

30. Spexarder Volkslauf - 1. Mai 2013

Gesamtergebnisliste - 10 km Volkslauf

| SNR | PL. | W. | M. | Hausname, Vorname | Verein | JG | AK | |
|------|-----|----|-----|---------------------------|---------------------------|------|----------|-------|
| 4003 | 1. | | 1. | Bozduman, Murat | LG Burg Wiedenbrück | 1983 | 1. M30 | 34:52 |
| 305 | 2. | | 2. | Janta, Sebastian | LG Burg Wiedenbrück | 1973 | 1. M40 | 36:53 |
| 4008 | 3. | | 3. | Clasbrummel, Sven | DJK Gütersloh | 1975 | 1. M35 | 37:10 |
| 380 | 4. | | 4. | Meiertoberens, Ralf | Tri-Sport-Team Ver1 | 1976 | 2. M35 | 37:44 |
| 322 | 5. | 1. | | Mattern, Carolin | OSC Berlin | 1983 | 1. W30 | 37:56 |
| 4046 | 6. | | 5. | Lambrecht, Oliver | Steinhagen | 1993 | 1. MHK | 38:10 |
| 365 | 7. | | 6. | Rannacher, Karsten | DJK Gütersloh | 1964 | 1. M45 | 38:14 |
| 4063 | 8. | | 7. | Rohregger, Robert | BSG Sparkasse Bielefeld | 1964 | 2. M45 | 38:35 |
| 4104 | 9. | | 8. | Stückerjürgen, Karl-Heinz | Laufspass SW Sende | 1961 | 1. M50 | 38:50 |
| 4018 | 10. | | 9. | Geißler, Roland | Gütersloh | 1969 | 2. M40 | 39:30 |
| 334 | 11. | | 10. | Pfeffer, Thomas | 1. Tri Team Gütersloh | 1971 | 3. M40 | 39:58 |
| 319 | 12. | | 11. | Harambasic, Mijo | LC Solbad Ravensberg | 1964 | 3. M45 | 40:08 |
| 315 | 13. | | 12. | Schluckebier, Holger | 1. Tri Team Gütersloh GTV | 1973 | 4. M40 | 40:29 |
| 4061 | 14. | | 13. | Reckendrees, Felix | Runners Club Münster | 1991 | 2. MHK | 40:31 |
| 309 | 15. | | 14. | Reimer, Viktor | Gütersloh | 1971 | 5. M40 | 40:32 |
| 4028 | 16. | | 15. | Hardebusch, Alfons | Post SV Gütersloh | 1964 | 4. M45 | 40:40 |
| 4049 | 17. | | 16. | Masjosthusmann, Martin | LG Burg Wiedenbrück | 1962 | 2. M50 | 40:43 |
| 308 | 18. | | 17. | Beil, Björn | Team Erdinger Alkoholfrei | 1983 | 2. M30 | 40:45 |
| 4016 | 19. | | 18. | Fritzsch, Benjamin | SuS Phönix Bielefeld 09 | 1980 | 3. M30 | 40:46 |
| 314 | 20. | | 19. | Simm, Hendrik | 1. Tri Team Gütersloh | 1986 | 3. MHK | 40:51 |
| 4083 | 21. | 2. | | Vergin, Stefanie | Post SV Gütersloh | 1974 | 1. W35 | 40:54 |
| 4014 | 22. | | 20. | Flaschel-Steiniger, Lars | TV Werther | 1968 | 5. M45 | 40:56 |
| 4067 | 23. | | 21. | Schimpf, Christian | DJK Gütersloh | 1958 | 1. M55 | 40:56 |
| 311 | 24. | | 22. | Sengstock, Karsten | DJK Gütersloh | 1965 | 6. M45 | 40:57 |
| 4072 | 25. | | 23. | Schröder, Marcus | Gütersloh | 1969 | 6. M40 | 40:57 |
| 381 | 26. | | 24. | Wickord, Gerhard | 1. Tri-Team Gütersloh GTV | 1968 | 7. M45 | 41:01 |
| 306 | 27. | | 25. | Grass, Björn | Björn Grass-Laufteam | 1961 | 3. M50 | 41:05 |
| 391 | 28. | | 26. | Mettenmeyer, Michael | 1. Tri Team Gütersloh | 1967 | 8. M45 | 41:11 |
| 4010 | 29. | | 27. | Delker, Helmut | 1. Tri-Team Gütersloh GTV | 1967 | 9. M45 | 41:17 |
| 4035 | 30. | | 28. | Hiebing, Sebastian | 1. Tri-Team Gütersloh GTV | 1980 | 4. M30 | 41:40 |
| 336 | 31. | | 29. | Giere, Alfred | LG Oelde/Wadersloh | 1960 | 4. M50 | 41:56 |
| 356 | 32. | | 30. | Fraunholz, Jörg | TV Lemgo | 1975 | 3. M35 | 42:14 |
| 4106 | 33. | 3. | | Lueck, Christina | DJK Gütersloh | 1976 | 2. W35 | 42:21 |
| 4107 | 34. | | 31. | Lueck, Lars | Aquatica Wassersport | 1973 | 7. M40 | 42:22 |
| 4039 | 35. | | 32. | Kemper, Linus | Gütersloh | 1996 | 1. MJU18 | 42:31 |
| 340 | 36. | | 33. | Landwehr, Bodo | Herzebrocker SV | 1966 | 10. M45 | 42:37 |
| 374 | 37. | | 34. | Tesfalem, Sünret | Laufspass SW Sende | 1979 | 5. M30 | 42:47 |
| 343 | 38. | | 35. | Ahrens, Hartmut | Trispeed Marienfeld | 1967 | 11. M45 | 42:48 |
| 302 | 39. | | 36. | Behl, Tilo | DJK Gütersloh | 1970 | 8. M40 | 42:52 |
| 4112 | 40. | | 37. | Fleer, Heiko | | 1974 | 4. M35 | 43:07 |
| 4100 | 41. | 4. | | Gehse, Nicole | Gütersloh | 1975 | 3. W35 | 43:07 |
| 4047 | 42. | | 38. | Leppersjohann, Frank | Ver1 | 1979 | 6. M30 | 43:08 |
| 317 | 43. | | 39. | Voßhans, Christian | Ver1 | 1977 | 5. M35 | 43:09 |
| 4025 | 44. | 5. | | Hakenholt, Martina | 1. Tri-Team Gütersloh GTV | 1966 | 1. W45 | 43:12 |
| 307 | 45. | | 40. | Peitsch, Niklas | FC Gütersloh 2000 | 1997 | 2. MJU18 | 43:21 |
| 4098 | 46. | | 41. | Wolff, Werner | ASG Teutoburger Wald | 1950 | 1. M60 | 43:30 |
| 4043 | 47. | | 42. | Koch, Thomas | SV Spexard | 1969 | 9. M40 | 43:35 |
| 372 | 48. | | 43. | Kramer, Jürgen | Marathon Loenstrup | 1959 | 5. M50 | 43:38 |
| 329 | 49. | | 44. | Popcki, Harald | 1. Tri Team Gütersloh GTV | 1962 | 6. M50 | 43:42 |
| 4093 | 50. | | 45. | Goldberg, Daniel | SPD Rheda-Wiedenbrück | 1996 | 3. MJU18 | 43:48 |
| 4082 | 51. | | 46. | van Westen, Andreas | 1. Tri-Team Gütersloh GTV | 1962 | 7. M50 | 43:58 |
| 4056 | 52. | | 47. | Otto, Ulf | Gütersloh | 1969 | 10. M40 | 44:18 |
| 4012 | 53. | | 48. | Epkenhans, Andreas | LG Burg Wiedenbrück | 1972 | 11. M40 | 44:20 |
| 4108 | 54. | | 49. | Behlert, Carsten | LG Burg Wiedenbrück | 1971 | 12. M40 | 44:33 |
| 360 | 55. | | 50. | Strototte, Rainer | LG Marienfeld | 1960 | 8. M50 | 44:35 |
| 4149 | 56. | | 51. | Rother, Frank | Post SV Gütersloh | 1965 | 12. M45 | 44:35 |
| 4109 | 57. | | 52. | Lose, Joachim | LG Oerlinghausen | 1958 | 2. M55 | 44:49 |
| 4027 | 58. | | 53. | Hansmeier, Tim | LG Burg Wiedenbrück | 1996 | 4. MJU18 | 45:09 |
| 4084 | 59. | | 54. | Vollmer, Steffen | LG Burg Wiedenbrück | 1996 | 5. MJU18 | 45:11 |
| 379 | 60. | | 55. | Bartel, Olaf | Olafs Laufladen | 1964 | 13. M45 | 45:32 |
| 371 | 61. | | 56. | Reckendrees, Johannes | Tri Speed Marienfeld | 1957 | 3. M55 | 45:36 |
| 346 | 62. | | 57. | Harbaum, Markus | Spexard | 1967 | 14. M45 | 46:03 |
| 4099 | 63. | | 58. | Scheel, Frank | 1. Tri-Team Gütersloh GTV | 1961 | 9. M50 | 46:11 |
| 4090 | 64. | | 59. | Sandbothe, Olaf | Voodooclub | 1969 | 13. M40 | 46:13 |
| 369 | 65. | | 60. | Norek, Andreas | SV Spexard | 1967 | 15. M45 | 46:13 |

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Gesamtergebnisliste - 10 km Volkslauf

| SNR | PL. | W. | M. | Hausname, Vorname | Verein | JG | AK | |
|-------------|-------------|------------|-------------|---------------------------|-------------------------------|-------------|------------|--------------------|
| 4060 | 66. | | 61. | Pollmeier, Michael | Laufspass SW Sende | 1963 | 10. | M50 46:16 |
| 4004 | 67. | | 62. | Brockmann, Hubert | 1. Tri-Team Gütersloh GTV | 1966 | 16. | M45 46:21 |
| 337 | 68. | | 63. | Pachnicke, Andreas | LG Oelde/Wadersloh | 1969 | 14. | M40 46:21 |
| 4085 | 69. | | 64. | Wiemann, Claus | BSG Sparkasse Gütersloh | 1966 | 17. | M45 46:30 |
| 4040 | 70. | 6. | | Kirst, Rita | Prachtmischung Ver1 | 1962 | 1. | W50 46:33 |
| 4032 | 71. | 7. | | Herzig, Martina | LT Isselhorst | 1962 | 2. | W50 46:35 |
| 303 | 72. | | 65. | Thormann, Sven | Belm | 1974 | 6. | M35 46:44 |
| 333 | 73. | | 66. | Schubert, Johannes | Hövelhof | 1956 | 4. | M55 46:48 |
| 366 | 74. | | 67. | Fröhleke, Thomas | | 1978 | 7. | M35 46:54 |
| 4021 | 75. | | 68. | Görner, Tim | Gütersloh | 1987 | 4. | MHK 47:05 |
| 324 | 76. | | 69. | Drechsler, Hans | LF-Benteler-Paderborn | 1951 | 2. | M60 47:06 |
| 385 | 77. | | 70. | Hölzer, Thomas | | 1965 | 18. | M45 47:13 |
| 316 | 78. | | 71. | Eickhoff, Rudolf | SV Spexard | 1963 | 11. | M50 47:31 |
| 378 | 79. | | 72. | Walter, Gerd | Gütersloh | 1955 | 5. | M55 47:32 |
| 382 | 80. | | 73. | Becker, Jürgen | SV Spexard | 1966 | 19. | M45 47:46 |
| 4094 | 81. | | 74. | Goldberg, Jan | SPD Rheda-Wiedenbrück | 1994 | 1. | MJU20 47:48 |
| 4064 | 82. | | 75. | Rother, Philipp | LG Burg Wiedenbrück | 1978 | 8. | M35 47:50 |
| 331 | 83. | | 76. | Werner, Udo | Lok Blackenfeld | 1954 | 6. | M55 47:57 |
| 4146 | 84. | | 77. | Hansmeier, Jürgen | LG Burg Wiedenbrück | 1967 | 20. | M45 47:59 |
| 4113 | 85. | | 78. | Nickella, Bernd | Gütersloh | 1951 | 3. | M60 48:11 |
| 347 | 86. | | 79. | Mehl, Hendrik | LG Burg Wiedenbrück | 1969 | 15. | M40 48:21 |
| 4053 | 87. | | 80. | Nolte, Klaus | emkaDent | 1959 | 12. | M50 48:26 |
| 301 | 88. | | 81. | Zunker, Wilfried | Delbrück | 1961 | 13. | M50 48:37 |
| 358 | 89. | | 82. | Schaumburg, Holger | Gütersloh | 1964 | 21. | M45 48:40 |
| 310 | 90. | | 83. | Andrews, Tom | Rheda-Wiedenbrück | 1955 | 7. | M55 48:48 |
| 4091 | 91. | 8. | | Sauerland, Anja | Bielefeld | 1990 | 1. | WHK 48:52 |
| 325 | 92. | | 84. | Riemann, Andreas | RW St. Vit | 1972 | 16. | M40 48:53 |
| 4029 | 93. | | 85. | Harsen, Tim | Gütersloh | 1988 | 5. | MHK 48:58 |
| 4141 | 94. | | 86. | Siekaup, Peter | Gütersloh | 1957 | 8. | M55 48:59 |
| 341 | 95. | 9. | | Rettig, Ulla | Post SV Gütersloh | 1965 | 2. | W45 49:05 |
| 349 | 96. | | 87. | Schmid, Hubert | Bielefeld | 1962 | 14. | M50 49:12 |
| 328 | 97. | | 88. | Ballay, Thomas | SC Rot Weiß Verne | 1963 | 15. | M50 49:13 |
| 355 | 98. | 10. | | Schöning, Silke | Tri Team Dissen | 1971 | 1. | W40 49:14 |
| 327 | 99. | 11. | | Wurg, Laura | Rietberg | 1989 | 2. | WHK 49:16 |
| 4031 | 100. | 12. | | Helmsorig, Anette | Lauftreff Isselhorst | 1959 | 3. | W50 49:44 |
| 344 | 101. | | 89. | Klepper, Frank | Gütersloh | 1967 | 22. | M45 49:44 |
| 4138 | 102. | | 90. | De Boer, Axel | FC Isselhorst | 1971 | 17. | M40 49:47 |
| 368 | 103. | | 91. | Stork, Ralf | | 1965 | 23. | M45 49:49 |
| 330 | 104. | | 92. | Teigelkötter, Ralf | Gütersloh | 1964 | 24. | M45 49:50 |
| 4081 | 105. | | 93. | Tusche, Peter | Fun Runner | 1965 | 25. | M45 49:54 |
| 320 | 106. | | 94. | Dreismann, Jürgen | SV Spexard | 1965 | 26. | M45 49:56 |
| 338 | 107. | 13. | | Lange, Susann | Feuerwehr GT Löschzug Spexard | 1980 | 2. | W30 50:00 |
| 4058 | 108. | | 95. | Pauli, Ulrich | Gütersloh | 1956 | 9. | M55 50:13 |
| 363 | 109. | | 96. | Rieckhaus, Michael | Gütersloh | 1966 | 27. | M45 50:31 |
| 4145 | 110. | | 97. | Kees, Jörn | HSG Gütersloh | 1967 | 28. | M45 50:39 |
| 390 | 111. | | 98. | Büller, Heinrich | | 1978 | 9. | M35 50:52 |
| 332 | 112. | | 99. | Volbracht, Martin | Spexard | 1963 | 16. | M50 50:54 |
| 339 | 113. | | 100. | Buschmann, Udo | Herzebrocker SV | 1969 | 18. | M40 51:12 |
| 313 | 114. | | 101. | Hahn, Frederic | Y U NOT RUN? | 1975 | 10. | M35 51:14 |
| 4019 | 115. | 14. | | Gennet, Elke | Prachtmischung Ver1 | 1968 | 3. | W45 51:16 |
| 4102 | 116. | 15. | | Zimmermann, Jana | Bünde | 1972 | 2. | W40 51:24 |
| 4054 | 117. | 16. | | Nottbrock, Martina | FLG Gütersloh | 1960 | 4. | W50 51:31 |
| 304 | 118. | | 102. | Boer, Kurt | Laufspass SW Sende | 1945 | 1. | M65 51:35 |
| 4111 | 119. | | 103. | Henkenjohann, Robert | Laufspass SW Sende | 1964 | 29. | M45 51:35 |
| 4114 | 120. | | 104. | Tews, Jörg | Laufspass SW Sende | 1970 | 19. | M40 51:36 |
| 345 | 121. | | 105. | Ruppertz, Hans-Jürgen | Laufspass SW Sende | 1960 | 17. | M50 51:36 |
| 373 | 122. | | 106. | Zipter, Jan-Alrik | Laufspass SW Sende | 1983 | 7. | M30 51:37 |
| 388 | 123. | | 107. | Papadopoulos, Prodromos | | 1963 | 18. | M50 51:37 |
| 350 | 124. | | 108. | Seidel, Matthias | KGV Zum Luttermgarten | 1963 | 19. | M50 51:38 |
| 4110 | 125. | 17. | | Iles, Janina | LG Oerlinghausen | 1974 | 4. | W35 51:39 |
| 4042 | 126. | | 109. | Klose, Andreas | 1. Tri-Team Gütersloh GTV | 1959 | 20. | M50 51:45 |
| 4143 | 127. | | 110. | Heinisch, Christian | Oelde | 1957 | 10. | M55 51:52 |
| 354 | 128. | | 111. | Deubler, Peter | SV Spexard | 1960 | 21. | M50 51:59 |
| 4095 | 129. | | 112. | Wolf, Christopher Andreas | LC Solbad Ravensberg | 1987 | 6. | MHK 52:09 |
| 4140 | 130. | | 113. | Resch, Josef | Miele Laufgruppe | 1956 | 11. | M55 52:18 |

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Gesamtergebnisliste - 10 km Volkslauf

| SNR | PL. | W. | M. | Hausname, Vorname | Verein | JG | AK | |
|-------------|-------------|------------|-------------|-----------------------------------|--------------------------------------|-------------|------------|----------------------|
| 389 | 131. | | 114. | Schartner, Jörg | Gütersloh | 1971 | 20. | M40 52:24 |
| 323 | 132. | 18. | | Kreie, Daniela | LC Solbad Ravensberg | 1976 | 5. | W35 52:28 |
| 326 | 133. | | 115. | Brandt, Michael | Rietberg | 1986 | 7. | MHK 52:41 |
| 4087 | 134. | | 116. | Kolter, Cedric | Gütersloh | 1980 | 8. | M30 52:43 |
| 321 | 135. | | 117. | Balten, Dietrich | Steinhagen | 1969 | 21. | M40 52:45 |
| 335 | 136. | | 118. | Wiemann, Albert | Varensell | 1956 | 12. | M55 52:48 |
| 362 | 137. | | 119. | Kaudewitz, Uwe | Gütersloh | 1963 | 22. | M50 52:49 |
| 342 | 138. | | 120. | Strunk, Uwe | DJK Avenwedde | 1976 | 11. | M35 53:05 |
| 4013 | 139. | | 121. | Fennell, Rafael | Gütersloh | 1971 | 22. | M40 53:18 |
| 4006 | 140. | | 122. | Bunte, Jens | BSG Sparkasse Bielefeld | 1975 | 12. | M35 53:18 |
| 4062 | 141. | | 123. | Rogge, Michael | Gütersloh | 1974 | 13. | M35 53:22 |
| 348 | 142. | | 124. | Kriener, Thomas | Gütersloh | 1977 | 14. | M35 53:34 |
| 318 | 143. | | 125. | Hesse, Uwe | LG Burg Wiedenbrück | 1967 | 30. | M45 53:51 |
| 4089 | 144. | 19. | | Hansch, Alexandra | LG Burg Wiedenbrück | 1976 | 6. | W35 54:33 |
| 4103 | 145. | 20. | | Enskat, Sabine | Laufspass SW Sende | 1956 | 1. | W55 54:33 |
| 383 | 146. | | 126. | Mathewson, Ian | LC Floating Allsides | 1959 | 23. | M50 55:03 |
| 4097 | 147. | | 127. | Freiwald, Wolfgang | LG Burg Wiedenbrück | 1967 | 31. | M45 55:11 |
| 4075 | 148. | | 128. | Seack, Ingo | LG Oerlinghausen | 1964 | 32. | M45 55:17 |
| 4065 | 149. | 21. | | Sayar-Gergün, Nesrin | TSG Harsewinkel | 1962 | 5. | W50 55:19 |
| 367 | 150. | | 129. | Ritscher, Herbert | Tri-Team-Gütersloh | 1953 | 4. | M60 55:26 |
| 312 | 151. | | 130. | Klingbeil, Henning | Y U NOT RUN? | 1972 | 23. | M40 55:27 |
| 353 | 152. | 22. | | Brinkmann, Sabine | Gütersloh | 1972 | 3. | W40 56:29 |
| 352 | 153. | 23. | | Günther, Anastasia | Rheda-Wiedenbrück | 1984 | 3. | WHK 56:29 |
| 300 | 154. | | 131. | Herman, Harm | Der letzte Cherusker | 1966 | 33. | M45 56:48 |
| 4092 | 155. | | 132. | Schmidt von Happe, Manfred | LG-Oerlinghausen | 1943 | 1. | M70 57:02 |
| 4150 | 156. | | 133. | Beckers, Olaf | Betriebssport Bertelsmann | 1949 | 5. | M60 57:12 |
| 387 | 157. | 24. | | Schulz, Michaela | Bielefeld | 1972 | 4. | W40 57:28 |
| 370 | 158. | | 134. | Jungton , Matthias Oskar | Team Erdinger Alkoholfrei | 1985 | 8. | MHK 57:30 |
| 351 | 159. | | 135. | Habrock, Heinz | | 1948 | 2. | M65 58:04 |
| 359 | 160. | | 136. | Kleinegräber, Jürgen | SV Spexard | 1967 | 34. | M45 58:06 |
| 386 | 161. | | 137. | Buske, Rudolf | Gütersloh | 1952 | 6. | M60 58:24 |
| 4050 | 162. | 25. | | Masjosthusmann, Berna | LG Burg Wiedenbrück | 1962 | 6. | W50 58:44 |
| 361 | 163. | | 138. | Kleinegrauthoff, Norbert | Gütersloher Faltbootgilde e.V. | 1961 | 24. | M50 59:30 |
| 4074 | 164. | 26. | | Schweineberg, Sylvia | Herzebrock-Clarholz | 1970 | 5. | W40 59:33 |
| 4059 | 165. | 27. | | Peitz, Irmgard | LG Burg Wiedenbrück | 1960 | 7. | W50 59:50 |
| 4017 | 166. | 28. | | Gehra, Claudia | Laufspass SW Sende | 1963 | 8. | W50 1:00:32 |
| 4147 | 167. | | 139. | Pölmüller, Bruno | Post SV Gütersloh | 1940 | 2. | M70 1:02:03 |
| 4044 | 168. | | 140. | Lakämper, Hendrik | Gütersloh | 1996 | 6. | MJU18 1:03:40 |
| 4009 | 169. | | 141. | De Santis, Giuseppe | Gütersloh | 1967 | 35. | M45 1:03:44 |
| 4026 | 170. | 29. | | Hansmeier, Annabell | LG Burg Wiedenbrück | 1998 | 1. | WJU16 1:04:16 |
| 4022 | 171. | | 142. | Götsch, Manfred | Gütersloh | 1966 | 36. | M45 1:04:50 |
| 4115 | 172. | 30. | | Kramer, Renate | TuS Friedrichsdorf | 1960 | 9. | W50 1:05:13 |
| 357 | 173. | | 143. | Engelhard, Sven | Gütersloh | 1968 | 37. | M45 1:05:36 |
| 377 | 174. | 31. | | Lehmann, Luise | Laufspass SW Sende | 1994 | 1. | WJU20 1:06:23 |
| 384 | 175. | | 144. | Grädler, Mathias | SG HesseIn | 1961 | 25. | M50 1:06:25 |
| 4077 | 176. | 32. | | Sommer, Barbara | 1. Tri-Team Gütersloh GTV | 1953 | 1. | W60 1:11:19 |
| 364 | 177. | 33. | | Hahn , Eva | TSG Harsewinkel/Gymnasium HSW | 1996 | 1. | WJU18 1:12:14 |
| 4034 | 178. | 34. | | Herzog, Carolin | Herzebrock-Clarholz | 1996 | 2. | WJU18 1:12:15 |
| 375 | 179. | 35. | | Vieweger, Sigrid | Laufspass SW Sende | 1957 | 2. | W55 1:13:52 |
| 376 | 180. | 36. | | Lehmann, Lilli | Laufspass SW Sende | 1966 | 4. | W45 1:13:56 |
| 4070 | 181. | | 145. | Schmidt, Marco | Rheda-Wiedenbrück | 1974 | 15. | M35 1:14:25 |
| 4071 | 182. | 37. | | Schmidt, Eileen | Rheda-Wiedenbrück | 1997 | 3. | WJU18 1:14:25 |

30. Spexarder Volkslauf - 1. Mai 2013

Gesamtergebnisliste - 5 km Volkslauf

| SNR | PL. | W. | M. | Hausname, Vorname | Verein | JG | AK | |
|-----|-----|-----|-----|---------------------------|--------------------------------|------|----------|-------|
| 711 | 1. | | 1. | Dunkel, Thomas | TSVE 1890 Bielefeld | 1979 | 1. M30 | 16:57 |
| 705 | 2. | | 2. | Himpel, Thomas | DJK Gütersloh | 1979 | 2. M30 | 17:03 |
| 782 | 3. | | 3. | Zudrop, Tim | Trispeed Marienfeld | 1988 | 1. MHK | 18:07 |
| 720 | 4. | | 4. | Fischer, Tristan | LG Kreis Gütersloh | 1998 | 1. MJU16 | 18:54 |
| 716 | 5. | | 5. | Christophliemke, Dirk | Tri Sport Team Ver1 | 1975 | 1. M35 | 19:07 |
| 700 | 6. | | 6. | Knufinke, Oliver | DJK Gütersloh | 1989 | 2. MHK | 19:16 |
| 768 | 7. | | 7. | Müller, Peter | Sparkasse Gütersloh | 1968 | 1. M45 | 19:22 |
| 772 | 8. | 1. | | Rannacher, Michelle | DJK Gütersloh | 1994 | 1. WJU20 | 19:26 |
| 735 | 9. | | 8. | Sino, Ferhad | Hauptschule Nord | 1995 | 1. MJU20 | 19:34 |
| 727 | 10. | | 9. | Sanders, Kevin | DJK Gütersloh | 1972 | 1. M40 | 19:35 |
| 729 | 11. | | 10. | Saeed Omar, Salim | Hauptschule Nord | 1995 | 2. MJU20 | 19:37 |
| 715 | 12. | | 11. | Blasczyk, Justin | SV Spexard | 1998 | 2. MJU16 | 19:39 |
| 718 | 13. | | 12. | Thiesbrummel, Marco | SV Spexard | 1998 | 3. MJU16 | 19:40 |
| 703 | 14. | | 13. | Wanske, Thomas | MC Menden | 1965 | 2. M45 | 19:41 |
| 722 | 15. | | 14. | Rietz, David | LG Kreis Gütersloh 09 | 1995 | 3. MJU20 | 19:59 |
| 781 | 16. | | 15. | Hübner, Till Jonas Ingo | SV Spexard | 1995 | 4. MJU20 | 20:31 |
| 734 | 17. | | 16. | Kutyla, Marcin | Hauptschule Nord | 1996 | 1. MJU18 | 21:04 |
| 730 | 18. | | 17. | Barakat, Muneer | Hauptschule Nord | 1998 | 4. MJU16 | 21:07 |
| 728 | 19. | | 18. | Saeed Omar, Rasho | Hauptschule Nord | 1998 | 5. MJU16 | 21:14 |
| 774 | 20. | | 19. | Dreve, Jens | LG Burg Wiedenbrück | 1972 | 2. M40 | 21:21 |
| 719 | 21. | | 20. | Stenzel, Marcus | Post SV Gütersloh | 1977 | 2. M35 | 21:30 |
| 783 | 22. | | 21. | Sabri, Belend | Hauptschule Nord | 1998 | 6. MJU16 | 21:38 |
| 777 | 23. | | 22. | Kroll, Thomas | LC 92 Bad Salzuflen | 1966 | 3. M45 | 21:42 |
| 704 | 24. | 2. | | Thormann, Jolina | Osnabrücker TB | 2003 | 1. WKU12 | 21:54 |
| 773 | 25. | | 23. | Rempe, Oliver | LC Solbad Ravensberg | 1966 | 4. M45 | 21:58 |
| 791 | 26. | | 24. | Peitz, Alexander | SV Spexard | 2001 | 1. MJU14 | 21:59 |
| 731 | 27. | | 25. | Al Haji, Dlofan | Hauptschule Nord | 1998 | 7. MJU16 | 22:01 |
| 733 | 28. | | 26. | Keder, Dlsheer | Hauptschule Nord | 1998 | 8. MJU16 | 22:14 |
| 707 | 29. | | 27. | Czerwinski, Martin | Crazy Runners Rietberg | 1961 | 1. M50 | 22:15 |
| 701 | 30. | | 28. | Spratte, Oliver | SC Blankenhagen | 1965 | 5. M45 | 22:29 |
| 779 | 31. | | 29. | Klein, Wolfgang | Tri Sport Team TV Ver1 | 1963 | 2. M50 | 22:34 |
| 770 | 32. | 3. | | Götza, Maureen | LG Burg Wiedenbrück | 1995 | 2. WJU20 | 22:41 |
| 776 | 33. | | 30. | Brinkhaus, Ralph | Gütersloh | 1968 | 6. M45 | 22:44 |
| 702 | 34. | | 31. | Thiele, Dennis | Beckum | 1978 | 3. M35 | 22:55 |
| 706 | 35. | | 32. | Krügler, Tim Malte | TuS Lockhausen/TuS Bexterhagen | 2002 | 1. MKU12 | 23:14 |
| 778 | 36. | 4. | | Mahtewson, Fiona | TSVE 1890 Bielefeld | 1999 | 1. WJU16 | 23:34 |
| 714 | 37. | | 33. | Erke, Reinhard | LF-Benteler-Paderborn | 1951 | 1. M60 | 23:36 |
| 788 | 38. | | 34. | Schumacher, Lukas | Gütersloh | 1993 | 3. MHK | 23:42 |
| 787 | 39. | | 35. | Peitz, Hermann | SV Spexard | 1961 | 3. M50 | 23:52 |
| 717 | 40. | | 36. | Barnstaple, Paul | LG Obersee Bielefeld | 1962 | 4. M50 | 23:57 |
| 721 | 41. | | 37. | Quakernack, Herbert | SV Brackwede | 1958 | 1. M55 | 24:08 |
| 747 | 42. | | 38. | Schreiber, Joachim | Anne-Frank-Schule GT | 1953 | 2. M60 | 24:11 |
| 792 | 43. | | 39. | Thielemann, Martin | Post SV Gütersloh | 1969 | 3. M40 | 24:19 |
| 732 | 44. | | 40. | Akkaba, Matay | Hauptschule Nord | 1997 | 2. MJU18 | 24:23 |
| 740 | 45. | | 41. | Mallin, John | Rheda Hotspurs | 1956 | 2. M55 | 24:25 |
| 780 | 46. | | 42. | Liebl, Sebastian | Kiel | 1981 | 3. M30 | 24:34 |
| 736 | 47. | | 43. | Dag, Gabriel | Hauptschule Nord | 1999 | 9. MJU16 | 24:40 |
| 745 | 48. | | 44. | Jürgens, Frank | Post SV Gütersloh | 1951 | 3. M60 | 24:42 |
| 709 | 49. | | 45. | Schnellbügl, Hans-Wilhelm | Lauspass SW Sende | 1947 | 1. M65 | 25:17 |
| 748 | 50. | 5. | | Pollok, Lea | LG Kreis Gütersloh | 1999 | 2. WJU16 | 25:30 |
| 746 | 51. | | 46. | Bentlage, Ralf | SV Spexard | 1958 | 3. M55 | 25:36 |
| 775 | 52. | | 47. | Wilke, Thomas | Gütersloh | 1960 | 5. M50 | 26:30 |
| 749 | 53. | 6. | | Wickern, Susanne | Post SV Gütersloh | 1979 | 1. W30 | 26:31 |
| 786 | 54. | | 48. | Eeuenich, Gerd | Gütersloh | 1952 | 4. M60 | 26:33 |
| 784 | 55. | | 49. | Smada, Maik | Gütersloh | 1980 | 4. M30 | 27:21 |
| 712 | 56. | | 50. | Demuth, Burkhard | LG Oelde/Wadersloh | 1967 | 7. M45 | 27:34 |
| 744 | 57. | 7. | | Linnemann, Johanna | DJK Gütersloh | 1997 | 1. WJU18 | 27:36 |
| 767 | 58. | 8. | | Wiemann, Anke | BSG Sparkasse Gütersloh | 1966 | 1. W45 | 28:11 |
| 769 | 59. | 9. | | Müller, Anna | SV Spexard | 2000 | 1. WJU14 | 28:15 |
| 741 | 60. | 10. | | Schubert, Mandy | Lauftreff Isselhorst | 1973 | 1. W40 | 28:19 |
| 771 | 61. | 11. | | Götza, Marion | LG Burg Wiedenbrück | 1963 | 1. W50 | 28:36 |
| 708 | 62. | | 51. | Eisenbach, Dietmar | Lauspass SW Sende | 1948 | 2. M65 | 28:40 |
| 738 | 63. | | 52. | Hagemann, Ralf | Lauftreff Isselhorst | 1963 | 6. M50 | 28:47 |
| 739 | 64. | 12. | | Hagemann, Susanne | Lauftreff Isselhorst | 1964 | 2. W45 | 29:31 |
| 737 | 65. | | 53. | Becker, Heinrich | Spexard | 1960 | 7. M50 | 29:43 |

30. Spexarder Volkslauf - 1. Mai 2013

Gesamtergebnisliste - 5 km Volkslauf

| SNR | PL. | W. | M. | Hausname, Vorname | Verein | JG | AK | |
|-----|-----|-----|-----|------------------------|---------------------------|-------------|---------------|--------------|
| 710 | 66. | 13. | | Fleiter-Tews, Kerstin | Laufspass SW Sende | 1972 | 2. W40 | 29:43 |
| 743 | 67. | 14. | | Berlinghoff, Beate | Laufspass SW Sende | 1954 | 1. W55 | 30:02 |
| 723 | 68. | 15. | | Ernst, Nicole | Laufspass SW Sende | 1971 | 3. W40 | 30:15 |
| 724 | 69. | | 54. | Ernst, Frank | Laufspass SW Sende | 1968 | 8. M45 | 30:16 |
| 713 | 70. | 16. | | Beckers, Angelika | Betriebssport Bertelsmann | 1954 | 2. W55 | 30:19 |
| 785 | 71. | 17. | | Stall, Melanie | Laufspass SW Sende | 1983 | 2. W30 | 30:47 |
| 428 | 72. | | 55. | Himmelmeier, Linus | GS Heidewald | 2003 | 2. MKU12 | 34:32 |
| 742 | 73. | | 56. | Driese, Werner | LSF Münster | 1953 | 5. M60 | 34:33 |
| 726 | 74. | 18. | | Jurcan, Marzena | FC Jurcan | 1985 | 1. WHK | 39:30 |
| 725 | 75. | | 57. | Jurcan, Flavius | FC Jurcan | 1983 | 5. M30 | 39:30 |
| 790 | 76. | 19. | | Peitz, Johanna | Spexard | 1998 | 3. WJU16 | 40:02 |
| 789 | 77. | 20. | | Peitz, Katharina | Spexard | 1993 | 2. WHK | 40:02 |

30. Spexarder Volkslauf - 1. Mai 2013
Gesamtergebnisliste - 1 km - Grundschullauf

| SNR | PL. | W. | M. | Hausname, Vorname | Verein | JG | AK | |
|-----|-----|----|-----|--------------------------|-------------------------|------|--------|--------|
| 424 | 1. | | 1. | Herzog, Moritz | HSG Gütersloh | 2003 | 1. M10 | 4:13,9 |
| 409 | 2. | 1. | | Panczyk, Laura | Josefschule Gütersloh | 2003 | 1. W10 | 4:23,7 |
| 420 | 3. | | 2. | Klinker, Tobias | SV Spexard/GS Heidewald | 2004 | 1. M9 | 4:33,2 |
| 400 | 4. | 2. | | Thiele, Larissa | Beckum | 2004 | 1. W9 | 4:35,0 |
| 401 | 5. | | 3. | Staude, Aron | SV Spexard/Josefschule | 2003 | 2. M10 | 4:36,2 |
| 413 | 6. | | 4. | Scholz, Bob | SV Spexard | 2004 | 2. M9 | 4:36,5 |
| 404 | 7. | | 5. | Kosch, Mika Linus | SV Spexard/GS Heidewald | 2003 | 3. M10 | 4:39,5 |
| 405 | 8. | | 6. | Krügler, Lars | TuS Lockhausen | 2005 | 1. M8 | 4:47,6 |
| 412 | 9. | | 7. | Kahlert, Phil | SV Spexard | 2004 | 3. M9 | 4:50,6 |
| 414 | 10. | 3. | | Koch, Simone | Josefschule | 2004 | 2. W9 | 4:58,2 |
| 411 | 11. | 4. | | Tews, Merle-Marie | Laufspass SW Sende | 2004 | 3. W9 | 5:05,6 |
| 410 | 12. | 5. | | Beil, Pauline | | 2007 | 1. W6 | 5:36,9 |
| 415 | 13. | 6. | | Teigelkötter, Maja | Overbergschule GT | 2004 | 4. W9 | 5:39,4 |
| 408 | 14. | 7. | | Panczyk, Franziska | Josefschule Gütersloh | 2003 | 2. W10 | 5:43,5 |
| 403 | 15. | | 8. | Johannhörster, Christoph | Josefschule | 2005 | 2. M8 | 5:44,2 |
| 406 | 16. | | 9. | Rethage, Kai | Grundschule Heidewald | 2002 | 1. M11 | 5:54,0 |
| 425 | 17. | | 10. | Herzog, Kalle | GTV | 2009 | 1. M4 | 7:04,6 |

30. Spexarder Volkslauf - 1. Mai 2013

Gesamtergebnisliste - 10 km Walking

| SNR | PL. | W. | M. | Hausname, Vorname | Verein | JG | AK | |
|-----|-----|----|----|-------------------|--------------|------|---------|---------|
| 426 | 1. | | 1. | Dopheide, Andreas | SV Brackwede | 1963 | 1. M-WA | 1:07:26 |
| 407 | 2. | | 2. | Herold, Olaf | YAK | 1958 | 2. M-WA | 1:16:36 |
| 430 | 3. | 1. | | Weber, Marion | SV Spexard | 1974 | 1. W-WA | 1:25:16 |
| 429 | 4. | 2. | | Obermann, Maren | SV Spexard | 1974 | 2. W-WA | 1:25:16 |

30. Spexarder Volkslauf - 1. Mai 2013

Gesamtergebnisliste - 5 km Walking

| SNR | PL. | W. | M. | Hausname, Vorname | Verein | JG | AK | |
|-----|-----|----|----|----------------------|--------------------|------|---------|-------|
| 427 | 1. | | 1. | Pähler, Walter | Verl | 1948 | 1. M-WA | 36:31 |
| 422 | 2. | | 2. | Pollmeier, Hans | TuS Friedrichsdorf | 1934 | 2. M-WA | 36:48 |
| 419 | 3. | 1. | | Johannknecht, Helga | SV Spexard | 1963 | 1. W-WA | 37:20 |
| 423 | 4. | 2. | | Horsthemke, Marita | SV Spexard | 1963 | 2. W-WA | 39:55 |
| 418 | 5. | | 3. | Rüschhoff, Friedrich | SV Spexard | 1955 | 3. M-WA | 40:57 |
| 431 | 6. | | 4. | Rudorff, Hartmut | Gütersloh | 1934 | 4. M-WA | 41:17 |
| 421 | 7. | | 5. | Weltex, Lothar | SV Spexard | 1957 | 5. M-WA | 41:22 |
| 417 | 8. | 3. | | Rüschhoff, Elisabeth | SV Spexard | 1959 | 3. W-WA | 42:01 |
| 416 | 9. | 4. | | Müller, Ingeborg | SV Spexard | 1943 | 4. W-WA | 42:01 |
| 402 | 10. | | 6. | Marquardt, Edgar | Bad Oeynhausen | 1936 | 6. M-WA | 45:06 |
| 432 | 11. | 5. | | Rümmeler, Cornelia | SV Dahl | 1956 | 5. W-WA | 45:15 |