

2. Delbrück Rad-Einzelzeitfahren - 7. August 2009  
Gesamtergebnisliste - 8,4 km - Einzeizeitfahren

SNR	Pl.	Hausname, Vorname	Verein	AK	Zeit
1	1.	Hoffmeister, Nikolai 5:51,4	RG Paderborn 99 e. V.	1. AK 1	11:56,2 42.22 km/h
2	2.	Lübbers, Raven 6:55,6	RG Paderborn 99 e. V.	2. AK 1	12:06,6 41.61 km/h
6	3.	Wiechmann, Ann-Leonie 11:33,8	RSC Hildesheim e. V.	3. AK 1	13:22,6 37.67 km/h
10	4.	Brockermann, Kolja 15:44,7	RV Teutoburg	4. AK 1	13:48,6 36.49 km/h
5	5.	Gieseler, Alexander 10:57,1	RG Paderborn 99 e. V.	5. AK 1	14:02,2 35.90 km/h
3	6.	Lübbers, Dorian 8:52,8	RG Paderborn 99 e. V.	6. AK 1	14:05,4 35.77 km/h
7	7.	Siebert, Hendrik 12:55,9	RRV Hameln-Pyrmont e. V.	7. AK 1	14:14,4 35.39 km/h
11	8.	Berheide, Sören 17:03,8		8. AK 1	14:24,1 34.99 km/h
4	9.	Mühlenbein, Julian 10:23,0	Rad-Treff Borchen	9. AK 1	14:46,3 34.11 km/h
9	10.	Altenbäumer, Lennart 15:31,8	TSV 1890 Bielefeld	10. AK 1	14:49,4 34.00 km/h
12	11.	Rechtersdees, Malte 19:09,1	Gütersloh	11. AK 1	17:13,2 29.26 km/h
8	12.	Prang, Yannik 15:25,1	RV Adler Lüttringhausen	12. AK 1	17:16,5 29.17 km/h

**2. Delbrück Rad-Einzelzeitfahren - 7. August 2009**  
**Gesamtergebnisliste - 16,8 km - Einzelzeitfahren**

SNR	Pl.	Hausname, Vorname	Verein	AK	Zeit
41	1.	Lingnau, Frank 00:05:38 00:11:20 00:17:02	fair gewinnt	1. AK 3	22:44,7 44.31 km/h
53	2.	Ermann, Sebastian 00:05:43 00:11:33 00:17:21	RSV Münster	1. AK 2	23:04,1 43.69 km/h
65	3.	Ruesink, Erik 00:05:42 00:11:33 00:17:25	TWV Peddelaars Aalten	2. AK 3	23:14,3 43.37 km/h
80	4.	Latussek, Marcin 00:05:40 00:11:26 00:17:24	RSG Hannover	3. AK 3	23:15,3 43.34 km/h
85	5.	Streek, Dominik 00:05:38 00:11:36 00:17:31	RSC Rotrunner	4. AK 3	23:25,5 43.03 km/h
44	6.	Brechmann, Martin 00:05:50 00:11:43 00:17:37	RSV Unna 1968 e. V.	5. AK 3	23:29,5 42.90 km/h
37	7.	Graben, Michael 00:05:41 00:11:37 00:17:35	Westerwälder RSF	6. AK 3	23:31,6 42.84 km/h
87	8.	Grundkötter, Werner 00:05:39 00:11:35 00:17:38	Sprintax Bielefeld	7. AK 3	23:36,1 42.70 km/h
54	9.	Bertkau, Jürgen 00:05:54 00:11:58 00:18:00	VfL Wolfsburg	1. AK 4	24:01,8 41.94 km/h
96	10.	Huster, Guido 00:05:47 00:11:49 00:17:59	Oelde	8. AK 3	24:03,8 41.88 km/h
42	11.	Hötte, Felix 00:05:57 00:11:58 00:18:03	RG Paderborn	2. AK 2	24:07,7 41.77 km/h
88	12.	Hoffmann, Falk 00:05:51 00:11:57 00:18:05	Kieler RV von 1961	9. AK 3	24:10,0 41.71 km/h
40	13.	Meyer, Jens 00:05:46 00:11:52 00:18:07	Radtreff Borchen	10. AK 3	24:11,6 41.66 km/h
78	14.	Warnecke, Malte 00:05:51 00:11:55 00:18:07	RV Hameln-Pyrmont e.v.	11. AK 3	24:12,1 41.65 km/h
50	15.	Allgeier, Matthias 00:05:39 00:11:48 00:18:08	Hannoverscher RSC	3. AK 2	24:17,2 41.50 km/h
79	16.	Grüter, Andreas 00:06:07 00:12:12 00:18:15	TV Gronau	12. AK 3	24:17,8 41.48 km/h
47	17.	Schäfer, Fabian 00:05:46 00:11:56 00:18:12	fair gewinnt	13. AK 3	24:18,4 41.47 km/h
45	18.	Jenesmann, Stefan 00:05:59 00:12:03 00:18:07	RV Teutoburg	14. AK 3	24:20,1 41.42 km/h
100	19.	Thorwesten, Ralf 00:05:50 00:12:02 00:18:10	Westenholz	15. AK 3	24:20,8 41.40 km/h
64	20.	Brinker, Tom 00:06:07 00:12:23 00:18:25	TSVE Bielefeld	4. AK 2	24:23,8 41.31 km/h
61	21.	Wieking, Fabian 00:06:03 00:12:15 00:18:24	TSV 1890 Bielefeld	5. AK 2	24:24,3 41.30 km/h
58	22.	Spiekermann, Markus 00:06:08 00:12:19 00:18:32	TV Teutoburg Barckwede	16. AK 3	24:35,8 40.98 km/h
43	23.	Über, Jan Gerrit 00:06:12 00:12:30 00:18:47	RRV Hameln-Pyrmont e. V.	17. AK 3	24:51,8 40.54 km/h
99	24.	knoke, Thomas 00:06:05 00:12:19 00:18:36	Bielefeld	18. AK 3	24:56,2 40.42 km/h
60	25.	Pieruschka, Roland 00:06:00 00:12:13 00:18:38	Essener RG 1900	19. AK 3	25:03,5 40.22 km/h
69	26.	Heibel, Sebastian 00:06:10 00:12:27 00:18:48	RSG Montabaur	20. AK 3	25:12,5 39.98 km/h
48	27.	Horsthemke, Christoph 00:06:02 00:12:08 00:18:39	RC Bergteam Oelde	21. AK 3	25:15,1 39.91 km/h
95	28.	Berheide, Oliver 00:06:12 00:12:30 00:18:48	Oelde	22. AK 3	25:15,3 39.91 km/h
32	29.	Geisthardt, Dennis 00:06:03 00:12:28 00:18:57	RC Charlottenburg	6. AK 2	25:23,8 39.69 km/h
33	30.	Müller, Jan Philip 00:06:13 00:12:39 00:19:07	RC Charlottenburg	23. AK 3	25:29,0 39.55 km/h

**2. Delbrück Rad-Einzelzeitfahren - 7. August 2009**  
**Gesamtergebnisliste - 16,8 km - Einzelzeitfahren**

SNR	Pl.	Hausname, Vorname	Verein	AK	Zeit
73	31.	Schüssler, Till 00:05:56 00:12:23 00:18:59	RG Paderborn 99 e. V.	7. AK 2	25:30,2 39.52 km/h
57	32.	Wischer, Horst 00:06:17 00:12:42 00:19:11	SC Lippstadt	24. AK 3	25:37,2 39.34 km/h
98	33.	Horstmann, Ralf 00:06:21 00:12:50 00:19:16	Delbrück	25. AK 3	25:39,2 39.29 km/h
77	34.	Brinkmann, Michael 00:06:29 00:12:54 00:19:25	TSVE 1890 Bielefeld	26. AK 3	25:47,0 39.09 km/h
66	35.	Kowalik, Oliver 00:06:11 00:12:43 00:19:22	RV Teutoburg	8. AK 2	25:50,2 39.01 km/h
71	36.	Brenke, Ralf 00:06:07 00:12:44 00:19:25	Triclub Paderborn	27. AK 3	25:55,6 38.87 km/h
68	37.	Gieseler, Philip 00:06:18 00:12:54 00:19:28	RG Paderborn 99 e. V.	9. AK 2	25:58,5 38.80 km/h
52	38.	Diedrichsen, Daniel 00:06:17 00:12:53 00:19:28	RV Teutoburg	10. AK 2	26:07,1 38.59 km/h
63	39.	Lohmann, Jonas 00:06:34 00:13:07 00:19:44	SC Wiedenbrück 2000	28. AK 3	26:14,7 38.40 km/h
82	40.	Kröger, Mieke 00:06:29 00:13:07 00:19:50	RV Teutoburg	11. AK 2	26:20,7 38.26 km/h
84	41.	Niggeweg, Jürgen 00:06:22 00:13:03 00:19:44	RV Teutoburg	29. AK 3	26:27,5 38.09 km/h
46	42.	Dr. Kuba, Jiri 00:06:18 00:12:55 00:19:46	RV Teutoburg	2. AK 4	26:29,9 38.04 km/h
76	43.	Floer, Ulla 00:06:34 00:13:14 00:19:50	TSVE 1890 Bielefeld	30. AK 3	26:30,2 38.03 km/h
31	44.	Scheider, Riccardo 00:06:37 00:13:22 00:20:11	RC Charlottenburg	12. AK 2	26:44,5 37.69 km/h
94	45.	Ottersbach, Walter 00:06:37 00:13:21 00:20:09	Böchlingen	3. AK 4	26:47,5 37.62 km/h
38	46.	Markenbeck, Nicole 00:06:30 00:13:16 00:20:06	RSV Münster	31. AK 3	26:49,2 37.58 km/h
93	47.	Linnert, Leonard 00:06:35 00:13:21 00:20:10	Brackwede	32. AK 3	26:50,7 37.54 km/h
49	48.	Berkemeier, Michael 00:06:13 00:13:02 00:19:59	Rad-Treff Borchen	33. AK 3	26:56,9 37.40 km/h
101	49.	Füchtenkort, Theo 00:06:42 00:13:34 00:20:31	Herford	4. AK 4	27:29,3 36.67 km/h
51	50.	Arendt, Heiko 00:06:23 00:13:28 00:20:32	RV Teutoburg	34. AK 3	27:34,9 36.54 km/h
55	51.	Jasper, Michael 00:06:41 00:13:36 00:20:36	KCL Lucky Strikes	13. AK 2	27:36,0 36.52 km/h
97	52.	Bütow, Julia 00:06:42 00:13:48 00:20:50	Delbrück	35. AK 3	27:43,5 36.35 km/h
102	53.	Diedrichsen, Dominic 00:06:54 00:13:52 00:20:50	Steinhagen	14. AK 2	27:46,9 36.28 km/h
70	54.	Reker, Lukas 00:06:55 00:14:00 00:20:58	RV Teutoburg	15. AK 2	27:48,6 36.24 km/h
72	55.	Neumann, Volker 00:06:41 00:13:47 00:20:56	RV Adler Lüttringhausen	36. AK 3	27:50,8 36.19 km/h
34	56.	Schlick, Klaus Dieter 00:06:50 00:13:52 00:21:02	RC Charlottenburg	5. AK 4	28:15,3 35.67 km/h
56	57.	Horn, Dominik 00:06:41 00:13:52 00:21:09	RFV All-Heil Beckum e. V.	16. AK 2	28:32,4 35.31 km/h
86	58.	Bolte, Helmut 00:07:01 00:14:17 00:21:36	Delbrück	37. AK 3	28:57,3 34.81 km/h
75	59.	Koch, Guido 00:07:12 00:14:38 00:22:01	Triclub Paderborn	38. AK 3	29:19,1 34.38 km/h
83	60.	Silva, Manuel 00:07:17 00:14:38 00:22:02	Triclub Paderborn	39. AK 3	29:24,1 34.28 km/h

2. Delbrück Rad-Einzelzeitfahren - 7. August 2009  
Gesamtergebnisliste - 16,8 km - Einzelzeitfahren

SNR	Pl.	Hausname, Vorname	Verein	AK	Zeit
30	61.	König, Peter 00:08:09 00:16:14 00:24:30	Team Nutrixxon	6. AK 4	32:44,3 30.78 km/h

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SNR	Hausname, Vorname	Verein	AK	Zeit
53	<b>Ermann, Sebastian</b> 00:05:43 00:11:33 00:17:21	<b>RSV Münster</b>	<b>1. AK 2</b>	<b>23:04,1</b> <b>43.69 km/h</b>
42	Hötte, Felix 00:05:57 00:11:58 00:18:03	RG Paderborn	2. AK 2	24:07,7 41.77 km/h
50	Allgeier, Matthias 00:05:39 00:11:48 00:18:08	Hannoverscher RSC	3. AK 2	24:17,2 41.50 km/h
64	Brinker, Tom 00:06:07 00:12:23 00:18:25	TSVE Bielefeld	4. AK 2	24:23,8 41.31 km/h
61	Wieking, Fabian 00:06:03 00:12:15 00:18:24	TSV 1890 Bielefeld	5. AK 2	24:24,3 41.30 km/h
32	Geisthardt, Dennis 00:06:03 00:12:28 00:18:57	RC Charlottenburg	6. AK 2	25:23,8 39.69 km/h
73	Schüssler, Till 00:05:56 00:12:23 00:18:59	RG Paderborn 99 e. V.	7. AK 2	25:30,2 39.52 km/h
66	Kowalik, Oliver 00:06:11 00:12:43 00:19:22	RV Teutoburg	8. AK 2	25:50,2 39.01 km/h
68	Gieseler, Philip 00:06:18 00:12:54 00:19:28	RG Paderborn 99 e. V.	9. AK 2	25:58,5 38.80 km/h
52	Diedrichsen, Daniel 00:06:17 00:12:53 00:19:28	RV Teutoburg	10. AK 2	26:07,1 38.59 km/h
82	Kröger, Mieke 00:06:29 00:13:07 00:19:50	RV Teutoburg	11. AK 2	26:20,7 38.26 km/h
31	Scheider, Riccardo 00:06:37 00:13:22 00:20:11	RC Charlottenburg	12. AK 2	26:44,5 37.69 km/h
55	Jasper, Michael 00:06:41 00:13:36 00:20:36	KCL Lucky Strikes	13. AK 2	27:36,0 36.52 km/h
102	Diedrichsen, Dominic 00:06:54 00:13:52 00:20:50	Steinhagen	14. AK 2	27:46,9 36.28 km/h
70	Reker, Lukas 00:06:55 00:14:00 00:20:58	RV Teutoburg	15. AK 2	27:48,6 36.24 km/h
56	Horn, Dominik 00:06:41 00:13:52 00:21:09	RFV All-Heil Beckum e. V.	16. AK 2	28:32,4 35.31 km/h
<b>41</b>	<b>Lingnau, Frank</b> <b>00:05:38 00:11:20 00:17:02</b>	<b>fair gewinnt</b>	<b>1. AK 3</b>	<b>22:44,7</b> <b>44.31 km/h</b>
65	Ruesink, Erik 00:05:42 00:11:33 00:17:25	TWV Peddelaars Aalten	2. AK 3	23:14,3 43.37 km/h
80	Latussek, Marcin 00:05:40 00:11:26 00:17:24	RSG Hannover	3. AK 3	23:15,3 43.34 km/h
85	Streek, Dominik 00:05:38 00:11:36 00:17:31	RSC Rotrunner	4. AK 3	23:25,5 43.03 km/h
44	Brechmann, Martin 00:05:50 00:11:43 00:17:37	RSV Unna 1968 e. V.	5. AK 3	23:29,5 42.90 km/h
37	Graben, Michael 00:05:41 00:11:37 00:17:35	Westerwälder RSF	6. AK 3	23:31,6 42.84 km/h
87	Grundkötter, Werner 00:05:39 00:11:35 00:17:38	Sprintax Bielefeld	7. AK 3	23:36,1 42.70 km/h
96	Huster, Guido 00:05:47 00:11:49 00:17:59	Oelde	8. AK 3	24:03,8 41.88 km/h
88	Hoffmann, Falk 00:05:51 00:11:57 00:18:05	Kieler RV von 1961	9. AK 3	24:10,0 41.71 km/h
40	Meyer, Jens 00:05:46 00:11:52 00:18:07	Radtreff Borchen	10. AK 3	24:11,6 41.66 km/h
78	Warnecke, Malte 00:05:51 00:11:55 00:18:07	RV Hameln-Pyrmont e.v.	11. AK 3	24:12,1 41.65 km/h
79	Grüter, Andreas 00:06:07 00:12:12 00:18:15	TV Gronau	12. AK 3	24:17,8 41.48 km/h
47	Schäfer, Fabian 00:05:46 00:11:56 00:18:12	fair gewinnt	13. AK 3	24:18,4 41.47 km/h
45	Jenesmann, Stefan 00:05:50 00:12:03 00:18:07	RV Teutoburg	14. AK 3	24:20,1 41.42 km/h

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**Gesamtergebnisliste - 16,8 km - Einzelzeitfahren**

SNR	Hausname, Vorname	Verein	AK	Zeit
100	Thorwesten, Ralf 00:05:50 00:12:02 00:18:10	Westenholz	15. AK 3	24:20,8 41.40 km/h
58	Spiekermann, Markus 00:06:08 00:12:19 00:18:32	TV Teutoburg Barckwede	16. AK 3	24:35,8 40.98 km/h
43	Uber, Jan Gerrit 00:06:12 00:12:30 00:18:47	RRV Hameln-Pyrmont e. V.	17. AK 3	24:51,8 40.54 km/h
99	knoke, Thomas 00:06:05 00:12:19 00:18:36	Bielefeld	18. AK 3	24:56,2 40.42 km/h
60	Pieruschka, Roland 00:06:00 00:12:13 00:18:38	Essener RG 1900	19. AK 3	25:03,5 40.22 km/h
69	Heibel, Sebastian 00:06:10 00:12:27 00:18:48	RSG Montabaur	20. AK 3	25:12,5 39.98 km/h
48	Horsthemke, Christoph 00:06:02 00:12:08 00:18:39	RC Bergteam Oelde	21. AK 3	25:15,1 39.91 km/h
95	Berheide, Oliver 00:06:12 00:12:30 00:18:48	Oelde	22. AK 3	25:15,3 39.91 km/h
33	Müller, Jan Philip 00:06:13 00:12:39 00:19:07	RC Charlottenburg	23. AK 3	25:29,0 39.55 km/h
57	Wischer, Horst 00:06:17 00:12:42 00:19:11	SC Lippstadt	24. AK 3	25:37,2 39.34 km/h
98	Horstmann, Ralf 00:06:21 00:12:50 00:19:16	Delbrück	25. AK 3	25:39,2 39.29 km/h
77	Brinkmann, Michael 00:06:29 00:12:54 00:19:25	TSVE 1890 Bielefeld	26. AK 3	25:47,0 39.09 km/h
71	Brenke, Ralf 00:06:07 00:12:44 00:19:25	Triclub Paderborn	27. AK 3	25:55,6 38.87 km/h
63	Lohmann, Jonas 00:06:34 00:13:07 00:19:44	SC Wiedenbrück 2000	28. AK 3	26:14,7 38.40 km/h
84	Niggeweg, Jürgen 00:06:22 00:13:03 00:19:44	RV Teutoburg	29. AK 3	26:27,5 38.09 km/h
76	Floer, Ulla 00:06:34 00:13:14 00:19:50	TSVE 1890 Bielefeld	30. AK 3	26:30,2 38.03 km/h
38	Markenbeck, Nicole 00:06:30 00:13:16 00:20:06	RSV Münster	31. AK 3	26:49,2 37.58 km/h
93	Linnert, Leonard 00:06:35 00:13:21 00:20:10	Brackwede	32. AK 3	26:50,7 37.54 km/h
49	Berkemeier, Michael 00:06:13 00:13:02 00:19:59	Rad-Treff Borchen	33. AK 3	26:56,9 37.40 km/h
51	Arendt, Heiko 00:06:23 00:13:28 00:20:32	RV Teutoburg	34. AK 3	27:34,9 36.54 km/h
97	Bütow, Julia 00:06:42 00:13:48 00:20:50	Delbrück	35. AK 3	27:43,5 36.35 km/h
72	Neumann, Volker 00:06:41 00:13:47 00:20:56	RV Adler Lüttringhausen	36. AK 3	27:50,8 36.19 km/h
86	Bolte, Helmut 00:07:01 00:14:17 00:21:36	Delbrück	37. AK 3	28:57,3 34.81 km/h
75	Koch, Guido 00:07:12 00:14:38 00:22:01	Triclub Paderborn	38. AK 3	29:19,1 34.38 km/h
83	Silva, Manuel 00:07:17 00:14:38 00:22:02	Triclub Paderborn	39. AK 3	29:24,1 34.28 km/h
<b>54</b>	<b>Bertkau, Jürgen</b> <b>00:05:54 00:11:58 00:18:00</b>	<b>VfL Wolfsburg</b>	<b>1. AK 4</b>	<b>24:01,8</b> <b>41.94 km/h</b>
46	Dr. Kuba, Jiri 00:06:18 00:12:55 00:19:46	RV Teutoburg	2. AK 4	26:29,9 38.04 km/h
94	Ottersbach, Walter 00:06:37 00:13:21 00:20:09	Böchlingen	3. AK 4	26:47,5 37.62 km/h
101	Füchtenkort, Theo 00:06:42 00:13:34 00:20:31	Herford	4. AK 4	27:29,3 36.67 km/h
34	Schlick, Klaus Dieter 00:06:50 00:13:52 00:21:02	RC Charlottenburg	5. AK 4	28:15,3 35.67 km/h

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SNR	Hausname, Vorname	Verein	AK	Zeit
30	König, Peter 00:08:09 00:16:14 00:24:30	Team Nutrixxon	6. AK 4 30.78 km/h	32:44,3