 30:55 (63.)  | 31:10  |
| 604 | 201. | 62.  |      | Klaft, Indra             | Lauftreff Hobeuken - in Geden | 1975 | 18.W40   | 30:54 (61.)  | 31:15  |
| 612 | 202. | 63.  |      | Gläser, Michaela         | Lauftreff Hobeuken - in Geden | 1966 | 9.W50    | 30:54 (62.)  | 31:15  |
| 699 | 203. | 64.  |      | Heinze, Stefanie         |                               | 1972 | 19.W40   | 31:10 (64.)  | 31:35  |
| 581 | 204. | 65.  |      | Schmidt, Angela          |                               | 1973 | 20.W40   | 31:31 (65.)  | 31:56  |
| 670 | 205. | 66.  |      | schmidt, stefanie        |                               | 1977 | 21.W40   | 31:31 (66.)  | 31:56  |
| 649 | 206. |      | 140. | Schmidt, Björn           | Privat                        | 1972 | 30.M40   | 31:32 (140.) | 31:57  |
| 580 | 207. |      | 141. | Behnke, Maurice          |                               | 1981 | 36.M30   | 31:33 (141.) | 31:59  |
| 609 | 208. |      | 142. | Prange, Hans Dieter      | Kanufreunde Sparkasse Ennepet | 1950 | 11.M60   | 31:47 (142.) | 32:01  |
| 603 | 209. | 67.  |      | Marsch, Heike            | Lauftreff Hobeuken - in Geden | 1959 | 10.W50   | 32:06 (67.)  | 32:27  |
| 555 | 210. | 68.  |      | Pätzold, Christina       | PV Triathlon Witten           | 1986 | 11.W30   | 32:08 (68.)  | 32:27  |
| 708 | 211. | 69.  |      | LieB, Bianca             |                               | 1980 | 12.W30   | 32:09 (69.)  | 32:28  |
| 627 | 212. |      | 143. | Brzuska, Michael         | PV Triathlon Witten           | 1969 | 31.M40   | 32:15 (143.) | 32:32  |
| 626 | 213. | 70.  |      | Müller-Brzuska, Manuela  | PV Triathlon Witten           | 1971 | 22.W40   | 32:15 (70.)  | 32:32  |
| 592 | 214. | 71.  |      | Müller, Heike            | Boxring 28                    | 1966 | 11.W50   | 32:21 (73.)  | 32:34  |
| 546 | 215. | 72.  |      | Hanakam, Julia           |                               | 1988 | 13.W30   | 32:18 (71.)  | 32:37  |
| 548 | 216. | 73.  |      | Amtenbrink, Lisa         |                               | 1989 | 10.W20   | 32:19 (72.)  | 32:38  |
| 590 | 217. |      | 144. | Schmidt, Ingo            |                               | 1972 | 32.M40   | 32:32 (144.) | 32:42  |
| 545 | 218. | 74.  |      | Schüren, Nicole          | PV Triathlon Witten           | 1976 | 23.W40   | 32:32 (74.)  | 32:42  |
| 781 | 219. | 75.  |      | Gutjahr, Sandra          |                               | 1976 | 24.W40   | 33:08 (75.)  | 33:26  |
| 798 | 220. |      | 145. | Wehrstedt, Markus        | The Rainbow Runners           | 1968 | 32.M50   | 33:13 (145.) | 33:31  |
| 785 | 221. | 76.  |      | Niknam, Akram            | The Rainbow Runners           | 1976 | 25.W40   | 33:13 (76.)  | 33:31  |
| 675 | 222. |      | 146. | Menne, Michael           | PV Triathlon Witten           | 1962 | 33.M50   | 33:22 (146.) | 33:42  |
| 557 | 223. | 77.  |      | Habbes, Silke            | PV Triathlon Witten           | 1974 | 26.W40   | 33:19 (77.)  | 33:43  |
| 638 | 224. | 78.  |      | Jungholt, Isabell        |                               | 1990 | 11.W20   | 33:48 (78.)  | 34:04  |
| 745 | 225. | 79.  |      | Schlotzhauer, Caja       | Blau - Weiß Bochum            | 2001 | 18.WJU20 | 34:01 (79.)  | 34:11  |
| 534 | 226. | 80.  |      | Gulfarth, Andrea         | PV Triathlon Witten           | 1962 | 12.W50   | 34:12 (80.)  | 34:33  |
| 510 | 227. | 81.  |      | Tarikere, Mahalakshmi    | Rohde & Schwarz Cybersecurity | 1987 | 14.W30   | 34:14 (81.)  | 34:36  |
| 539 | 228. | 82.  |      | Leistner, Anja           | PV Triathlon Witten           | 1973 | 27.W40   | 34:14 (82.)  | 34:38  |
| 533 | 229. | 83.  |      | Bonnet, Ulrike           | PV Triathlon Witten           | 1965 | 13.W50   | 34:19 (86.)  | 34:40  |
| 541 | 230. | 84.  |      | den Brave Wiechers, Elke | PV Triathlon Witten           | 1960 | 14.W50   | 34:17 (84.)  | 34:41  |
| 553 | 231. | 85.  |      | Peters, Sabine           | PV Triathlon Witten           | 1961 | 15.W50   | 34:17 (85.)  | 34:41  |
| 802 | 232. | 86.  |      | Slotta, Kathrin          | Lauf dich glücklich           | 1974 | 28.W40   | 34:16 (83.)  | 34:44  |
| 804 | 233. | 87.  |      | Schoettler, Lore         | Lauf dich glücklich           | 1956 | 2.W60    | 34:21 (87.)  | 34:49  |
| 535 | 234. | 88.  |      | Hoffmann, Stephanie      | PV Triathlon Witten           | 1969 | 29.W40   | 34:29 (88.)  | 34:51  |
| 662 | 235. | 89.  |      | Neuhäuser, Vanessa       |                               | 1988 | 15.W30   | 34:41 (92.)  | 34:57  |
| 663 | 236. | 90.  |      | Wirkert, Stefanie        | PV Triathlon Witten           | 1978 | 30.W40   | 34:39 (89.)  | 34:59  |
| 637 | 237. |      | 147. | Hordt, Sebastian         |                               | 1986 | 37.M30   | 34:43 (147.) | 35:00  |
| 564 | 238. | 91.  |      | Zilavec, Alexandra       | PV Triathlon Witten           | 1967 | 16.W50   | 34:41 (91.)  | 35:04  |
| 705 | 239. | 92.  |      | Ahlborn, Susanna         | PV Triathlon Witten           | 1984 | 16.W30   | 34:41 (90.)  | 35:04  |
| 803 | 240. | 93.  |      | Bonnermann, Eva          | Lauf dich glücklich           | 1986 | 17.W30   | 34:43 (93.)  | 35:11  |
| 787 | 241. | 94.  |      | Peters, Jennifer         | Lauf dich glücklich           | 1976 | 31.W40   | 34:44 (94.)  | 35:12  |
| 800 | 242. |      | 148. | Gerbig, Sven             | LAuf dich glücklich           | 1974 | 33.M40   | 34:43 (148.) | 35:12  |
| 642 | 243. | 95.  |      | Krumnack, Sandy          | GeisslerWista                 | 1988 | 18.W30   | 35:06 (97.)  | 35:17  |
| 532 | 244. | 96.  |      | Kell, Marion             | PV Triathlon Witten           | 1969 | 32.W40   | 35:02 (95.)  | 35:24  |
| 549 | 245. | 97.  |      | Schoeneck, Sandra        | PV Triathlon Witten           | 1979 | 19.W30   | 35:03 (96.)  | 35:24  |
| 628 | 246. | 98.  |      | Körner, Anne             |                               | 1996 | 12.W20   | 35:26 (98.)  | 35:26  |
| 613 | 247. |      | 149. | Obermeier, Thorsten      |                               | 1973 | 34.M40   | 35:37 (149.) | 35:53  |
| 558 | 248. | 99.  |      | Kroll-Beyer, Beate       | PV Triathlon Witten           | 1960 | 17.W50   | 35:31 (99.)  | 35:54  |
| 614 | 249. |      | 150. | Hansmeier, Martin        | Beige Blau Hagen              | 1972 | 35.M40   | 35:37 (150.) | 35:55  |
| 629 | 250. |      | 151. | Körner, Theo             |                               | 1960 | 34.M50   | 36:00 (151.) | 36:00  |
| 645 | 251. | 100. |      | Böhm, Anika              |                               | 1990 | 13.W20   | 36:22 (100.) | 36:22  |
| 561 | 252. | 101. |      | Ester, Ingrid            | PV Triathlon Witten           | 1956 | 3.W60    | 36:43 (101.) | 37:07  |
| 542 | 253. | 102. |      | Zumbrink, Ute            | PV Triathlon Witten           | 1959 | 18.W50   | 36:53 (103.) | 37:13  |
| 530 | 254. | 103. |      | Kuchnia, Cordula         | PV Triathlon Witten           | 1966 | 19.W50   | 36:52 (102.) | 37:13  |
| 537 | 255. |      | 152. | Janke, Sieghart          | PV Triathlon Witten           | 1961 | 35.M50   | 36:50 (152.) | 37:14  |
| 552 | 256. | 104. |      | Bikowski, Sabine         | PV Triathlon Witten           | 1968 | 20.W50   | 36:55 (104.) | 37:18  |
| 543 | 257. | 105. |      | Meinshausen, Brigitte    | PV Triathlon Witten           | 1958 | 4.W60    | 36:56 (106.) | 37:19  |
| 536 | 258. | 106. |      | von Heesen, Anna Marleen | PV Triathlon Witten           | 1987 | 20.W30   | 36:58 (107.) | 37:19  |
| 544 | 259. | 107. |      | Böringschulte, Barbara   | PV Triathlon Witten           | 1951 | 5.W60    | 36:55 (105.) | 37:19  |
| 759 | 260. |      | 153. | Kulmer, Hans             | Dawnrunner Buer               | 1943 | 3.M70    | 37:41 (153.) | 37:54  |

## 5. Wittener Abendlauf - 31. Oktober 2018

## Gesamtergebnisliste - 5 km

| SNR | PL.  | W.   | M.   | Nachname, Vorname | Verein                   | JG   | AK     | (Netto)      | Brutto |
|-----|------|------|------|-------------------|--------------------------|------|--------|--------------|--------|
| 664 | 261. | 108. |      | Müller, Nadine    | PV Triathlon Witten      | 1981 | 21.W30 | 37:44 (108.) | 38:04  |
| 576 | 262. |      | 154. | Seubert, Martin   | LT-Witten Stockum        | 1951 | 12.M60 | 38:21 (154.) | 38:44  |
| 572 | 263. |      | 155. | Appuhn, Dieter    | Triathlon TEAM TG Witten | 1935 | 1.M80  | 40:31 (155.) | 40:45  |
| 556 | 264. | 109. |      | Hennemann, Elke   | PV Triathlon             | 1959 | 21.W50 | 41:55 (109.) | 42:15  |
| 570 | 265. |      | 156. | Böcker, Matthias  | privat                   | 1960 | 36.M50 | 44:09 (156.) | 44:26  |
| 782 | 266. | 110. |      | Schroeder, Andrea |                          | 1972 | 33.W40 | 46:47 (110.) | 47:21  |



## 5. Wittener Abendlauf - 31. Oktober 2018

## Gesamtergebnisliste - 5 km Walking

| SNR | PL. | W. | M. | Nachname, Vorname     | Verein                   | JG   | AK | (Netto)     | Brutto |
|-----|-----|----|----|-----------------------|--------------------------|------|----|-------------|--------|
| 488 |     |    |    | Anding, Sebastian     |                          | 1962 |    | 39:28 (5.)  | 39:59  |
| 732 |     |    |    | Buschmann, Anne       | TuS Bommern              | 1967 |    | 42:22 (11.) | 42:53  |
| 720 |     |    |    | Claßen, Karin         | Lohmann Team             | 1942 |    | 49:02 (17.) | 49:23  |
| 725 |     |    |    | Fandrey-Groll, Britta | Walk and Fun TUS Bommern | 1967 |    | 42:23 (12.) | 42:53  |
| 477 |     |    |    | Fels, Karl            | Triathlon Team Witten    | 1959 |    | 40:34 (8.)  | 40:47  |
| 722 |     |    |    | Große Bley, Barbara   |                          | 1967 |    | 35:21 (3.)  | 35:46  |
| 721 |     |    |    | Grubert, Jürgen       |                          | 1955 |    | 36:45 (3.)  | 37:09  |
| 731 |     |    |    | Haasler, Ursula       | Auf Kohle geboren        | 1961 |    | 48:35 (15.) | 49:02  |
| 753 |     |    |    | Hellwig, Detlef       | BTC-Herne                | 1960 |    | 36:43 (2.)  | 37:03  |
| 718 |     |    |    | Hoffmann, Thomas      | AS Neukirchen-Vluyn      | 1973 |    | 31:11 (1.)  | 31:19  |
| 818 |     |    |    | Kampert, Bernhart     |                          | 1955 |    | 40:09 (6.)  | 40:40  |
| 715 |     |    |    | Keiderling, Cristine  |                          | 1971 |    | 49:54 (18.) | 50:23  |
| 730 |     |    |    | Kelpikowski, Susanne  | Auf Kohle geboren        | 1966 |    | 48:35 (16.) | 49:03  |
| 500 |     |    |    | Kiepert, Ingeborg     |                          | 1944 |    | 44:32 (13.) | 45:05  |
| 716 |     |    |    | Koch, Melanie         | AS Neukirchen-Vluyn      | 1973 |    | 50:33 (19.) | 51:01  |
| 487 |     |    |    | König, Teodora        |                          | 1966 |    | 39:27 (4.)  | 39:58  |
| 728 |     |    |    | Krischker, Claudia    | Walk and Fun TUS Bommern | 1962 |    | 42:22 (10.) | 42:53  |
| 734 |     |    |    | LyBy, Jörg            | TGÜ Gelsenkirchen        | 1964 |    | 40:29 (7.)  | 40:46  |
| 737 |     |    |    | Prinz, Sabine         |                          | 1968 |    | 42:11 (7.)  | 42:42  |
| 736 |     |    |    | Promny, Sabrina       |                          | 1990 |    | 40:35 (5.)  | 40:42  |
| 724 |     |    |    | Sänger, Angela        | TT TG Witten, DJK        | 1969 |    | 31:58 (1.)  | 32:11  |
| 714 |     |    |    | Söllmann, Ralf        |                          | 1970 |    | 49:56 (10.) | 50:26  |
| 480 |     |    |    | Sturm, Susanne        |                          | 1959 |    | 44:48 (14.) | 45:00  |
| 723 |     |    |    | Warnecke, Ulla        | Marathon Dinslaken       | 1959 |    | 33:59 (2.)  | 34:08  |
| 726 |     |    |    | Wettlaufer, Petra     | Walk and Fun TUS Bommern | 1970 |    | 42:22 (9.)  | 42:53  |
| 779 |     |    |    | Wiethüchter, Wolfgang | Die Wittis               | 1941 |    | 43:47 (9.)  | 44:17  |
| 719 |     |    |    | Winter, Achim         | Boxring 28               | 1962 |    | 36:53 (4.)  | 37:06  |
| 735 |     |    |    | Wystrach, Yvonne      |                          | 1981 |    | 41:00 (6.)  | 41:08  |
| 729 |     |    |    | Zappe, Conny          | Walk and Fun TUS Bommern | 1958 |    | 42:22 (8.)  | 42:53  |