

30. Exter Triathlon - 25. August 2018

Ergebnisliste - Kurzdistanz 1000 m - 36 km - 10 km

| SNR | | Nachname, Vorname | AK | Verein | Zeit | Schwim | Rad | Lauf |
|------|-----|-------------------------|--------|---------------------------|---------|--------|---------|---------|
| 1011 | 1. | Pupkes, Eike | 1. M30 | | 1:52:45 | 14:57 | 1:10:13 | 37:36 |
| 1032 | 2. | Nolte, Nils | 1. M35 | Tri-4-fun SVKT | 1:56:11 | 19:26 | 59:28 | 37:18 |
| 1006 | 3. | Wöhling, Torben | 2. M35 | FC St. Pauli Triathlon | 1:57:47 | 16:20 | 1:02:47 | 38:41 |
| 1008 | 4. | Harbecke, Sascha | 3. M35 | Fortuna Düsseldorf Triath | 1:58:34 | 16:15 | 1:02:25 | 39:55 |
| 1019 | 5. | Schönlau, Roman | 1. M45 | Rad-Treff Borchen | 2:03:28 | 17:21 | 1:01:25 | 44:44 |
| 1002 | 6. | Schuster, Andreas | 1. M60 | 1. Tri Club Paderborn | 2:03:28 | 17:23 | 1:02:54 | 43:12 |
| 1033 | 7. | Theuer, Andreas | 1. M50 | TSV Bordenau | 2:04:24 | 21:38 | 1:00:08 | 42:39 |
| 1037 | 8. | Krause, Holger | 2. M45 | TSVE 1890 Bielefeld | 2:07:31 | 23:09 | 1:04:02 | 40:20 |
| 1010 | 9. | Balz, Maximilian | 1. M20 | | 2:09:00 | 18:10 | 1:07:55 | 42:55 |
| 1023 | 10. | Theine, Stefan | 2. M50 | SC Siedlinghausen | 2:09:06 | 25:01 | 1:02:05 | 42:01 |
| 1030 | 11. | Berg, Martin | 3. M50 | Tri-4-Fun SVKT | 2:09:32 | 23:28 | 1:05:20 | 40:46 |
| 1043 | 12. | Huhn, Carina | 1. W20 | Triathlon Team Witten | 2:10:12 | 18:46 | 1:07:21 | 44:06 |
| 1031 | 13. | Bölke, Jörg | 4. M50 | Tri-4-Fun SVKT | 2:11:52 | 20:41 | 1:08:21 | 42:51 |
| 1020 | 14. | Koch, Dennis | 1. M40 | RC Olympia Bünde e.V. | 2:12:48 | 21:12 | 1:03:40 | 47:57 |
| 1003 | 15. | Kleinehans, Kerstin | 1. W35 | 1. Tri-Club Paderborn | 2:15:48 | 18:32 | 1:10:19 | 46:58 |
| 1044 | 16. | Wehking, Marc-Andree | 3. M45 | Freiwillige Feuerwehr Ami | 2:17:04 | 21:34 | 1:10:13 | 45:18 |
| 1029 | 17. | Marquardt, Kai | 2. M40 | Team Erdinger Alkoholfrei | 2:17:48 | 53:47 | 23:47 | 47:07 |
| 1022 | 18. | Witt, Michael | 2. M30 | SC Aquarius Löhne | 2:23:49 | 24:37 | 1:11:32 | 47:40 |
| 1017 | 19. | Kogel, Marc | 4. M35 | LTB Lippstadt | 2:23:53 | 23:48 | 1:12:59 | 47:08 |
| 1015 | 20. | Morfeld, Torsten | 5. M35 | LTB | 2:24:06 | 25:37 | 1:12:19 | 46:11 |
| 1005 | 21. | Nieder, Justin | 2. M20 | Bielefeld | 2:24:18 | 20:36 | 1:08:14 | 55:29 |
| 1007 | 22. | Reckefuß, Wolfgang | 5. M50 | FC.LATSCHO | 2:25:51 | 20:04 | 1:09:39 | 56:08 |
| 1025 | 23. | Wollschläger, Thomas | 6. M50 | SF Nordvelen Biketreff | 2:26:00 | 21:55 | 1:12:51 | 51:14 |
| 1038 | 24. | Vieth, Markus | 3. M20 | TSVE 1890 Bielefeld | 2:26:47 | 27:12 | 1:15:35 | 44:01 |
| 1039 | 25. | Davids, Erik | 7. M50 | TSVE 1890 Bielefeld | 2:27:35 | 24:23 | 1:13:15 | 49:58 |
| 1001 | 26. | Dankers, Rhea | 2. W20 | 1. Tri Club Paderborn | 2:28:14 | 19:35 | 1:19:33 | 49:07 |
| 1027 | 27. | Büker, Uwe | 1. M55 | SV Ubbedissen | 2:34:10 | 23:19 | 1:18:07 | 52:46 |
| 1004 | 28. | Kersting, Josef | 8. M50 | 1. Tri- Team Gütersloh | 2:35:28 | 29:50 | 1:12:19 | 53:20 |
| 1013 | 29. | Reimann, Andrea | 1. W50 | Laufschule Lauenhagen | 2:37:08 | 23:56 | 1:20:14 | 52:59 |
| 1024 | 30. | Wollschläger, Christine | 1. W45 | SF Nordvelen Biketreff | 2:38:34 | 24:33 | 1:22:18 | 51:44 |
| 1026 | 31. | Soemers, Jens | 3. M40 | Sportfreunde-Uevekoven | 2:47:52 | 25:19 | 1:30:55 | 51:39 |
| 1012 | 32. | Brandhorst, Axel | 9. M50 | Knights of Kolben | 2:48:12 | 26:39 | 1:17:37 | 1:03:57 |

30. Exter Triathlon - 25. August 2018

Ergebnisliste - Volkstriathlon Männer 400m - 20 km - 5 km

| SNR | | Nachname, Vorname | AK | Verein | Zeit | Schwim | Rad | Lauf |
|----------|-----|----------------------------|--------|---------------------------|---------|--------|-------|-------|
| 370 | 1. | Elischer, Renning | 1. M20 | TuS Neukölln Berlin | 57:19 | 5:51 | 34:00 | 17:29 |
| 350 | 2. | Bocker, Marius | 2. M20 | RC Endspurt Herfrod | 1:01:12 | 7:10 | 32:41 | 21:22 |
| 290 | 3. | Brenner, Martin | 1. M35 | Trifit Vallried | 1:01:35 | 8:23 | 33:56 | 19:17 |
| 365 | 4. | Selker, Torsten | 1. M40 | Tri-Sport-Team Ver1 | 1:01:36 | 7:53 | 34:45 | 19:00 |
| 349 | 5. | Butschkat, Guido | 2. M40 | RC Endspurt Herford/Team | 1:01:42 | 8:22 | 35:18 | 18:03 |
| 343 | 6. | Kleinschmidt, Karl | 1. MJU | Marathon Soest | 1:02:04 | 8:00 | 35:36 | 18:29 |
| 101 | 7. | Kiso, Andreas | 1. M50 | SGE Exter | 1:02:32 | 8:12 | 35:29 | 18:52 |
| 357 | 8. | Zarges, Tim | 1. MJA | Tri Team TG Lage | 1:02:58 | 6:51 | 35:39 | 20:29 |
| 369 | 9. | Wehrhahn, Justus | 3. M20 | TuS Bonneberg | 1:03:43 | 7:15 | 37:29 | 19:00 |
| 257 | 10. | Donig, Ralf | 1. M45 | TSV Anderten | 1:03:54 | 7:34 | 34:56 | 21:25 |
| 363 | 11. | Nöthling, Thorsten | 3. M40 | Tri-Sport-Team TV Ver1 | 1:03:58 | 6:58 | 36:40 | 20:21 |
| 367 | 12. | Kerkmann, Tim | 4. M20 | TSVE 1890 Bielefeld | 1:04:01 | 7:52 | 38:23 | 17:48 |
| 362 | 13. | Biernatzki, Ralf | 2. M45 | Tri-Cops Warstein | 1:04:22 | 7:58 | 34:34 | 21:50 |
| 339 | 14. | Müller, Andreas | 3. M45 | 1. Tri Club Paderborn | 1:04:36 | 8:37 | 36:32 | 19:28 |
| 359 | 15. | Penner, Niels | 4. M40 | Tri-4-Fun SVKT | 1:04:43 | 7:30 | 37:20 | 19:54 |
| 347 | 16. | Böker, Marcus | 2. M35 | RC Endspurt Herford | 1:05:47 | 8:05 | 36:27 | 21:16 |
| + 60 351 | 17. | Schönbohm, Jens | 2. M50 | RCE | 1:05:52 | 7:50 | 36:10 | 20:53 |
| 236 | 18. | Bittner, Thorsten | 3. M50 | TSG 07 Burg Gretesch | 1:06:11 | 8:05 | 36:18 | 21:49 |
| 301 | 19. | Strothmann, Jörn | 4. M45 | LC Solbad Ravensberg | 1:06:55 | 10:43 | 36:20 | 19:52 |
| 318 | 20. | Wattenberg/Quiering, Simon | 5. M20 | | 1:07:03 | 8:50 | 37:42 | 20:32 |
| 345 | 21. | Hanau, Maik | 3. M35 | Pixelpenne | 1:07:03 | 9:02 | 37:35 | 20:27 |
| 361 | 22. | Rudloff, Jan Eike | 1. M30 | Triathlon Team Braunschwe | 1:07:32 | 7:35 | 38:50 | 21:08 |
| 340 | 23. | Vollmer, Heinz | 1. M60 | 1. Tri-Club Paderborn | 1:07:49 | 9:20 | 37:06 | 21:23 |
| 356 | 24. | Hanusek, Thoren | 2. MJA | Tri Team TG Lage | 1:07:53 | 10:10 | 37:47 | 19:57 |
| 372 | 25. | Birk, Ralf | 5. M45 | ZwiftRidersGermany (ZRG) | 1:07:55 | 8:30 | 38:03 | 21:24 |
| 284 | 26. | Strobel, Holger | 5. M40 | TG Werste | 1:08:15 | 9:51 | 38:38 | 19:47 |
| 292 | 27. | Spruch, Henning | 4. M35 | RSC RadzFatz | 1:08:27 | 11:40 | 36:31 | 20:16 |
| 269 | 28. | Farwer, Jens | 4. M50 | TG Werste | 1:09:35 | 8:45 | 38:40 | 22:11 |
| 279 | 29. | Martin, Christoph | 6. M45 | Team 4920 BEGA biker | 1:09:47 | 10:20 | 36:58 | 22:30 |
| 200 | 30. | Eikmeier, Uwe | 5. M50 | Vlotho | 1:09:58 | 9:12 | 40:42 | 20:05 |
| 355 | 31. | Raabe, Michel | 6. M50 | Tri Team Dissen | 1:10:02 | 8:09 | 38:14 | 23:40 |
| 354 | 32. | Kostevski, Mitko | 6. M40 | Team Kiso | 1:10:35 | 10:06 | 38:25 | 22:06 |
| 233 | 33. | Bruske, Detlef | 7. M50 | TVC Enger | 1:11:00 | 9:06 | 40:48 | 21:08 |
| 238 | 34. | Junggebauer, Tobias | 7. M45 | Odysseus Erben | 1:11:30 | 9:11 | 40:09 | 22:12 |
| 330 | 35. | Schulze, Henrik | 3. MJA | Tri Team TG Lage | 1:11:44 | 7:25 | 41:06 | 23:14 |
| 287 | 36. | Klenke, Christian | 5. M35 | TG Werste | 1:11:58 | 10:26 | 40:16 | 21:17 |

30. Exter Triathlon - 25. August 2018

Ergebnisliste - Volkstriathlon Männer 400m - 20 km - 5 km

| SNR | Nachname, Vorname | AK | Verein | Zeit | Schwim | Rad | Lauf |
|-----|----------------------------|---------|---------------------------|---------|--------|-------|-------|
| 324 | 37. Sudhölter, Jonas | 2. M30 | TuS Dornberg | 1:12:02 | 10:28 | 39:55 | 21:41 |
| 207 | 38. Henselmann, Frank | 8. M50 | TuS Eintracht Bielefeld | 1:12:04 | 11:26 | 40:33 | 20:06 |
| 331 | 39. Porath, Bernd | 9. M50 | Tri Team TG Lage | 1:12:31 | 8:37 | 40:52 | 23:03 |
| 297 | 40. Fasse, Christian | 3. M30 | Scuderia XF | 1:13:12 | 10:52 | 38:06 | 24:15 |
| 319 | 41. Debus, Timm | 6. M20 | Münster | 1:13:13 | 10:32 | 40:17 | 22:25 |
| 317 | 42. Schwarze, Florian | 4. M30 | | 1:13:15 | 9:37 | 42:13 | 21:26 |
| 307 | 43. Steiner, Simon | 7. M20 | ATV Bonn | 1:13:19 | 9:08 | 40:55 | 23:17 |
| 364 | 44. Brandt, Peter | 10. M50 | Tri-Sport-Team Ver1 | 1:13:27 | 10:16 | 43:18 | 19:53 |
| 291 | 45. Hegmanns, Tobias | 6. M35 | Essen | 1:13:30 | 11:09 | 41:14 | 21:08 |
| 313 | 46. Hellmold, Rudi | 5. M30 | Freie Schwimmer Hannover | 1:13:30 | 10:29 | 40:10 | 22:52 |
| 199 | 47. Eikmeier, Daniel | 8. M20 | Kenianische Lauffreunde V | 1:13:59 | 11:08 | 39:31 | 23:20 |
| 276 | 48. Schröder, Timm | 8. M45 | TUS08 Senne | 1:13:59 | 10:01 | 41:30 | 22:29 |
| 219 | 49. Wilms, Jan-Uwe | 1. M55 | Team ALPLA | 1:14:22 | 9:31 | 40:54 | 23:58 |
| 205 | 50. Paulick, Martin | 11. M50 | WAGO ...Road Runners | 1:14:25 | 9:49 | 41:19 | 23:17 |
| 251 | 51. Fetzko, Alexander | 12. M50 | SC Nammen | 1:14:25 | 8:30 | 41:27 | 24:29 |
| 206 | 52. Altmann, Thomas | 2. M55 | Rc Endspurt Herford | 1:14:27 | 9:50 | 40:39 | 23:59 |
| 218 | 53. Schumacher, Uli | 3. M55 | SV Brackwede | 1:14:29 | 8:47 | 43:42 | 22:01 |
| 272 | 54. Dreiling, Nick | 9. M45 | TVC Enger | 1:14:29 | 8:59 | 41:16 | 24:14 |
| 321 | 55. Babenhauserheide, Nils | 9. M20 | RC Endspurt Herford | 1:14:39 | 9:41 | 41:17 | 23:42 |
| 305 | 56. Pampel, Florian | 10. M20 | Aachen | 1:14:56 | 10:21 | 42:21 | 22:15 |
| 333 | 57. Kästner, Stephan | 10. M45 | Tri Team TG Lage | 1:15:16 | 8:10 | 41:50 | 25:17 |
| 295 | 58. Bentler, Dominik | 6. M30 | Chiparella Atletica | 1:15:33 | 10:07 | 42:27 | 22:59 |
| 325 | 59. Reinecke, Lukas | 2. MJU | vereinslos | 1:15:36 | 11:50 | 38:50 | 24:56 |
| 328 | 60. Fiebig, Lukas | 4. MJA | Tri Team TG Lage | 1:15:53 | 7:53 | 42:06 | 25:55 |
| 366 | 61. Sandow, Kai | 13. M50 | TSVE 1890 Bielefeld | 1:15:55 | 10:35 | 41:51 | 23:29 |
| 252 | 62. Rimpler, Thomas | 4. M55 | SGE Exter | 1:15:57 | 8:43 | 41:21 | 25:55 |
| 322 | 63. Koch, Guido | 7. M30 | Tri Selberg | 1:16:07 | 9:48 | 41:00 | 25:20 |
| 254 | 64. Barkey, Lutz | 11. M45 | TRI Team Dissen e.V. | 1:16:50 | 10:21 | 41:25 | 25:04 |
| 198 | 65. Wiemann, Volker | 14. M50 | Dienstagradler | 1:16:59 | 11:09 | 41:05 | 24:46 |
| 215 | 66. Heger, Stefan | 15. M50 | | 1:17:07 | 10:30 | 40:45 | 25:53 |
| 274 | 67. Heisterkamp, Alexander | 12. M45 | Team Tabasco | 1:17:12 | 9:18 | 44:28 | 23:27 |
| 342 | 68. Hasler, Uwe | 5. M55 | 1. Tri-Team Gütersloh GTV | 1:17:36 | 8:21 | 42:19 | 26:57 |
| 188 | 69. Hesse, Klaus | 2. M60 | VfL Holsen | 1:17:37 | 13:40 | 41:04 | 22:53 |
| 282 | 70. Schorre, Björn | 7. M40 | SC Aquarius Löhne | 1:17:41 | 9:41 | 42:43 | 25:18 |
| 214 | 71. Schmidtpeter, Richard | 16. M50 | Meidericher Spielverein | 1:17:42 | 10:00 | 42:55 | 24:48 |
| 268 | 72. Wolfgramm, Klaus | 3. M60 | RC-Endspurt Herford | 1:17:42 | 12:05 | 42:00 | 23:39 |

30. Exter Triathlon - 25. August 2018

Ergebnisliste - Volkstriathlon Männer 400m - 20 km - 5 km

| | SNR | Nachname, Vorname | AK | Verein | Zeit | Schwim | Rad | Lauf |
|------|-----|-----------------------------|---------|------------------------|---------|--------|-------|-------|
| | 320 | 73. Fechner, Fabian | 8. M30 | | 1:17:54 | 13:14 | 41:02 | 23:40 |
| | 213 | 74. Heidsiek, Ralf | 6. M55 | LT Freya Friedewalde | 1:17:58 | 11:07 | 41:21 | 25:32 |
| | 271 | 75. Wattenberg, Carsten | 13. M45 | TV Lemgo | 1:17:59 | 10:05 | 44:12 | 23:44 |
| | 353 | 76. Dollas, Fabian | 11. M20 | Team ALPLA | 1:18:01 | 10:45 | 43:40 | 23:37 |
| + 60 | 332 | 77. Wältking, Hans-Conrad | 17. M50 | Tri Team TG Lage | 1:18:02 | 9:51 | 41:06 | 26:07 |
| | 360 | 78. Thies, Dietmar | 18. M50 | Triabolos Hamburg e.V. | 1:18:04 | 10:48 | 42:58 | 24:19 |
| | 260 | 79. Schmiedeskamp, Bernt | 4. M60 | TSVE 1890 Bielefeld | 1:18:06 | 11:58 | 44:20 | 21:50 |
| | 270 | 80. Wrede, Dirk | 19. M50 | TEA | 1:18:27 | 11:15 | 43:02 | 24:11 |
| | 245 | 81. Bartling, Jörg | 7. M55 | DLRG Porta Westfalica | 1:18:31 | 12:48 | 41:57 | 23:47 |
| | 194 | 82. Höfer, Oliver | 20. M50 | Dienstagsradler | 1:18:39 | 11:04 | 41:07 | 26:29 |
| | 263 | 83. Dröge, Ralf | 14. M45 | VFL Holsen | 1:18:53 | 13:31 | 43:47 | 21:37 |
| | 253 | 84. Biermann, Thomas | 21. M50 | SGE Exter | 1:19:06 | 10:34 | 42:43 | 25:49 |
| | 204 | 85. Weller, Dietmar | 8. M55 | SG Schorndorf | 1:19:07 | 11:00 | 42:40 | 25:27 |
| | 203 | 86. Hohmeier, Andreas | 9. M55 | SG Schorndorf | 1:19:13 | 9:46 | 42:55 | 26:32 |
| | 216 | 87. Posnanski, Peter | 10. M55 | Rehburg-Loccum | 1:19:13 | 10:55 | 44:21 | 23:58 |
| | 329 | 88. Kästner, David | 5. MJA | Tri Team TG Lage | 1:19:18 | 8:27 | 48:08 | 22:44 |
| | 197 | 89. Niemann, Volker | 22. M50 | Dienstagsradler | 1:19:37 | 26:26 | 26:36 | 26:35 |
| | 323 | 90. Schubert, Felix | 6. MJA | Tri Sport Team Ver1 | 1:19:39 | 10:59 | 43:29 | 25:12 |
| | 288 | 91. Schäfer, Jaron | 7. M35 | SGE Exter | 1:19:40 | 11:06 | 42:57 | 25:38 |
| | 352 | 92. Rimpler, Tobias | 7. MJA | SGE Exter | 1:20:20 | 9:50 | 43:28 | 27:03 |
| | 237 | 93. Windmüller, Thorsten | 15. M45 | Odysseus Erben | 1:20:29 | 12:51 | 42:02 | 25:37 |
| | 231 | 94. Föste, Frank | 23. M50 | TuS Spenge | 1:20:31 | 12:05 | 43:05 | 25:23 |
| | 315 | 95. Wehmeier, Jan | 12. M20 | Intersport Voswinkel | 1:20:46 | 8:55 | 41:06 | 30:47 |
| | 289 | 96. Meyer, Dominik | 13. M20 | RC Endspurt Herford | 1:20:49 | 13:19 | 44:24 | 23:07 |
| | 182 | 97. Pannen, Frederik | 14. M20 | Life House Stenwede | 1:20:58 | 11:29 | 45:19 | 24:11 |
| | 286 | 98. Hoischen, Sven | 9. M30 | | 1:21:02 | 9:10 | 45:50 | 26:04 |
| | 235 | 99. Schrader, Björn | 16. M45 | SGE Exter Triathlon | 1:21:12 | 10:20 | 44:42 | 26:10 |
| | 346 | 100. Bocker, Martin | 11. M55 | RC Endspurt Herford | 1:21:21 | 10:02 | 45:31 | 25:49 |
| | 242 | 101. Cordsmeier, Martin | 24. M50 | 1. Tri-Club Paderborn | 1:21:24 | 11:37 | 42:04 | 27:44 |
| | 358 | 102. Knoche, Ulrich | 5. M60 | Tri Team Ver1 | 1:21:28 | 11:23 | 43:20 | 26:46 |
| | 348 | 103. Wredenhagen, Torsten | 25. M50 | RC Endspurt Herford | 1:21:33 | 9:04 | 44:50 | 27:39 |
| | 310 | 104. Fitte, Christian | 15. M20 | CVJM Lohe | 1:21:33 | 10:36 | 44:09 | 26:49 |
| | 266 | 105. Wilken, Rocco | 8. M40 | SGE Exter | 1:21:54 | 9:27 | 46:39 | 25:48 |
| | 246 | 106. Pilgrim, Lars | 17. M45 | DLRG Vlotho | 1:21:58 | 10:08 | 45:37 | 26:14 |
| | 229 | 107. Bollhöfer, Hans-Ulrich | 12. M55 | TUS Grastrup-Retzen | 1:22:03 | 10:29 | 44:06 | 27:29 |
| | 202 | 108. Söffker, Guido | 26. M50 | | 1:22:04 | 10:09 | 44:02 | 27:54 |

30. Exter Triathlon - 25. August 2018

Ergebnisliste - Volkstriathlon Männer 400m - 20 km - 5 km

| SNR | Nachname, Vorname | AK | Verein | Zeit | Schwim | Rad | Lauf |
|-----|---------------------------------|---------|----------------------------|---------|--------|---------|-------|
| 326 | 109. Brüll, Florian | 8. MJA | Vereinlos | 1:22:13 | 10:35 | 44:08 | 27:31 |
| 175 | 110. Fügenschuh, Marco | 18. M45 | | 1:22:31 | 11:31 | 44:54 | 26:07 |
| 256 | 111. Biermann, Andreas | 19. M45 | TSG Kirchlengern | 1:22:39 | 12:21 | 46:15 | 24:03 |
| 327 | 112. Höckenschnieder, Jan-Malte | 16. M20 | Vlotho | 1:22:45 | 13:48 | 43:19 | 25:38 |
| 248 | 113. Heuer, Jürgen | 20. M45 | LG Emsdetten | 1:22:47 | 12:58 | 46:12 | 23:38 |
| 280 | 114. Nordmann, Christian | 21. M45 | Bissendorf | 1:22:51 | 10:40 | 46:30 | 25:43 |
| 294 | 115. Berges, Dirk | 10. M30 | Leopoldshöhe | 1:23:45 | 12:22 | 47:47 | 23:36 |
| 316 | 116. Süllwold, Leif-Jascha | 17. M20 | Kalletal | 1:24:04 | 12:55 | 44:43 | 26:27 |
| 262 | 117. Knospe, Olaf | 27. M50 | TUS Senne | 1:24:06 | 13:31 | 46:03 | 24:33 |
| 243 | 118. Achilles, Alexis | 22. M45 | Altherrenrunde Deister | 1:25:04 | 10:52 | 46:06 | 28:07 |
| 240 | 119. Windmüller, Noah | 3. MJU | Odysseus Erben | 1:25:04 | 10:03 | 45:07 | 29:55 |
| 186 | 120. Wandtke, Thomas | 1. M65 | Notfallkoffer.de | 1:25:07 | 12:13 | 46:51 | 26:04 |
| 261 | 121. Fischer, Thomas | 23. M45 | TuRa Löhne Lauftreff | 1:25:14 | 12:12 | 46:45 | 26:18 |
| 306 | 122. Atai, Abbas | 4. MJU | Angekommen - in deiner St | 1:25:20 | 11:53 | 46:18 | 27:10 |
| 208 | 123. Hoischen, Dr., Stefan | 13. M55 | LTS | 1:25:21 | 12:23 | 45:39 | 27:20 |
| 278 | 124. Lässig, Daniel | 8. M35 | CrossFit Bielefeld | 1:25:31 | 12:24 | 46:35 | 26:32 |
| 228 | 125. Cselenyi, Laszlo | 28. M50 | TSVE 1890 Bielefeld | 1:25:43 | 11:33 | 46:37 | 27:34 |
| 239 | 126. Maag, Dirk | 24. M45 | Odysseus Erben | 1:26:03 | 12:23 | 48:44 | 24:57 |
| 255 | 127. Blume, Dietmar | 25. M45 | TriFun Hennesee | 1:26:41 | 10:43 | 49:50 | 26:10 |
| 300 | 128. Katilar, Nurullah | 26. M45 | K&S Werkzeugmaschinen OHG | 1:27:10 | 12:40 | 46:15 | 28:15 |
| 267 | 129. Imkamp, Hans-Peter | 29. M50 | Freie Schwimmer Düsseldorf | 1:27:22 | 11:29 | 49:54 | 26:00 |
| 227 | 130. Glarmin, Michael | 30. M50 | Tri Team Eickelborn | 1:27:42 | 12:29 | 49:10 | 26:04 |
| 177 | 131. Uthbrok, Andreas | 27. M45 | Life House Stemwede | 1:28:22 | 12:47 | 50:17 | 25:20 |
| 308 | 132. Hermeier, Markus | 18. M20 | Bad Salzuflen | 1:28:35 | 10:09 | 52:59 | 25:28 |
| 250 | 133. Waldeck, Lothar | 31. M50 | | 1:29:59 | 13:58 | 50:17 | 25:45 |
| 222 | 134. Höhn, Dennis | 11. M30 | Team ALPLA | 1:30:01 | 15:32 | | |
| 281 | 135. Pergande, Manfred | 28. M45 | Bünde | 1:30:13 | 12:55 | 50:08 | 27:11 |
| 193 | 136. Hoffmann, Eberhard | 14. M55 | | 1:31:16 | 10:56 | 50:44 | 29:38 |
| 179 | 137. Lampe, Thorsten | 29. M45 | Life House Stemwede | 1:31:30 | 14:09 | 50:49 | 26:33 |
| 176 | 138. Meier, Peter | 32. M50 | Life House Stemwede | 1:31:58 | 13:37 | 50:59 | 27:23 |
| 183 | 139. Zippel, Matthis | 19. M20 | Life House Stemwede | 1:33:05 | 13:27 | 49:57 | 29:42 |
| 275 | 140. Lux, Andreas | 30. M45 | | 1:33:33 | 14:59 | 49:33 | 29:03 |
| 191 | 141. Hase, Stephen | 6. M60 | SV Erichshagen | 1:33:53 | 13:34 | 51:08 | 29:12 |
| 258 | 142. Winkler, Hans-Dieter | 33. M50 | TSV Buke | 1:34:07 | 12:37 | 54:42 | 26:49 |
| 298 | 143. Bertram, Vincent | 12. M30 | dadde1-lounge | 1:34:13 | 10:29 | 1:01:07 | 22:38 |
| 220 | 144. Romoth, Hubert | 31. M45 | Team ALPLA | 1:34:42 | 15:33 | 53:02 | 26:08 |

30. Exter Triathlon - 25. August 2018

Ergebnisliste - Volkstriathlon Männer 400m - 20 km - 5 km

| SNR | Nachname, Vorname | AK | Verein | Zeit | Schwim | Rad | Lauf |
|------|-----------------------------|---------|------------------------|---------|--------|---------|-------|
| 196 | 145. Eikmeier, Olaf | 15. M55 | Dienstagsradler | 1:35:09 | 14:21 | 47:08 | 33:41 |
| 170 | 146. Trayser, Günter | 1. M75 | Bielefeld | 1:36:12 | 12:11 | 50:11 | 33:51 |
| 232 | 147. Brünger, Dr. Gero | 34. M50 | TV Werther | 1:36:41 | 15:29 | 55:44 | 25:29 |
| 178 | 148. Schulz, Lars | 32. M45 | Life House Stemwede | 1:36:52 | 10:31 | 53:49 | 32:32 |
| 225 | 149. Brinkmeier, Klaus | 16. M55 | Tri Team Eickelborn | 1:37:35 | 16:11 | 51:55 | 29:31 |
| 344 | 150. Junglas, Paul | 5. MJU | Marathon Soest | 1:37:42 | 11:47 | 53:11 | 32:44 |
| 192 | 151. Drawe, Joachim | 17. M55 | ABI Bad Salzuflen | 1:39:22 | 13:19 | 56:37 | 29:26 |
| 210 | 152. Mawick, Leon | 20. M20 | FKG Solz vor der Hütte | 1:41:17 | 20:20 | 56:59 | 23:59 |
| 174 | 153. Vogel-Eickhoff, Jürgen | 2. M65 | Hiddenhausen | 1:42:09 | 13:45 | 52:13 | 36:12 |
| 173 | 154. Schröter, Christian | 3. M65 | Gütersloh | 1:45:23 | 16:12 | 55:21 | 33:51 |
| 169 | 155. Müller, Rudi | 1. M80 | HCE-Eidinghausen | 1:48:02 | 14:01 | 55:24 | 38:38 |
| 211 | 156. Marten, Volker | 18. M55 | FKG Solz vor der Hütte | 1:54:43 | 17:09 | 1:04:13 | 33:22 |
| 184 | 157. Guennoc, Hervé | 35. M50 | Life House Stemwede | 1:55:44 | 14:31 | 58:49 | 42:25 |
| 181 | 158. Röhling, Stefan | 9. M35 | Life House Stemwede | 1:56:36 | 14:06 | 1:06:20 | 36:12 |
| 209 | 159. Mawick, Juhl | 6. MJU | FKG Solz vor der Hütte | 1:57:00 | 20:22 | 1:01:11 | 35:28 |
| 217 | 160. Abraham, Uwe | 19. M55 | SC Vlotho-Altliga | 1:58:34 | 16:31 | 1:01:07 | 40:57 |
| 221 | 161. Nehring, Alexander | 13. M30 | Team ALPLA | 2:00:35 | 24:00 | 1:04:04 | 32:31 |
| 212 | 162. Mawick, Carsten | 36. M50 | FKG Solz vor der Hütte | 2:01:27 | 17:28 | 1:04:19 | 39:42 |
| 180 | 163. Steinmann, Christoph | 14. M30 | Life House Stemwede | 2:04:01 | 14:45 | 1:05:30 | 43:46 |
| 185 | 164. Albari, Moamal | 9. MJA | Life House Stemwede | 2:09:27 | 11:17 | 1:14:53 | 43:18 |
| 311. | Eppelt, Tristan | M30 | Dream Team | disq. | 8:59 | 47:10 | 24:07 |

30. Exter Triathlon - 25. August 2018

Ergebnisliste - Volkstriathlon Frauen 400m - 20 km - 5 km

| SNR | | Nachname, Vorname | AK | Verein | Zeit | Schwim | Rad | Lauf |
|-----|-----|-----------------------|--------|---------------------------|---------|--------|-------|-------|
| 102 | 1. | Brammert, Jasmin | 1. W35 | Racing Team RC Endspurt H | 1:06:30 | 8:23 | 38:06 | 20:02 |
| 129 | 2. | Schubert, Stephanie | 1. W40 | Tri Sport Team Ver1 | 1:10:49 | 8:13 | 40:19 | 22:18 |
| 116 | 3. | Kleinschmidt, Gabi | 1. W50 | Marathon Soest | 1:12:58 | 9:00 | 40:48 | 23:10 |
| 127 | 4. | Leistikow, Rosanna | 1. W20 | Marathon Soest | 1:14:13 | 9:08 | 42:24 | 22:42 |
| 112 | 5. | Brandenburg, Emily | 1. WJA | Tri Team TG Lage | 1:14:26 | 9:10 | 42:31 | 22:47 |
| 114 | 6. | Strothmann, Antje | 2. W50 | LC Solbad Ravensberg | 1:14:32 | 10:46 | 41:28 | 22:19 |
| 130 | 7. | Klein, Sabrina | 1. W30 | | 1:15:00 | 9:26 | 42:42 | 22:53 |
| 103 | 8. | Brock, Swantje | 2. W40 | Team GRUEF.VELO | 1:15:42 | 9:29 | 44:14 | 21:59 |
| 119 | 9. | Wegener, Christina | 1. W45 | SC Aquarius Löhne | 1:16:38 | 10:11 | 42:26 | 24:01 |
| 126 | 10. | Kerksiek, Nicole | 2. W45 | Bielefeld | 1:18:22 | 9:28 | 44:12 | 24:43 |
| 106 | 11. | Schrader, Anneke | 2. WJA | SGE Exter Triathlon | 1:18:32 | 9:19 | 42:34 | 26:41 |
| 118 | 12. | Vorndamme, Britta | 3. W40 | RC Endspurt Herford | 1:19:27 | 10:50 | 44:20 | 24:18 |
| 107 | 13. | Schrader, Carmen | 3. W45 | SGE Exter Triathlon | 1:19:57 | 10:44 | 43:37 | 25:36 |
| 105 | 14. | Bunte, Anne-Kathrin | 1. W55 | TC Endspurt Herford/TEA | 1:19:59 | 10:29 | 45:28 | 24:03 |
| 120 | 15. | Becker, Hannah | 1. WJU | 1. Tri-Club Paderborn | 1:20:03 | 8:51 | 45:21 | 25:52 |
| 131 | 16. | Störmer, Lea | 2. W20 | Intersport Voswinkel | 1:20:09 | 10:10 | 43:57 | 26:03 |
| 117 | 17. | Hannemann, Bianca | 4. W40 | Tri-Sport-Team Ver1 | 1:20:47 | 9:49 | 45:33 | 25:26 |
| 163 | 18. | Hesse, Regina | 1. W60 | VfL Holsen | 1:20:51 | 11:40 | 45:42 | 23:30 |
| 161 | 19. | Dreiling, Sonja | 4. W45 | TVC Enger | 1:21:03 | 10:13 | 45:27 | 25:23 |
| 137 | 20. | Bertram, Henrike | 2. W30 | daddel - lounge | 1:21:07 | 9:58 | 46:10 | 24:59 |
| 113 | 21. | Bocker, Katrin | 3. WJA | RC Endspurt Herford | 1:21:09 | 7:27 | 46:48 | 26:55 |
| 109 | 22. | Rimpler, Cornelia | 3. W50 | SGE Exter | 1:21:16 | 10:23 | 43:10 | 27:44 |
| 162 | 23. | Funda, Klara | 3. W20 | vereinslos | 1:21:17 | 10:16 | 44:39 | 26:24 |
| 124 | 24. | Nagel, Mira | 2. W35 | SC Aquarius Löhne | 1:21:41 | 9:27 | 44:48 | 27:26 |
| 144 | 25. | Kramer, Julia | 4. W20 | | 1:21:42 | 10:14 | 44:45 | 26:44 |
| 125 | 26. | Körner-Downes, Monika | 2. W60 | Tri Team TG Lage | 1:22:31 | 12:10 | 44:34 | 25:47 |
| 145 | 27. | Heuer, Tanja | 5. W40 | LG Emsdetten | 1:22:37 | 11:35 | 47:09 | 23:54 |
| 121 | 28. | Heidsiek, Heike | 4. W50 | Tri-4-Fun SVKT | 1:24:22 | 11:11 | 46:26 | 26:47 |
| 159 | 29. | Sudhölter, Hannah | 5. W20 | TuS Dornberg | 1:24:52 | 11:56 | 49:40 | 23:17 |
| 151 | 30. | Roesler, Sarah | 6. W20 | PINK&ADEL Racing Team | 1:25:29 | 11:36 | 46:25 | 27:29 |
| 142 | 31. | Niemeier, Beate | 3. W30 | GSV zwischen Weser und Wi | 1:27:52 | 12:23 | 48:01 | 27:29 |
| 152 | 32. | Bessel, Sonja | 3. W35 | SGE Exter | 1:27:53 | 11:02 | 47:17 | 29:35 |
| 149 | 33. | Simon, Frauke | 5. W50 | Göttingen | 1:28:05 | 12:35 | 48:30 | 27:01 |
| 123 | 34. | Säfken, Michaela | 6. W50 | Tri Team TG Lage | 1:29:40 | 12:03 | 48:17 | 29:21 |
| 164 | 35. | Häußer, Bianca | 6. W40 | VITAL MIT WOHLGEWICHT | 1:30:16 | 10:55 | 52:37 | 26:45 |
| 150 | 36. | Schumacher, Kim | 4. W30 | | 1:30:40 | 13:02 | 51:24 | 26:15 |

30. Exter Triathlon - 25. August 2018

Ergebnisliste - Volkstriathlon Frauen 400m - 20 km - 5 km

| SNR | Nachname, Vorname | AK | Verein | Zeit | Schwim | Rad | Lauf |
|------|---------------------------|---------|-------------------------|---------|--------|---------|-------|
| 143 | 37. Sewald, Eva Maria | 7. W20 | Gütersloh | 1:31:19 | 11:06 | 49:04 | 31:10 |
| 146 | 38. Schütz, Natalja | 8. W20 | Life House Stemwede | 1:32:01 | 12:22 | 54:19 | 25:22 |
| 157 | 39. Schäfer, Susanne | 2. W55 | TSVE 1890 Bielefeld | 1:34:02 | 14:06 | 53:13 | 26:44 |
| 160 | 40. Kleffmüller, Christa | 3. W55 | TVC Enger | 1:35:45 | 12:29 | 52:10 | 31:07 |
| 108 | 41. Kiso, Renate | 4. W55 | SGE Exter | 1:36:14 | 12:46 | 51:34 | 31:55 |
| 155 | 42. Koch, Manuela | 5. W45 | Tri Selberg | 1:36:27 | 14:01 | 52:19 | 30:08 |
| 141 | 43. Franke, Andrea | 6. W45 | Flying Stöckels de luxe | 1:36:37 | 14:02 | 55:51 | 26:45 |
| 140 | 44. Sundermeyer, Stefanie | 7. W50 | Flying Stöckels de Luxe | 1:38:27 | 14:04 | 55:52 | 28:32 |
| 110 | 45. Simon, Claudia | 7. W40 | SGE Exter | 1:38:30 | 13:39 | 50:26 | 34:26 |
| 132 | 46. Stocksmeier, Anne | 5. W30 | Lemgo | 1:39:03 | 12:52 | 57:26 | 28:45 |
| 139 | 47. Reibke, Julia | 9. W20 | Dream Team | 1:39:33 | 14:47 | 55:12 | 29:35 |
| 158 | 48. Feiner, Rebecca | 10. W20 | TuS Dornberg | 1:41:03 | 11:57 | 56:51 | 32:16 |
| 154 | 49. Röll-Hilbers, Petra | 8. W50 | TG DDD Hannover | 1:45:42 | 11:45 | 56:00 | 37:58 |
| 147 | 50. Völler, Luca Alina | 2. WJU | Life House Stemwede | 1:48:28 | 11:28 | 1:05:52 | 31:08 |
| 168 | 51. Guenhoc, Susan | 8. W40 | Life House Stemwede | 1:52:09 | 15:53 | 1:02:27 | 33:50 |
| 111 | 52. Bulthaup, Celine | 11. W20 | TSG Kirchlengern | 1:53:10 | 11:43 | 1:05:21 | 36:07 |
| 135 | 53. Prüßner, Christine | 9. W50 | | 1:54:18 | 15:14 | 1:06:00 | 33:05 |
| 122. | Behle, Maren | W20 | TuS Neukölln Berlin | aufg. | 8:16 | 44:40 | |

30. Exter Triathlon - 25. August 2018

Ergebnisliste - Volkstriathlon Staffel 400m - 20 km - 5 km

| SNR | Nachname, Vorname | AK | Verein | Zeit | Schwim | Rad | Lauf |
|-----|---|----------|---------------------------|---------|--------|-------|-------|
| 508 | 1. Eickhoff, Marcel Nagel, Stefan - Kemper, Nils | 1. STAF | TriTeam Kannegiesser | 1:01:36 | 6:40 | 36:17 | 18:40 |
| 537 | 2. Krüger, Hans Mundt, Julius - Krüger, Volker | 2. STAF | Praxis Impulse Bielefeld | 1:01:51 | 11:46 | 31:43 | 18:23 |
| 532 | 3. Kaltschmidt, Jan Pescher, Georg - Oettler, Mauritz | 3. STAF | Alpla 1 | 1:03:23 | 5:29 | 39:03 | 18:52 |
| 530 | 4. Rotov-Hübert, Anatoli Sprick, Marcel - Luthe, Dennis | 4. STAF | Triathlonfreunde Stadtwer | 1:04:29 | 7:05 | 38:21 | 19:04 |
| 531 | 5. Wernicke, Jan Grädtke, Kai - Beckmann, Heiner | 5. STAF | Drei auf Abwegen | 1:06:39 | 6:29 | 42:24 | 17:47 |
| 510 | 6. Hill, Emma Hill, Matthias - Hill, Vincent | 6. STAF | Team Mischmasch | 1:07:22 | 8:18 | 38:09 | 20:56 |
| 525 | 7. Neubert, Sascha Glauert, Jens - Keller, Ricardo | 7. STAF | Die Heiligen 3 Könige | 1:07:25 | 8:13 | 41:23 | 17:51 |
| 523 | 8. Jaschewski, Jens Meinert, Georg - von Holten, Andree | 8. STAF | Länge läuft | 1:09:33 | 7:40 | 42:20 | 19:34 |
| 507 | 9. Dickenbrok, Carsten Sieker, Michael - Kühn, Michael | 9. STAF | Finnischer | 1:09:48 | 10:32 | 37:43 | 21:34 |
| 535 | 10. Kannegiesser, Stefan Vollbracht, Thomas - Meier, Raphael | 10. STAF | Expendables ³ | 1:10:01 | 7:08 | 42:27 | 20:26 |
| 518 | 11. Hoffmann, Clara Simon, Jannik - Simon, Tilman | 11. STAF | Sportclub Hosisi | 1:10:46 | 7:13 | 39:58 | 23:36 |
| 527 | 12. Szafarczyk, Nicolas Weiffenbach, Frank - Fischer, Sascha | 12. STAF | IWA-Metall | 1:11:30 | 6:36 | 42:10 | 22:44 |

30. Exter Triathlon - 25. August 2018

Ergebnisliste - Volkstriathlon Staffel 400m - 20 km - 5 km

| SNR | | Nachname, Vorname | AK | Verein | Zeit | Schwim | Rad | Lauf |
|-----|-----|--|----------|---------------------------|---------|--------|-------|-------|
| 519 | 13. | Lipinski, Stefanie Westerbarkei, Detlef - Weege, Guido | 13. STAF | RSV Waddenhausen 1 | 1:11:42 | 9:35 | 42:14 | 19:54 |
| 521 | 14. | Brune-Voss, Birgit Rasch, Markus - Schildmann, Andreas | 14. STAF | RSV Waddenhausen III | 1:12:40 | 8:33 | 41:10 | 22:58 |
| 526 | 15. | Kütemeier, Maximilian Kiso, Hans-Heinrich - Obermowe, Jan | 15. STAF | Die KOK's | 1:13:02 | 8:30 | 43:43 | 20:50 |
| 536 | 16. | Jabs, Anja Rentz, Thomas - Vieregge, Thomas | 16. STAF | Schlimmer geht's immer | 1:15:26 | 8:01 | 47:01 | 20:24 |
| 516 | 17. | Söffker, Christina Engelmann, Roberto - Tiemann, Lenard | 17. STAF | Schröder + Schierenberg S | 1:15:37 | 8:53 | 44:48 | 21:57 |
| 528 | 18. | Kleine-Weber, Andrea Dörflein, Konstantin - Kölling, Sabine | 18. STAF | Nimm 3 | 1:16:26 | 8:32 | 36:20 | 31:36 |
| 503 | 19. | Bocker, Julia Bocker, Corinna - Hopp, Nina | 19. STAF | fit & hop | 1:17:09 | 7:52 | 41:48 | 27:31 |
| 520 | 20. | Grote, Ulrich Pohl, Andreas - Bergmann, Peter | 20. STAF | RSV Waddenhausen 2 | 1:17:10 | 10:02 | 45:02 | 22:07 |
| 512 | 21. | Polls, Carsten Jakubowski, Lars - Meyer, Nicole | 21. STAF | Jacobischule Kalletal | 1:18:46 | 7:24 | 43:24 | 27:59 |
| 529 | 22. | Pilgrim, Lilly Pilgrim, Meike - Lenger, Leo Moritz | 22. STAF | Jung, jünger, am jüngsten | 1:19:03 | 8:11 | 49:03 | 21:50 |
| 513 | 23. | Krempin, Markus Khalaf, Al Ibrahim - Heimann, Alexej | 23. STAF | Projekt Angekommen/BAJ 1 | 1:19:40 | 7:10 | 47:06 | 25:25 |
| 533 | 24. | Kaltschmidt, Julia Markovic, Marco - Sahin, Burak | 24. STAF | Alpla 2 | 1:20:39 | 6:41 | 42:01 | 31:58 |

30. Exter Triathlon - 25. August 2018

Ergebnisliste - Volkstriathlon Staffel 400m - 20 km - 5 km

| SNR | Nachname, Vorname | AK | Verein | Zeit | Schwim | Rad | Lauf |
|------|---|----------|-----------------------|---------|--------|-------|-------|
| 509 | 25. Herzberg, Christian Limpke, Carolin - Kuhfuß, Tim | 25. STAF | KonSpeed Kannegiesser | 1:21:11 | 8:46 | 51:00 | 21:25 |
| 502 | 26. Lubich, Rabea Lubich, Martin - Lubich, Bastian | 26. STAF | Masaraba | 1:21:41 | 10:51 | 47:31 | 23:21 |
| 522 | 27. K., M. Beck, Nicole - C., S. | 27. STAF | F=ma | 1:23:42 | 11:54 | 44:06 | 27:44 |
| 524 | 28. Schwager, Kathrin Adam, Bernd - Sorhage, Sandra | 28. STAF | Stadtwerke Vlotho | 1:24:44 | 9:11 | 49:16 | 26:18 |
| 517 | 29. Drifthaus, Katrin Schmoranzer, Lutz - Schmoranzer, Daniela | 29. STAF | Beamtenblitz | 1:25:04 | 10:15 | 47:13 | 27:37 |
| 534 | 30. Stock, Tobias Warenik, Lukas - Wilms, Jan-Uwe | 30. STAF | Alpla 3 | 1:25:18 | 10:44 | 51:34 | 23:01 |
| 504 | 31. Voigt, Carsten Sander, Jochen - Czypulowski, Dietmar | 31. STAF | Hüttenalarm | 1:26:07 | 8:52 | 53:06 | 24:10 |
| 511. | Nottmeier, Sabrina Beier, Marco - Radaut, Maik | STAF | Das Heinzel-Trio | aufg. | 10:12 | | |

30. Exter Triathlon - 25. August 2018
 Ergebnisliste - Schüler A+B 100m - 6 km - 1000 m

| SNR | | Nachname, Vorname | AK | Verein | Zeit | Schwim | Rad | Lauf |
|-----|-----|--------------------------|---------|--------------------------|---------|--------|-------|-------|
| 54 | 1. | Ewerbeck, Philipp | 1. MSA | TV Lemgo/Triathlon | 24:08 | 2:46 | 16:02 | 5:21 |
| 46 | 2. | Führung, Marla | 1. WSA | TV Lemgo | 24:20 | 2:16 | 17:04 | 5:01 |
| 51 | 3. | Strothmann, Sarah | 2. WSA | LC Solbad Ravensberg | 24:22 | 3:17 | 16:02 | 5:04 |
| 38 | 4. | Fißmer, Benedikt | 1. MSB | Tri Team TG Lage | 24:31 | 2:32 | 16:25 | 5:35 |
| 53 | 5. | Burzeja, Jannis | 2. MSA | TV Lemgo | 24:39 | 2:53 | 15:47 | 6:01 |
| 50 | 6. | Wernicke, Kea | 3. WSA | Grabbe-Gymnasium Detmold | 24:51 | 2:45 | 16:37 | 5:29 |
| 47 | 7. | Koch, Emily-Marie | 4. WSA | RC Olympia Bünde e.V. | 26:13 | 3:26 | 17:10 | 5:38 |
| 52 | 8. | Waltking, Jordis | 5. WSA | Tri Team TG Lage | 26:43 | 3:02 | 17:55 | 5:48 |
| 40 | 9. | Bertram, Justus | 2. MSB | TV Lemgo | 26:47 | 2:58 | 18:17 | 5:32 |
| 34 | 10. | Koch, Timothy-Sean | 3. MSB | RC Olympia Bünde e.V. | 27:01 | 3:57 | 18:05 | 4:59 |
| 41 | 11. | Dreiling, Hannes | 4. MSB | TVC Enger | 28:28 | 4:04 | 19:11 | 5:14 |
| 49 | 12. | Niedernohte, Laura Marie | 6. WSA | SGE Exter | 30:04 | 3:16 | 21:19 | 5:30 |
| 39 | 13. | Führung, Roque | 5. MSB | TV Lemgo | 30:09 | 4:08 | 19:37 | 6:25 |
| 33 | 14. | Gieselmann, Lars | 6. MSB | Hiddenhausen | 30:21 | 3:50 | 20:41 | 5:50 |
| 42 | 15. | Große, Lennart | 7. MSB | VfB Schloß Holte | 30:55 | 4:56 | 19:01 | 6:59 |
| 43 | 16. | Badstieber, Ben | 8. MSB | SGE-Exter | 34:09 | 6:18 | 21:26 | 6:27 |
| 32 | 17. | Soemers, Janis | 9. MSB | BC Efferen | 34:09 | 4:32 | 23:37 | 6:01 |
| 35 | 18. | Fromm, Maurice | 10. MSB | SC Vlotho | 34:52 | 5:24 | 23:48 | 5:41 |
| 48 | 19. | Mohme, Rieke | 7. WSA | SG Kalldorf | 35:25 | 8:08 | 21:32 | 5:46 |
| 36 | 20. | Wehking, Tim | 11. MSB | SV 1860 Minden | 36:56 | 5:12 | 25:04 | 6:42 |
| 72 | 21. | Albari, Ayman | 3. MSA | Life House Stemwede | 38:51 | 7:20 | 23:10 | 8:23 |
| 75 | 22. | Uthbrock, Maximilian | 12. MSB | Life House Stemwede | 48:31 | 5:50 | 31:29 | 11:13 |
| 73 | 23. | Mansoori, Tanesh | 4. MSA | Life House Stemwede | 1:00:54 | 12:00 | 38:04 | 10:52 |

30. Exter Triathlon - 25. August 2018
Ergebnisliste - Jugend B 100 m - 6 km - 1000 m

| SNR | | Nachname, Vorname | AK | Verein | Zeit | Schwim | Rad | Lauf |
|-----|-----|------------------------|--------|--------------------------|-------|--------|-------|------|
| 65 | 1. | Albert, Henning | 1. MJB | LV TriStar Oelde | 20:42 | 2:26 | 13:51 | 4:26 |
| 69 | 2. | Ewerbeck, Henrik | 2. MJB | TV Lemgo/Triathlon | 21:00 | 2:20 | 14:15 | 4:26 |
| 60 | 3. | Wattenberg, Pauline | 1. WJB | TV Lemgo | 21:18 | 2:09 | 14:20 | 4:50 |
| 64 | 4. | Wernicke, Nils | 3. MJB | Grabbe-Gymnasium Detmold | 22:08 | 2:28 | 14:18 | 5:23 |
| 74 | 5. | Peter, Annika Isabelle | 2. WJB | WVC Kassel | 24:09 | 2:51 | 16:10 | 5:08 |
| 68 | 6. | Meier, Louis | 4. MJB | Tri Team TG Lage | 25:28 | 3:24 | 16:38 | 5:26 |
| 58 | 7. | Beckmann, Mathilda | 3. WJB | SG Bünde-Dünne | 26:33 | 3:11 | 16:48 | 6:35 |
| 56 | 8. | Söffker, Nele | 4. WJB | DLRG Vlotho | 26:36 | 3:06 | 17:48 | 5:43 |
| 62 | 9. | Kuhl, Paul | 5. MJB | DLRG BOCHUM | 30:05 | 5:26 | 19:13 | 5:28 |
| 59 | 10. | Knollmann, Mia | 5. WJB | SG Bünde-Dünne | 31:40 | 4:08 | 20:09 | 7:24 |
| 63 | 11. | Mawick, Jost | 6. MJB | FKG Solz vor der Hütte | 32:50 | 6:47 | 19:31 | 6:33 |
| 70 | 12. | Al Janabi, Abdalla | 7. MJB | Life House Stemwede | 35:24 | 6:40 | 23:04 | 5:40 |
| 71 | 13. | Qaddoori, Mustafa | 8. MJB | Life House Stemwede | 42:05 | 7:57 | 27:06 | 7:02 |

30. Exter Triathlon - 25. August 2018
 Ergebnisliste - Staffel Schüler 100m - 6 km - 1000 m

| SNR | | Nachname, Vorname | AK | Verein | Zeit | Schwim | Rad | Lauf |
|-----|-----|---|----------|---------------------------|-------|--------|-------|------|
| 8 | 1. | Kracht, Lene Bertram, Nele - Kracht, Lilli | 1. STAF | Power Nudeln | 22:59 | 2:02 | 16:12 | 4:46 |
| 2 | 2. | van Mark, Maximilian Linke, Paul Ludwig - StuuT, Michiel | 2. STAF | The Beasts | 24:20 | 2:31 | 17:17 | 4:33 |
| 9 | 3. | Schmidt, Julia Durgut, Cemil - Burchert, Tabea | 3. STAF | Die allerliebsten motivie | 24:25 | 2:01 | 16:49 | 5:36 |
| 7 | 4. | Hoffmann, Clara Simon, Lasse - Simon, Finja | 4. STAF | LaFiClä | 24:52 | 1:58 | 17:31 | 5:23 |
| 13 | 5. | Tschischke, Louis Fynn Obernolte, Enrica - Wilken, Rena | 5. STAF | Das Beste kommt zum Schlu | 25:24 | 2:40 | 17:18 | 5:27 |
| 3 | 6. | Jabs, Kilian Rentz, Vincent - Aßbrock, Lukas | 6. STAF | Blonde bEngel | 27:22 | 2:37 | 19:47 | 4:58 |
| 5 | 7. | Drifthaus, Kai Schmoranzner, Jan - Heckmair, Daniel | 7. STAF | Ironboyz | 27:27 | 2:05 | 19:38 | 5:45 |
| 12 | 8. | Steuer, Pia Ziomek, Jona - Harre, Nic | 8. STAF | Yolo | 28:42 | 2:51 | 20:31 | 5:21 |
| 4 | 9. | Braun, Colin Müller, Paul - Müller, Maxi | 9. STAF | Schlickermeister | 28:48 | 3:12 | 20:12 | 5:25 |
| 14 | 10. | Althoff, Christin Bokermann, Zara - Richter, Charlotte | 10. STAF | Turbozicken | 29:34 | 2:14 | 21:53 | 5:28 |
| 11 | 11. | Schmidt, Philipp Schäfer, Phillip - Steuer, Peer | 11. STAF | 3PS | 29:36 | 2:50 | 21:14 | 5:33 |
| 6 | 12. | Andresen, Lynn Grete Stypinski, Dan - Castiglione, Lenia Pia | 12. STAF | LLD | 29:39 | 2:17 | 21:13 | 6:10 |

30. Exter Triathlon - 25. August 2018
Ergebnisliste - Staffel Schüler 100m - 6 km - 1000 m

| SNR | | Nachname, Vorname | AK | Verein | Zeit | Schwim | Rad | Lauf |
|-----|-----|---|----------|---------------------------|-------|--------|-------|------|
| 15 | 13. | Johanning, Maja Jolie Wegener, Robin - Bertleff, Carolin | 13. STAF | Maroca | 30:09 | 3:21 | 21:40 | 5:09 |
| 16 | 14. | Wegener, Leon Fritsche, Emily - Matschke, Annika | 14. STAF | Der Schöne und die Bieste | 32:12 | 3:09 | 23:11 | 5:52 |
| 10 | 15. | Niehus, Nuria Burchert, Pia - Schmoranzer, Theresa | 15. STAF | PiTeNu | 35:10 | 3:16 | 25:38 | 6:16 |
| 1 | 16. | Wölker, Eric Schürle, Anton - Wölker, Marc | 16. STAF | Die Turboschnecken | 36:31 | 2:33 | 28:33 | 5:26 |