

9. Volksbank-Nikolauf - 3. Dezember 2011

Gesamtergebnisliste - 15 km Lauf

| SNR | PL. | W. | M. | Hausname, Vorname | Verein | JG | AK | Zeit |
|-----|-----|----|-----|--------------------------|-------------------------------|------|---------|---------|
| 769 | 1. | | 1. | Kulke, David | LSF Münster | 1989 | 1. M 20 | 55:32 |
| 827 | 2. | | 2. | Fischer, Sebastian | TV Friesen Telgte | 1982 | 2. M 20 | 56:26 |
| 808 | 3. | | 3. | Marquardt, Christof | BSG Sparkasse Münsterland Ost | 1968 | 1. M 40 | 56:44 |
| 806 | 4. | | 4. | van der Velde, Markus | LSF Münster | 1965 | 1. M 45 | 57:17 |
| 798 | 5. | 1. | | Hempelmann, Jana | LSF Münster | 1978 | 1. W 30 | 1:00:15 |
| 845 | 6. | 2. | | Rellensmann, Johanna | LSF Münster | 1990 | 1. W 20 | 1:01:00 |
| 776 | 7. | | 5. | Holtkötter, Michael | LSF Münster | 1956 | 1. M 55 | 1:03:49 |
| 849 | 8. | | 6. | Fischer, Christian | TV Beckum | 1974 | 1. M 35 | 1:04:58 |
| 836 | 9. | | 7. | Walleck, Stephan | TSVE 1890 Bielefeld | 1982 | 3. M 20 | 1:06:23 |
| 852 | 10. | | 8. | Seehafer, Holger | SV Rinkerode | 1964 | 2. M 45 | 1:06:30 |
| 831 | 11. | | 9. | Oelgemöller, Jürgen | TuS Saxonia Münster | 1967 | 2. M 40 | 1:07:13 |
| 728 | 12. | | 10. | Albers, Michael | LSF Münster | 1959 | 1. M 50 | 1:07:38 |
| 837 | 13. | | 11. | Pfeiffer, Sven | Bielefeld | 1984 | 4. M 20 | 1:08:46 |
| 902 | 14. | | 12. | Schaeper, Björn | | 1976 | 2. M 35 | 1:10:28 |
| 716 | 15. | | 13. | Hahn, Stefan | LSF Münster | 1963 | 3. M 45 | 1:10:39 |
| 896 | 16. | | 14. | Roberg, Jakob | SC DJK Everswinkel | 1964 | 4. M 45 | 1:13:21 |
| 822 | 17. | | 15. | Chrzanowski, Stefan | LSF Münster | 1966 | 5. M 45 | 1:13:28 |
| 851 | 18. | | 16. | Deitert, Maik | | 1974 | 3. M 35 | 1:13:34 |
| 733 | 19. | | 17. | Lütke Schelhowe, Hermann | SG DJK Dyckburg Münster | 1950 | 1. M 60 | 1:13:38 |
| 771 | 20. | 3. | | Radusch, Vanessa | LSF Münster | 1982 | 2. W 20 | 1:15:16 |
| 898 | 21. | | 18. | Lüken, Guido | Lauffreunde Emsland | 1975 | 4. M 35 | 1:16:32 |
| 857 | 22. | | 19. | Bosse, Reiner | | 1969 | 3. M 40 | 1:18:24 |
| 903 | 23. | | 20. | Pohlmann, Gerhard | TuS 07 | 1963 | 6. M 45 | 1:21:16 |
| 904 | 24. | | 21. | Murrenhoff, Christian | | 1959 | 2. M 50 | 1:21:17 |
| 809 | 25. | 4. | | Kahl, Jennifer | Runners Club Münster | 1982 | 3. W 20 | 1:22:07 |
| 734 | 26. | 5. | | Rother, Marion | LSF Münster | 1946 | 1. W 65 | 1:22:36 |
| 858 | 27. | | 22. | Molinari, Matthias | | 1969 | 4. M 40 | 1:24:58 |
| 853 | 28. | | 23. | Rehbaum, Martin | SV Rinkerode | 1969 | 5. M 40 | 1:27:01 |
| 897 | 29. | | 24. | Averhoff, Dieter | RSG Warendorf-Freckenhorst | 1963 | 7. M 45 | 1:27:25 |
| 900 | 30. | | 25. | Laubrock, Michael | CSAT | 1965 | 8. M 45 | 1:29:41 |
| 899 | 31. | | 26. | Engelhardt, Sven | Post SV Gütersloh | 1968 | 6. M 40 | 1:32:47 |
| 729 | 32. | | 27. | Jonas, Wolfgang Konrad | LSF Münster | 1953 | 2. M 55 | 1:35:43 |
| 735 | 33. | 6. | | Lange, Mechtild | LSF Münster | 1959 | 1. W 50 | 1:35:44 |
| 726 | 34. | 7. | | Schalk-Herbers, Kerstin | TV Friesen Telgte | 1965 | 1. W 45 | 1:38:41 |
| 725 | 35. | 8. | | Gaede, Barbara | Telgte | 1962 | 2. W 45 | 1:38:42 |

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Gesamtergebnisliste - 7,5 km Lauf

| SNR | PL. | W. | M. | Hausname, Vorname | Verein | JG | AK | Zeit |
|-----|-----|-----|-----|--------------------------|----------------------------|------|----------|-------|
| 29 | 1. | | 1. | Kaldewei, Philipp | LV Oelde | 1981 | 1. M 30 | 24:28 |
| 727 | 2. | | 2. | Isensee, Gunnar | Wolfenbütteler THV | 1989 | 1. M 20 | 27:51 |
| 714 | 3. | | 3. | Peters, Yannik | ESV Münster | 1993 | 1. M JA | 27:52 |
| 55 | 4. | | 4. | Hußmann, Bert | LG Ems Warendorf | 1969 | 1. M 40 | 28:06 |
| 79 | 5. | | 5. | Schlattmann, Peter | SC Melle 03 | 1963 | 1. M 45 | 28:23 |
| 854 | 6. | | 6. | John, Philipp | LG Ems Warendorf | 1988 | 2. M 20 | 28:50 |
| 832 | 7. | | 7. | Henrique, Antonio | LSF Münster | 1958 | 1. M 50 | 28:53 |
| 82 | 8. | | 8. | Strotmeier, Florian | WSU TriTeam Warendorf | 1986 | 3. M 20 | 28:58 |
| 850 | 9. | | 9. | Schröder, Christian | LSF Münster | 1972 | 1. M 35 | 29:09 |
| 134 | 10. | | 10. | Cordes, Dirk | BSV Ostbevern | 1974 | 2. M 35 | 29:10 |
| 133 | 11. | 1. | | Schröder, Miriam | LSF Münster | 1977 | 1. W 30 | 29:19 |
| 27 | 12. | | 11. | Auerswald, Steffen | LG Ems Warendorf | 1967 | 2. M 40 | 29:22 |
| 20 | 13. | | 12. | Bühn, Klaus | LSF Münster | 1959 | 2. M 50 | 30:02 |
| 30 | 14. | | 13. | Haverkamp, Andre | LG Ems Warendorf | 1988 | 4. M 20 | 30:05 |
| 121 | 15. | | 14. | Albersmann, Jens | LV Lahme Enten | 1990 | 5. M 20 | 30:20 |
| 45 | 16. | | 15. | Wendker, Thomas | Ostbevern-Brock | 1967 | 3. M 40 | 30:21 |
| 39 | 17. | | 16. | Reckermann, Markus | BSV Ostbevern | 1981 | 2. M 30 | 30:43 |
| 129 | 18. | | 17. | Dr. Prieß, Karl-Heinz | LSF Münster | 1955 | 1. M 55 | 30:50 |
| 3 | 19. | | 18. | Gruben, Matthäus | Unisport Bielefeld | 1981 | 3. M 30 | 31:05 |
| 66 | 20. | | 19. | Wirth zur Osten, Frank | WSU TriTeam Warendorf | 1969 | 4. M 40 | 31:23 |
| 35 | 21. | | 20. | Zumdieck, Norbert | WSU TriTeam Warendorf | 1966 | 2. M 45 | 31:33 |
| 41 | 22. | | 21. | Bittner, Bernhard | LV Oelde | 1958 | 3. M 50 | 31:34 |
| 111 | 23. | 2. | | Postert, Christiane | SC DJK Everswinkel | 1974 | 1. W 35 | 31:36 |
| 81 | 24. | | 22. | Haase, Karsten | LG Ems Warendorf | 1979 | 4. M 30 | 31:38 |
| 96 | 25. | | 23. | Lütke Schulte, Siegfried | TuS Hilstrup | 1959 | 4. M 50 | 31:40 |
| 124 | 26. | | 24. | Toepper, Georg | WSU Warendorf | 1959 | 5. M 50 | 31:48 |
| 751 | 27. | 3. | | Kalläne, Bettina | LV Oelde | 1978 | 2. W 30 | 31:54 |
| 60 | 28. | | 25. | Häusler, Ralf | LiVe-Lauftreff in Versmold | 1962 | 3. M 45 | 31:57 |
| 91 | 29. | | 26. | Schwerdtler, Torsten | SV EMS Westbevern | 1964 | 4. M 45 | 32:12 |
| 821 | 30. | | 27. | Voß, Leo | LG Ems/Warendorfer SU | 1965 | 5. M 45 | 32:19 |
| 46 | 31. | | 28. | Ellebracht, Dennis | BSV Ostbevern | 1989 | 6. M 20 | 32:30 |
| 126 | 32. | | 29. | Möllers, Marwin | LG Ems Warendorf | 1998 | 1. M 13 | 32:31 |
| 24 | 33. | | 30. | Lammers, Dominik | Münster | 1984 | 7. M 20 | 32:50 |
| 704 | 34. | | 31. | Peters, Werner | LSF Münster | 1963 | 6. M 45 | 32:58 |
| 750 | 35. | | 32. | Schmidt, Christian | Freckenhorst | 1972 | 3. M 35 | 33:06 |
| 67 | 36. | | 33. | Urban, Marius | BSV Ostbevern | 1984 | 8. M 20 | 33:20 |
| 97 | 37. | | 34. | Farwick, Andreas | SC Glandorf 36 | 1971 | 5. M 40 | 33:21 |
| 28 | 38. | 4. | | Feyerabend, Maria | LSF Münster | 1954 | 1. W 55 | 33:25 |
| 828 | 39. | 5. | | Trécul, Béatrice | ESV Münster | 1968 | 1. W 40 | 33:59 |
| 94 | 40. | | 35. | Bartels, Ulrich | TuS Hilstrup | 1951 | 1. M 60 | 34:00 |
| 830 | 41. | | 36. | Dirksen, Sven | Gautsch Laufteam | 1969 | 6. M 40 | 34:04 |
| 59 | 42. | 6. | | Kortmann, Sonja | LG Ems Warendorf | 1993 | 1. W JA | 34:13 |
| 123 | 43. | | 37. | Niemeyer, Nils | TV Lengerich | 2000 | 1. M 11 | 34:27 |
| 2 | 44. | | 38. | Kemper, Siegfried | LC Solbad Ravensberg | 1954 | 2. M 55 | 34:32 |
| 4 | 45. | | 39. | Ottensmann, Manfred | PC Telgte | 1959 | 6. M 50 | 34:44 |
| 34 | 46. | | 40. | Schilling, Martin | TV Friesen Telgte | 1965 | 7. M 45 | 34:46 |
| 817 | 47. | | 41. | Leifer, Peter | LG Ems/Warendorfer SU | 1968 | 7. M 40 | 34:54 |
| 53 | 48. | | 42. | Rowald, Markus | LG Ems Warendorf | 1969 | 8. M 40 | 34:57 |
| 131 | 49. | | 43. | Hovest, Ludger | BSV Ostbevern | 1962 | 8. M 45 | 35:00 |
| 115 | 50. | | 44. | Oelgemoeller, Dieter | PC Telgte | 1964 | 9. M 45 | 35:08 |
| 801 | 51. | | 45. | Strotmeier, Franz Josef | WSU Tri Team Warendorf | 1958 | 7. M 50 | 35:15 |
| 119 | 52. | | 46. | Kaldewey, Günter | Stockmeyer Team | 1959 | 8. M 50 | 35:23 |
| 833 | 53. | | 47. | Hampel, Mario | LSF Münster | 1971 | 9. M 40 | 35:24 |
| 70 | 54. | 7. | | Krell-Witte, Delia | LSF Münster | 1959 | 1. W 50 | 35:26 |
| 90 | 55. | | 48. | Korte, Frank | LG Ems Warendorf | 1969 | 10. M 40 | 35:44 |
| 56 | 56. | 8. | | Hußmann, Claudia | LG Ems Warendorf | 1969 | 2. W 40 | 35:54 |
| 47 | 57. | | 49. | Becker, Hermann-Josef | WSU Warendorf | 1960 | 9. M 50 | 35:57 |
| 48 | 58. | | 50. | Philips, Josef | LG Ems Warendorf | 1950 | 2. M 60 | 36:03 |
| 71 | 59. | 9. | | Lenfers-Lücker, Petra | SV Herbern | 1963 | 1. W 45 | 36:04 |
| 13 | 60. | 10. | | Beier-Stürwald, Marianne | TV Friesen Telgte | 1959 | 2. W 50 | 36:21 |
| 15 | 61. | | 51. | Greve, Volker | Die 5 lustigen 3 | 1973 | 4. M 35 | 36:35 |
| 92 | 62. | | 52. | Bartz, Harald | Skiclub Beckum | 1945 | 1. M 65 | 36:50 |
| 756 | 63. | | 53. | Lübbert, Oliver | Tri Finish Münster | 1964 | 10. M 45 | 36:57 |
| 752 | 64. | 11. | | Lammers, Marissa | LG Ratio/TuS Hilstrup | 1996 | 1. W 14 | 36:59 |
| 793 | 65. | | 54. | Besting, Ulrich | androGym Münster | 1958 | 10. M 50 | 36:59 |

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Gesamtergebnisliste - 7,5 km Lauf

| SNR | PL. | W. | M. | Hausname, Vorname | Verein | JG | AK | Zeit |
|------------|-------------|------------|------------|------------------------------|----------------------------------|-------------|----------------|--------------|
| 840 | 66. | 12. | | Stewin, Laura | LC 92 Bad Salzuflen | 1991 | 1. W 20 | 37:01 |
| 103 | 67. | | 55. | de Jong, Thomas | Sassenberg | 1960 | 11. M 50 | 37:02 |
| 757 | 68. | 13. | | Zander, Iris | Warendorf | 1977 | 3. W 30 | 37:04 |
| 105 | 69. | 14. | | Wesselmann, Sylvia | | 1971 | 3. W 40 | 37:14 |
| 106 | 70. | 15. | | Heuer, Monika | WSU Warendorf | 1972 | 2. W 35 | 37:24 |
| 9 | 71. | | 56. | Goldberg, Udo | LSF Münster | 1960 | 12. M 50 | 37:31 |
| 127 | 72. | | 57. | Möllers, Günter | Segelfluggruppe MS | 1957 | 13. M 50 | 37:32 |
| 42 | 73. | | 58. | Schmillenkamp, Dieter | LV Oelde | 1938 | 1. M 70 | 37:35 |
| 712 | 74. | 16. | | Naujeck-Peters, Beate | LSF Münster | 1964 | 2. W 45 | 37:36 |
| 102 | 75. | | 59. | Schnitker, Josef | LG Oelde/Wadersloh | 1956 | 3. M 55 | 38:03 |
| 74 | 76. | | 60. | Kinder, Dirk | Die 5 lustigen 3 | 1970 | 11. M 40 | 38:11 |
| 843 | 77. | | 61. | Breidel, Hans-Jürgen | TV Friesen Telgte | 1957 | 14. M 50 | 38:17 |
| 57 | 78. | | 62. | Deckenbrock, Wolfgang | LG Ems Warendorf | 1965 | 11. M 45 | 38:32 |
| 905 | 79. | | 63. | Gekkmann, Max | | 1949 | 3. M 60 | 38:36 |
| 794 | 80. | | 64. | Düpmeier, Armin | WSU Warendorf | 1960 | 15. M 50 | 38:39 |
| 10 | 81. | | 65. | Kipp, Thomas | | 1967 | 12. M 40 | 38:41 |
| 132 | 82. | | 66. | Brune, Dominik | BSV Ostbevern | 1974 | 5. M 35 | 38:42 |
| 72 | 83. | | 67. | Meyer, Carsten | Feuerwehr Lengerich | 1970 | 13. M 40 | 38:43 |
| 75 | 84. | | 68. | Lauxtermann, Stefan | Feuerwehr Lengerich | 1968 | 14. M 40 | 38:52 |
| 32 | 85. | | 69. | Dahlhaus, Linus | Münster | 2001 | 1. M 10 | 39:03 |
| 25 | 86. | 17. | | Carius, Stephanie | Münster | 1983 | 2. W 20 | 39:04 |
| 741 | 87. | 18. | | Hagemann, Beate | LSF Münster | 1965 | 3. W 45 | 39:11 |
| 49 | 88. | | 70. | Ackermann, Ingolf | LG Ems Warendorf | 1946 | 2. M 65 | 39:12 |
| 11 | 89. | 19. | | Henry, Maren | LSF Münster | 1977 | 4. W 30 | 39:28 |
| 779 | 90. | | 71. | Hentrup, Manfred | TV Friesen Telgte | 1957 | 16. M 50 | 40:09 |
| 135 | 91. | 20. | | Auerswald, Kerstin | LG Ems Warendorf | 1968 | 4. W 40 | 40:14 |
| 842 | 92. | | 72. | Katzmann, Ulrich | Marathon Ibbenbüren | 1955 | 4. M 55 | 40:36 |
| 724 | 93. | | 73. | Wittmers, Hubertus | TV Wolbeck | 1963 | 12. M 45 | 40:40 |
| 118 | 94. | 21. | | Austermann, Erika | SC DJK Everswinkel | 1960 | 3. W 50 | 40:52 |
| 824 | 95. | | 74. | Wollenweber, Till | LG Ems/SC DJK Everswinkel | 1997 | 1. M 14 | 41:00 |
| 51 | 96. | | 75. | Pokar, Björn | TV Georgsmarienhütte | 1955 | 5. M 55 | 41:04 |
| 33 | 97. | | 76. | Dahlhaus, Markus | Münster | 1966 | 13. M 45 | 41:07 |
| 125 | 98. | 22. | | Bosse, Karin | | 1974 | 3. W 35 | 41:12 |
| 98 | 99. | 23. | | Eggenhaus, Margret | TuS Hilstrup | 1948 | 1. W 60 | 41:13 |
| 859 | 100. | 24. | | Schneider, Katrin | LC Solbad | 1977 | 5. W 30 | 41:29 |
| 37 | 101. | | 77. | Helfers, Helmut | Warendorf | 1967 | 15. M 40 | 41:29 |
| 1 | 102. | 25. | | Kemper, Katharina | LC Solbad Ravensberg | 1985 | 3. W 20 | 41:40 |
| 791 | 103. | 26. | | Glanemann, Claudia | SC DJK Everswinkel | 1973 | 4. W 35 | 41:57 |
| 88 | 104. | 27. | | Blank, Ute | LiVe Laufftreff Versmold | 1960 | 4. W 50 | 42:21 |
| 6 | 105. | | 78. | Schlie, Michael | LC Solbad Ravensberg | 1959 | 17. M 50 | 42:24 |
| 113 | 106. | 28. | | Glösker, Ulla | Tem Stöckmeyer | 1962 | 4. W 45 | 42:47 |
| 120 | 107. | 29. | | Hüwe, Doris | Stockmeyer Team | 1970 | 5. W 40 | 42:48 |
| 61 | 108. | | 79. | Liewald, Reinhard | BSG Arbeitsagentur Münster | 1953 | 6. M 55 | 42:54 |
| 38 | 109. | 30. | | Finke, Karin | Ostbevern | 1974 | 5. W 35 | 43:19 |
| 841 | 110. | 31. | | Grundmann, Barbara | TV Friesen Telgte | 1943 | 1. W 65 | 44:01 |
| 844 | 111. | | 80. | Holkenbrink, Alois | TV Friesen Telgte | 1957 | 18. M 50 | 44:01 |
| 790 | 112. | 32. | | Kuhn, Marion | Everswinkel | 1970 | 6. W 40 | 44:24 |
| 901 | 113. | | 81. | Burlage, Jochen | TuS Freckenhorst | 1959 | 19. M 50 | 44:34 |
| 717 | 114. | 33. | | Körner, Yvonne | LSF Münster | 1973 | 6. W 35 | 44:55 |
| 68 | 115. | 34. | | Roßkamp, Helga | LSF Münster | 1980 | 6. W 30 | 44:56 |
| 80 | 116. | | 82. | Kerkhoff, Klemens | BSV Ostbevern | 1949 | 4. M 60 | 45:14 |
| 69 | 117. | | 83. | Niederhofer, Wolfgang | TSVE 1890 Bielefeld | 1949 | 5. M 60 | 45:23 |
| 706 | 118. | | 84. | Streffing, Marcel | Heinrich-Tellen-Schule WAF | 1993 | 2. M JA | 45:52 |
| 707 | 119. | | 85. | Ahmann, Sigi | Heinrich-Tellen-Schule WAF | 1953 | 7. M 55 | 45:53 |
| 862 | 120. | | 86. | Brune, Alfons | BSV Ostbevern | 1946 | 3. M 65 | 46:01 |
| 719 | 121. | | 87. | Schmitte, Frank | LSF Münster | 1964 | 14. M 45 | 46:02 |
| 137 | 122. | 35. | | Erpenbeck, Antje | | 1970 | 7. W 40 | 46:05 |
| 789 | 123. | | 88. | Kuhn, Günter | Everswinkel | 1939 | 2. M 70 | 46:50 |
| 715 | 124. | | 89. | Schöler, Thorsten | ZURICH Team Schöler | 1975 | 6. M 35 | 47:07 |
| 861 | 125. | 36. | | Pohlmann, Elke | | 1980 | 7. W 30 | 47:30 |
| 860 | 126. | 37. | | Hieck, Alexandra | | 1979 | 8. W 30 | 47:30 |
| 12 | 127. | | 90. | Wachsmann, Christian | Die 5 lustigen 3 | 1976 | 7. M 35 | 47:31 |
| 101 | 128. | 38. | | Schnitker, Maria | LG Oelde/Wadersloh | 1959 | 5. W 50 | 47:57 |
| 110 | 129. | 39. | | Vennemann, Kerstin | | 1968 | 8. W 40 | 49:15 |
| 848 | 130. | 40. | | Stratmann, Hildegard | | 1970 | 9. W 40 | 50:52 |

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Gesamtergebnisliste - 7,5 km Lauf

| SNR | PL. | W. | M. | Hausname, Vorname | Verein | JG | AK | Zeit |
|-----|------|-----|----|----------------------|----------------------|------|----------|-------|
| 5 | 131. | 41. | | Schlie, Cornelia | LC Solbad Ravensberg | 1967 | 10. W 40 | 51:45 |
| 855 | 132. | 42. | | Waldvogel, Sina | Dohrehmsen | 1978 | 9. W 30 | 53:37 |
| 856 | 133. | 43. | | Huchzermeier, Nicole | | 1977 | 10. W 30 | 54:21 |

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Gesamtergebnisliste - 3 km Lauf

| SNR | PL. | W. | M. | Hausname, Vorname | Verein | JG | AK | Zeit |
|-----|-----|-----|-----|---------------------|----------------------------|------|---------|-------|
| 783 | 1. | | 1. | Schlenkhoff, Moritz | LSF Münster | 1985 | 1. M 20 | 11:07 |
| 747 | 2. | | 2. | Fricke, Thomas | LSF Münster | 1967 | 1. M 40 | 11:17 |
| 846 | 3. | | 3. | Slüter, Philip | LSF Münster | 1997 | 1. M 14 | 11:26 |
| 823 | 4. | 1. | | Montag, Claudia | LSF Münster | 1977 | 1. W 30 | 11:42 |
| 835 | 5. | | 4. | Fischer, Matthias | LSF Münster | 1975 | 1. M 35 | 11:49 |
| 816 | 6. | | 5. | Leifer, Peter | WSU Tri-Team Warendorf | 1968 | 2. M 40 | 11:54 |
| 847 | 7. | | 6. | Kischei, Paul | LG Ems Warendorf | 2000 | 1. M 11 | 12:01 |
| 820 | 8. | | 7. | Scheel, Michael | LSF Münster | 1968 | 3. M 40 | 12:07 |
| 810 | 9. | | 8. | Wachsmann, Rainer | LSF Münster | 1965 | 1. M 45 | 12:07 |
| 818 | 10. | 2. | | Meiser, Corinna | LSF Münster | 1973 | 1. W 35 | 12:08 |
| 736 | 11. | | 9. | Koch, Mathias | LSF Münster | 1977 | 1. M 30 | 12:10 |
| 775 | 12. | 3. | | Holtkötter, Anne | LSF Münster | 1958 | 1. W 50 | 12:11 |
| 772 | 13. | | 10. | Kirchhefer, Konrad | LG Ratio Münster | 1999 | 1. M 12 | 12:16 |
| 829 | 14. | 4. | | Jocksch, Céline | LSF Münster | 1999 | 1. W 12 | 12:20 |
| 718 | 15. | | 11. | Wolking, Clemens | LSF Münster | 1962 | 2. M 45 | 12:26 |
| 761 | 16. | 5. | | Schnieders, Annika | LSF Münster | 1985 | 1. W 20 | 12:35 |
| 825 | 17. | | 12. | Lindstrot, Henrik | TB Burgsteinfurt | 2003 | 1. M 8 | 12:39 |
| 759 | 18. | | 13. | Milden, Siegfried | LSF Münster | 1966 | 3. M 45 | 12:39 |
| 753 | 19. | 6. | | Bertels, Carolin | LG Ratio/TuS Hiltrup | 1994 | 1. W JB | 12:50 |
| 738 | 20. | | 14. | Hamann, Carlin | LG Ems/SC DJK Everswinkel | 1998 | 1. M 13 | 12:52 |
| 737 | 21. | 7. | | Rotthauwe, Juliana | LSF Münster | 1979 | 2. W 30 | 12:52 |
| 748 | 22. | | 15. | Fricke, Julian | LSF Münster | 2002 | 1. M 9 | 13:02 |
| 826 | 23. | | 16. | Lindstrot, Lennart | TB Burgsteinfurt | 2003 | 2. M 8 | 13:17 |
| 774 | 24. | 8. | | Hampel, Laura | LSF Münster | 1999 | 2. W 12 | 13:19 |
| 740 | 25. | | 17. | Pöttker, Martin | LSF Münster | 1967 | 4. M 40 | 13:26 |
| 788 | 26. | | 18. | Kühn, Maik | LG Ems/Warendorfer SU | 2001 | 1. M 10 | 14:01 |
| 787 | 27. | | 19. | Uphoff, Alexander | LG Ems/Warendorfer SU | 2000 | 2. M 11 | 14:09 |
| 749 | 28. | | 20. | Querdel, Julius | LG Ems/SC DJK Everswinkel | 2002 | 2. M 9 | 14:15 |
| 743 | 29. | | 21. | Jüttner, Len | LG Ems/SC DJK Everswinkel | 2001 | 2. M 10 | 14:17 |
| 764 | 30. | | 22. | Weiberg, Nico | Heinrich Tellen Schule | 1995 | 1. M JB | 14:39 |
| 785 | 31. | | 23. | Behrmann, Marcel | LG Ems/SC Füchtorf | 2004 | 1. M 7 | 14:39 |
| 773 | 32. | 9. | | Kirchhefer, Rosalie | LG Ratio Münster | 2004 | 1. W 7 | 15:20 |
| 834 | 33. | 10. | | Kühn, Sarah | LG EMS Warendorf | 2003 | 1. W 8 | 15:21 |
| 723 | 34. | 11. | | Niemeyer, Klara | TV Lengerich | 2003 | 2. W 8 | 15:22 |
| 800 | 35. | | 24. | Hamann, Yule | LG Ems/SC DJK Everswinkel | 2000 | 3. M 11 | 15:36 |
| 803 | 36. | | 25. | Lamberti, Giorgio | Vicky 4 ever | 1984 | 2. M 20 | 16:04 |
| 780 | 37. | 12. | | Philips, Nadine | SC DJK Everswinkel | 1990 | 2. W 20 | 16:43 |
| 786 | 38. | | 26. | Flottmann, Joe | LG Ems/SC Füchtorf | 2004 | 2. M 7 | 16:52 |
| 703 | 39. | | 27. | Havig, Stephan | Heinrich-Tellen-Schule WAF | 1994 | 2. M JB | 17:21 |
| 766 | 40. | | 28. | Hübner, Julian | Heinrich Tellen Schule | 1999 | 2. M 12 | 17:54 |
| 839 | 41. | | 29. | Fricke, Benedikt | LSF Münster | 2005 | 1. M 6 | 18:27 |
| 838 | 42. | 13. | | Fricke, Britta | LSF Münster | 1973 | 2. W 35 | 18:27 |
| 702 | 43. | | 30. | Gossen, Benjamin | Heinrich-Tellen-Schule WAF | 1993 | 1. M JA | 23:14 |
| 767 | 44. | | 31. | Rickfelder, Tobias | Heinrich Tellen Schule | 1999 | 3. M 12 | 23:18 |
| 765 | 45. | | 32. | Friesen, Kevin | Heinrich Tellen Schule | 1995 | 3. M JB | 23:51 |
| 701 | 46. | | 33. | Ahmann, Sigi | Heinrich-Tellen-Schule WAF | 1953 | 1. M 55 | 23:52 |